



September 2023

Apotex 4

Programs are subject to change. Please refer to white board for daily changes.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway WG = Winter Garden WA = WA Cafe WAG = WA Cafe Garden SG = Secure Garden JT = Jacob Theatre LH = Loftus Hall WS = Wolinsky Synagogue</p>			<p>Rosh Hashanah</p>		<p>1</p> <p>10:00 Let's Reminisce (Rotating) 10:45 Community Shabbat (WG) 1:30 Exercise (RR) 2:00 Baking Club (A2 RR)</p>	<p>2</p> <p>Shabbat Shalom 9:15 Orthodox Synagogue Services (WS)</p> <p>SHABBAT SHALOM</p>
<p>3</p> <p>*PLEASE NOTE* Programs beginning with CA are facilitated by our Culture & Arts Team</p>	<p>4</p> <p>LABOR DAY STAT (No Programs)</p>	<p>5</p> <p>10:30 CA-Sharing Dance (A4RR) 1:30 Arm Chair Travel (RR) 1:30 Hebrew Group (LH) 6:00 1:1 Music (On Units) 6:00 Game Show (A2 RR)</p>	<p>6</p> <p>10:30 1:1 TR Visits (On Units) 10:30 Aromatherapy (Rotating) 10:30 CA-Scrolling Spadina (A4RR) 11:00 CA - Music Therapy (4GS) *referral only 1:30 Drum Circle (RR) 3:00 Musical Memories (LH)</p>	<p>7</p> <p>10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Creative Arts (A4RR) 1:30 Russian Group (LH) 1:45 Ladies Spa (On Units) 3:00 Pet Visits (LH) 4:15 Mincha (A2 RR)</p>	<p>8</p> <p>10:00 Let's Reminisce (Rotating) 10:30 Exercise (RR) 1:30 Welcoming Shabbat (RR) 3:00 Jewish Sing Along (WG)</p>	<p>9</p> <p>Shabbat Shalom 9:15 Orthodox Synagogue Services (WS) 10:30 Garden Visits (Weather Permitting) 1:30 Exercise (RR)</p>
<p>10</p> <p>1:30 Sunday Concert (WG)</p>	<p>11</p> <p>10:30 Exercise (RR) 11:00 Music with Rachel (LH) 1:30 Bingo (RR) 1:30 Buddy's Glee Club (A3RR) 2:30 Active Games (SG) 6:00 Montessori Cart (On Units) 6:10 Movie Musical (LH)</p>	<p>12</p> <p>10:30 CA-Art Program (A4RR) 11:00 Friendship Club (WG) 1:30 Music Appreciation (RR) 1:45 1:1 TR Visits (On Units) 3:00 Tuck Shop (A4 Hallway) 3:30 Bingo A4/A5 (LH) 6:00 Art Creation (A4 RR)</p>	<p>13</p> <p>10:30 1:1 TR Visits (On Units) 10:30 CA-Travelogue (A4RR) 10:30 Montessori Cart (Rotating) 11:00 CA - Music Therapy (4GS) *referral only 1:30 Concert (A4RR) 3:00 Musical Memories (LH) 6:00 Poetry Group (WA)</p>	<p>14</p> <p>10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 CA-Museum on Wheels (A4RR) 1:45 Aromatherapy (On Units) 3:00 Rosh Hashanah Social (LH) 4:15 Mincha (A2 RR)</p>	<p>15</p> <p>10:30 Baking Cub (A7 RR) 10:30 Exercise (RR) 1:30 Welcoming Shabbat (RR) 3:00 Garden Visits (Weather Permitting) 3:00 Rosh Hashanah Stories (SG)</p>	<p>16</p> <p>Rosh Hashanah - Shana Tova! 9:45 Orthodox Service (WS) 10:00 Conservative Service (WH) 10:00 Reform Service (WG) 2:00 Montessori Cart (rotating)</p>
<p>17</p> <p>Rosh Hashanah - Day 2 9:45am Orthodox Service (WS) 10:00 Conservative Service (WH) 10:00 Reform Service (WG)</p>	<p>18</p> <p>10:30 Exercise (RR) 1:30 Bingo (RR) 1:30 Buddy's Glee Club (A3RR) 2:30 Montessori Madness (LH) 6:00 Happy Hour Club (WA) 6:00 Ladies Spa (On Units)</p>	<p>19</p> <p>10:30 CA-Music Appreciation (A4RR) 1:00 Friendship Club (WG) 1:30 Baking- Honey Cake (RR) 1:30 Residents' Council (A2 RR) 1:30 Russian Group (LH) 6:00 1:1 Music (On Units) 6:00 Game Show (A2 RR)</p>	<p>20</p> <p>10:30 1:1 TR Visits (On Units) 10:30 Aromatherapy (Rotating) 10:30 CA-Famous Artists (A4RR) 11:00 CA - Music Therapy (4GS) *referral only 1:30 L' Chaim Program (RR) 3:00 Musical Memories (LH)</p>	<p>21</p> <p>10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Creative Arts (A4RR) 3:30 High Holiday Trivia (LH) 4:15 Mincha (A2 RR) 6:00 Poetry Group (WA)</p>	<p>22</p> <p>10:00 Let's Reminisce (Rotating) 10:30 Exercise (RR) 1:30 Community Shabbat (WG) 3:00 1:1 TR Visits (On Units)</p>	<p>23</p> <p>Shabbat Shalom 9:15 Orthodox Synagogue Services (WS) 10:30 1:1 Garden Visits (Weather Permitting) 1:30 Exercise Group (RR)</p>
<p>24</p> <p>Kol Nidre 10:30 Beauty Corner (On Units) 1:30 My Wish for the New Year (LH) 1:30 Montessori Cart (All units) 6:45 Orthodox Service (WS) 6:45 Conservative Service (WH)</p>	<p>25</p> <p>Yom Kippur 9:45 Orthodox Service (WS) 10:00 Reform Service (WG) 10:00 Conservative Service (WH)</p>	<p>26</p> <p>10:30 CA-Making History (A4RR) 1:00 Digital Gallery: Jewish Artists A4/A5 (WG) 6:00 1:1 Music (On Units)</p>	<p>27</p> <p>10:30 1:1 TR Visits (On Units) 10:30 CA-Famous Artists (A4RR) 10:30 Montessori Cart (Rotating) 11:00 CA - Music Therapy (4GS) *referral only 1:30 Concert (A4RR) 3:00 Musical Memories (LH) 6:00 Poetry Group (WA)</p>	<p>28</p> <p>10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Sing Along (RR) 3:00 Fun with Drums (LH) 4:15 Mincha (A2 RR) 6:00 Art Creation (A5 RR)</p>	<p>29</p> <p>10:00 Let's Reminisce (Rotating) 10:30 Exercise (RR) 10:30 Ladies Spa (On Units) 1:30 Welcoming Shabbat (RR) 3:00 Jewish Sing Along (WG)</p>	<p>30</p> <p>Sukkot 9:15am Orthodox Service (WS) 2:00 Reform Service (WG)</p>

If you have any questions please speak to your on floor Recreationists- Jessica Rescorl ext. 3406 or Keeley Dougherty ext. 3885

