***You were given this information sheet because the person you are seeing today believes your health care can be improved if your health care providers work together to assist you.***

***If you agree to participate, your providers will work with you to develop a plan to improve your care. This plan will be written on paper and shared with you and the people you identify as helping you.***

# What is Coordinated Care?

# http://healthydebate.ca/wordpress/wp-content/uploads/2013/02/crop_iStock_000006741261Small.jpg

It is health care providers working together with you to develop a shared care plan to meet your health needs.

Its goals are to improve the health care you receive and make it easier for you to access the care you need.

The North West Toronto Health Link is a partnership of health care providers who are working together to coordinate care in your neighbourhood.

# What are Health Links?

Ontario is improving care for people with complex health challenges by bringing health care providers to work together in Health Links.

# How will Health Links benefit you?

# Health Links will help you have:

* Effective access to primary care.
* An individualized plan to achieve your health goals.
* One person responsible for coordinating your care in partnership with you and your health care team.

# How will Health Links work?

Providers in the Health Link put you at the center of care. We will work with you to make sure your health journey is smoother and simpler.

# How Coordinated Care Planning Works

|  |  |
| --- | --- |
| 1. **The person you are talking to today will collect some basic information about your health goals, challenges, and who provides care to you.**

Only those people you agree to include will see this information -- the Health Link may help organize your care team if needed.1. **The health care providers and care givers you have identified will be invited to work together as a team for your care.**

One will take the role of lead ‘Care Coordinator’ and will organize the care team; this is someone ***you*** are comfortable with. **What if I change my mind?**You can withdraw consent to participate in coordinated care at any time – all you have to do is tell your Care Coordinator or any member of your care team. | 1. **Your team will meet to agree on how they can help you with your health goals and challenges.**

You can participate in this meeting, but do not have to. Your Care Coordinator will put the agreed upon plan together and share it with you and your team of providers. 1. **Your Care Coordinator will help you and your team work together to improve your health.**

The individuals and organizations you agree to share your plan with will help your Care Coordinator keep it up to date. |

**If you choose to participate in coordinated care, we will help:**

1. Your health care providers to work as a team to meet your health needs.
2. Include the people you want to have involved in your care team.
3. Develop a health care plan that reflects your health goals.
4. Identify who will be responsible for helping organize your health care team.