

## How would my participation make a difference?

With your help, research can change aging.

As a research volunteer you will be:

- Contributing to groundbreaking research focused on aging and brain health.
- Assisting in research that is contributing to knowledge, advancing care and improving quality of life for seniors at Baycrest and around the world.
- Volunteering at one of the world's top brain institutes.



For more information:

- Call the **Research Hotline at 416-785-2500 ext. 2900**
- Send questions or comments by email to: [ResearchHotline@baycrest.org](mailto:ResearchHotline@baycrest.org)
- Visit the website at: [www.baycrest.org/clientregistry](http://www.baycrest.org/clientregistry)

*Anyone can contribute to the science taking place at Baycrest's Rotman Research Institute.*

Without the help of our volunteers, our research and the realization of our research goals would not be possible.

**Become a research volunteer today.  
Call 416-785-2500 ext. 2900**

**Baycrest**

**FEAR NO AGE™**



# Imagine...

taking part in  
**Baycrest**  
research  
that  
changes  
the journey  
of aging  
for you  
and millions  
of others.



**Baycrest**

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Baycrest is an academic health sciences centre fully affiliated with the University of Toronto.

## Research at Baycrest

Baycrest Health Sciences is ranked as the world's top institution for cognitive neuroscience focused on memory and aging. Research conducted at our Rotman Research Institute focuses on brain health, wellness and optimum care for seniors including different physical and mental processes such as memory, attention, mood and mobility.

Our success depends on the generosity of the volunteers who participate in our research studies.

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## What is the Client Registry?

The Client Registry is a secure, searchable database consisting of a limited selection of health information. The information is used by Baycrest researchers to identify clients who might be appropriate for specific research studies.

All current Baycrest inpatients, outpatients and clients of the Apotex Centre, Jewish Home for the Aged and The Terraces of Baycrest Retirement Residence are automatically included in the Registry, unless they withdraw.

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## Do I have a choice?

Yes. You can choose to withdraw from of the Client Registry, or a research study at any time, even if you are participating in a study that has already begun.

Choosing to withdraw will have no impact on the quality of care you receive at Baycrest.



## How do I withdraw?

Withdrawing is easy, and can be done at any time. Call the **Research Hotline at 416-785-2500 ext. 2900** or send an email to **ResearchHotline@baycrest.org**, and ask to be removed from the Client Registry.

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## How does the Client Registry work?

The Client Registry stores data such as sex, age, diagnosis, medication types, preferred language, location and duration of admission, use of assistive devices (glasses, walker) and other information. The Client Registry sorts and matches information to the eligibility criteria for approved research studies taking place at Baycrest.

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## What happens if my information matches a study?

If your information matches the eligibility requirements for a study, you may be invited to take part. Participation in any study requires your full informed consent. You will be given plenty of information and time to decide whether or not you want to participate.

## What is involved in a study?

Most participants find study sessions interesting. It's an opportunity to talk with a researcher to find out more about brain development, illness, rehabilitation and recovery.

Taking part in a study may involve:

- Performing attention and memory tasks on a computer
  - Completing paper and pencil tasks
  - Having an assessment
  - Filling out questionnaires
  - Being interviewed
  - Having a non-invasive brain scan or images taken
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## How often might I be asked to participate?

The Client Registry ensures that clients are not solicited for multiple research studies at once, or too frequently.

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## Privacy

Client privacy is of the utmost importance at Baycrest. All health information is kept strictly confidential, secure and protected in compliance with the Personal Health Information Protection Act (PHIPA).