



OUTPATIENT CLINICS AND SPECIALIST SERVICES



Baycrest

Clinical excellence

Client-centred care

Convenience

Baycrest offers a full spectrum of outpatient clinics and specialist services from dental, hearing and foot care to geriatric assessment, on-site psychiatric care and outreach programs, all conveniently located on one campus. This gives our patients the potential to combine appointments on the same day and our clinicians the ability to refer patients to their colleagues on site.

Our experienced healthcare professionals are skilled in caring older for adults with diverse medical, physical and cognitive concerns. Many clinics are open to adults of all ages. Adult children who bring a parent for outpatient care can visit the foot care clinic, the dentist or have a hearing test – and make their own connection to Baycrest's unique network of services.

All of our patients benefit from Baycrest innovations in evidence-based clinical care delivered with a holistic and client-centred approach.

We provide assessment, treatment, care, support and education to patients and their families with the goals of improving well-being and supporting independent living.

As a global leader in geriatric care, our outpatient clinics are a fundamental part of Baycrest's commitment to providing a continuum of exemplary programs and services throughout the journey of aging.

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ALPHA OMEGA DENTAL CENTRE

A healthy mouth is important at every age. Our dental centre is open to adults who live in the community, at Baycrest, other long-term care homes and assisted living residences.

The knowledgeable dental care team provides a full range of services from assessments and cleaning to dentures and surgery. What makes us unique is our focus and experience in caring for people who have complex medical conditions, frailty, physical challenges or cognitive difficulties, such as dementia.

We can accommodate people who are physically or medically unable to access care in a typical dental office. Our specialized lift permits patients to receive dental treatment in a wheelchair.

Our aim is to help adults of all ages maintain or improve their oral health through evidence-based, compassionate care.



"It's so convenient for me to get dental care at Baycrest in an environment I know is specific to the needs of seniors."

- Helen Knight, resident, Terraces of Baycrest

Our services

- general and specialist dental assessments
- dental surgery
- dental hygiene (cleanings)
- crowns, bridgework, dentures
- fillings and extractions
- oral cancer screenings
- denture relines and repairs

For more information or to make an appointment, please call **416-785-2500 ext. 2600**, e-mail dental@baycrest.org or visit baycrest.org/dental

Fax: 416-785-2858

Fees are charged in accordance with the Ontario Dental Association fee guides.



BAYCREST HEARING SERVICES

Why is it important to have your hearing tested?

As one of our primary senses, hearing is key to healthy aging. The perception of sound helps us communicate with others as we go about our everyday lives - as we buy groceries, do our banking and socialize with friends and family.

Research has shown that hearing loss is associated with a higher risk of dementia, depression, falls and hospitalization (Reed et al, 2019)

Why should I go to Baycrest Hearing Services for my hearing health care?

At Baycrest, you will be seen by an Audiologist with a master's degree, registered with the College of Audiologists and Speech-Language Pathologists of Ontario (CASLPO). We work with adults of all ages to assess your hearing needs and offer personalized solutions for your hearing loss.

Why should I see an Audiologist to get a hearing aid? Couldn't I order it on the internet?

A hearing aid is a medical device that should be custom fitted so that it sits properly in your ear and provides safe and appropriate amplification, tailored to your hearing loss. Your Audiologist will guide you through the process of getting used to your hearing aids and learning to use them.

Are Hearing tests covered by OHIP?

A hearing test is covered by OHIP, as long as you have a referral from your doctor.

Is there a trial period with the purchase of hearing aids?

Baycrest offers a trial of up to 90 days. Within that timeframe, you can return your hearing aids and obtain a refund, less the fee for deposit.

Does Baycrest offer home visits?

Hearing services may be provided in the home (for a fee) upon request if you prefer, or if the client cannot access our office due to physical, cognitive and/or psychiatric disabilities.

What about virtual visits?

Many services may also be provided remotely via telephone or video platforms such as Zoom or Facetime.

Our services

- Comprehensive diagnostic hearing assessments
- Hearing aid evaluations
- Dispensing and servicing of all brands of hearing aids
- Education and counselling with communication strategies for clients and their families/caregivers
- Assistive listening devices (personal amplifiers, amplified telephones, etc.)
- Ear mold impressions
- Hearing aid accessories and batteries

How can I get more information or make an appointment?

You can call 416-785-2476, email hearing@baycrest.org or visit [baycrest.org/hearinghelp](https://www.baycrest.org/hearinghelp)

“ I didn't know how much I was missing before I started using hearing aids. I can't imagine ever being without them. ”

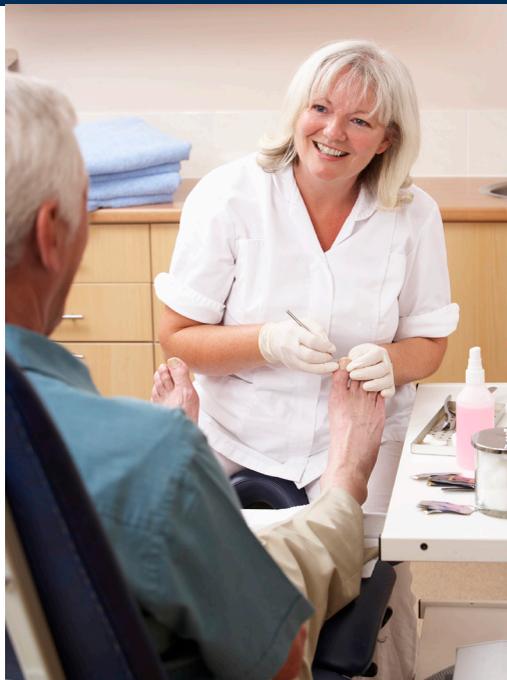
- Dr. Sheldon Liebesman, Baycrest Hearing Services client



FOOT CARE

Problems with your feet? Visit our foot care suite. The experienced and qualified chiropodist and foot care nurse will conduct a professional examination and provide treatments to keep you active and pain-free. They offer a broad range of services to promote good foot health and prevent serious foot diseases and disorders.

Our clinic is open to all adults and specializes in diabetic care, wound care and geriatric care. A doctor's referral is not required.



Our services

- routine care for nails, ingrown toenails, calluses, corns, fungal infections and warts
- pain management for heel pain, arch pain, arthritis and plantar fasciitis
- non-surgical management of toe problems, such as bunions and hammer toes
- treatment for varicose veins

Foot care is not covered by OHIP. A fee for service applies.

For more information or to make an appointment, please call **416-785-2500 ext. 2636**, email clinics@baycrest.org or visit baycrest.org

GERIATRIC ASSESSMENT CLINIC

Older adults in the community who have concerns about their physical health or memory may benefit from a comprehensive assessment by one of our experienced geriatricians – physicians who specialize in a holistic approach to seniors' health.

Our geriatricians are specialized in assessing older adults, usually in their 80s or older, with multiple complex medical and functional problems, especially those on multiple medications and/ or experiencing a recent change in status with respect to mobility, memory and self care.

Our geriatricians will be able to:

- assess your physical and mental health
- recommend a personalized treatment plan
- refer you to the appropriate specialty clinics, programs and support services at Baycrest or elsewhere, as needed
- provide recommendations to your family doctor to assist in coordinating your care plan

If you or someone you know has multiple medical problems and would benefit from a comprehensive medical, functional and psychosocial assessment, talk to your family doctor about making a medical referral to our clinic.

Baycrest is a geriatric teaching hospital affiliated with the University of Toronto. Trainees who are under the supervision of a geriatrician may be involved in your assessment.

For more information about the referral process please call **416-785-2500 ext. 2100**. Referrals are processed through Outpatient Central Intake. Referral forms are available at baycrest.org and should be faxed to **647-788-2199**.

FIBEROPTIC ENDOSCOPIC EVALUATION OF SWALLOWING (FEES)



FEES is a safe and effective instrumental assessment used in the evaluation of people with swallowing problems.

At Baycrest, FEES is performed by a certified

speech-language pathologist (SLP) in consultation with an ear, nose and throat doctor (ENT) in order to see what is happening inside your throat when you swallow. A small tube with a camera enables them to watch and record your swallow on a computer monitor.

FEES allows you and the SLP to see:

- Food is going into your airway instead of your esophagus (food pipe)
- Which parts of your throat may not be working well
- How certain strategies or postures may help you swallow better and/or safer

The SLP uses the FEES results to plan your treatment and discuss the foods and drinks which may be safer for you.

A physician referral is required for this service. Send referral to SpeechPathology@baycrest.org or fax to **647-788-0718**

Please note: A fee-for-service applies. Payment accepted by credit card (Visa, Mastercard).

Contact Us

For more information, please call **416-785-2500, ext. 2636**, or email us at SpeechPathology@Baycrest.org

LEE SILVERMAN VOICE TREATMENT – LSVT® LOUD CLINIC

Do you have speech problems caused by Parkinson's disease or Parkinson's-like disorders? Strengthen your voice and improve oral communication with LSVT® LOUD - a proven, evidence-based treatment available at Baycrest. Treatment focuses on turning up your vocal volume, which enables you to maintain and improve your oral communication.

After treatment, 90 per cent of patients report improved vocal loudness and all patients report improvements in their ability to communicate.

Baycrest speech-language pathologists certified in LSVT® LOUD offer this intensive, one-on-one program which runs four days a week, one hour a day, for four consecutive weeks.

Adults of all ages who have Parkinson's or other neurological disorders are eligible for the program. A physician referral is not required. This service is not covered by OHIP. A fee for service applies payable upon service provision. Payment accepted by credit card (Visa, Mastercard).

Treatment via videoconference at home

LSVT® LOUD is also available through videoconferencing to people who prefer receiving treatment in their home, are unable to attend the clinic at Baycrest due to mobility issues, or who live in outlying communities where the program is not available.



For more information, please call **416-785-2500 ext. 2928**, SpeechPathology@baycrest.org or visit baycrest.org

THE SAUL AND RAE SALTZMAN DAY TREATMENT CENTRE

Adults aged 55 and over who live in the community and are dealing with complex health problems can improve their strength, mobility, independence and well-being by taking part in a 12-week outpatient program tailored to their individual needs.

Our experienced and compassionate interdisciplinary team can help with medication management, pain, balance and mobility, arthritis, osteoporosis, mood disorders, memory loss, mild cognitive impairment and other conditions in order to improve quality of life.

The Day Treatment Centre is intended for people who will benefit from at least two of the healthcare disciplines we provide:

- medical consultation with a geriatrician or care of the elderly physician
- nursing assessment
- occupational therapy
- physiotherapy
- social work support and counselling
- Speech-language pathology

Clients may also be referred to other Baycrest programs and services including outpatient clinics and medical specialists.



WHAT TO EXPECT

Setting individual goals is the first step to achieving success. Our registered nurse assesses each client and helps with meaningful goal-setting. We then create a customized treatment plan with the clinicians who can help clients meet their goals.

Clients attend three-hour sessions, twice a week for 12 weeks (but will be discharged sooner if their goals are met). This includes:

- one-on-one sessions with the appropriate clinicians
- group sessions for exercise and education

We also assist clients with planning for the future and accessing community resources. A physician referral is required.

For more information about the referral process, please call **416-785-2500 ext. 2100.**

Referrals are processed through Outpatient Central Intake. Referral forms are available at baycrest.org and should be faxed to **647-788-2199.**

For more information about the program, please call **416-785-2500 ext. 2588**



“Two years ago I came to the Day Treatment Centre because I was falling. They helped me strengthen my legs and walk independently. I’m not as strong now and have to use a walker so I came back. I feel so inspired when I’m here because everyone wants to help me achieve my goals.”

-Rozlin Laber, client,

The Psychiatric Day Program at Baycrest offers a multi-component, holistic approach for older adults with complex medical and psychosocial issues such as depression, anxiety and other mental health illnesses. Our team offers assessment and treatment options on an outpatient basis for adults over the age of 65 including group therapy, medication management, education and more.

Our interprofessional services include:

- assessment and diagnosis
- treatment including medication management and non-pharmacological approaches such as psychotherapy, relaxation and breathing techniques
- problem-solving therapy and goal-setting
- group-based counselling/therapy
- group interventions/activities

For more information about the program, please call 416-785-2444 ext. 2730 or visit baycrest.org.

For more information about the referral process, please call **416-785-2500**.

Referrals are processed through Outpatient Central Intake. Referral forms are available at baycrest.org and should be faxed to **647-788-2199**.

Baycrest's team of mental health professionals has extensive knowledge and experience in caring for older adults with complex medical and psychosocial issues such as depression, anxiety and other mental health illnesses.

Our interprofessional team offers assessment and diagnosis for outpatients over the age of 65, as well as the following services on a limited-time basis:

- treatment including medication management, psychotherapy and follow-up care
- relaxation and mindfulness training
- education and support for clients, families and professional caregivers regarding mental health issues

Individuals will be seen by a psychiatrist and may be referred to an occupational therapist, nursing professional or a social worker depending on their needs.

Referrals

Individuals over the age of 65 with a diagnosis of, or suspected diagnosis of depression, bipolar mood disorder, mood disorders associated with neurological conditions, and mood disorders associated with bereavement, bereavement-related distress, or anxiety may be referred to Baycrest's GPCS.

For more information about the program, please call **416-785-2500 ext. 2730** or visit **baycrest.org**.

For more information about the referral process, please call **416-785-2500 ext. 2100**

Referrals are processed through Outpatient Central Intake. Referral forms are available at baycrest.org and should be faxed to **647-788-2199**.





Memory and other cognitive changes may occur as a result of normal aging or may be due to a number of different issues. The Sam and Ida Ross Memory Clinic offers assessment and management of challenges

related to memory and cognitive health.

We welcome adults who have been referred for the following reasons:

- changes in memory
- problems with language
- changes in behaviour

Our services include:

- assessment and diagnosis
- pharmacotherapy
- non-pharmacological management
- counselling
- education

The Sam and Ida Ross Memory Clinic provides expert evidence-based care and access to a wide range of specialists. All clients will be seen by a physician and registered nurse. In addition, depending on the individual's need a referral may be made to a neuropsychologist, social worker or speech-language pathologist.

For more information about the program, please call **416-785-2444** or visit **baycrest.org**.

For more information about the referral process, please call **416-785-2500 ext. 2100**.

The Virtual Behavioural Medicine (VBM) Program is a collaboration between the Sam and Ida Ross Memory Clinic at Baycrest and the Toronto Central Behavioural Support for Seniors Program (TC-BSSP). The VBM Program team of specialists include; behavioural neurologist, neuro-psychiatrist, nurses, pharmacist, mental health professionals and the BSO team and provide a rapid response where and when they are needed. They work in close collaboration with care teams and specialized geriatric services in acute care hospitals and long-term care homes and with family members in the community to help them develop and implement care plans, access behavioural and social supports and provide follow-up.

Using their specialist pharmacological and non-pharmacological expertise, they provide support in the management of challenging dementia-related responsive behaviours, such as physical and verbal aggression, agitation, hallucinations and paranoia. This service is designed to be a short-term consultation service and is completely virtual, delivered using the Ontario Telemedicine Network (OTN). A referral is necessary to access the VBM Program.

For more information about how to access this program: Email to **behaviouralsupport@baycrest.org**.

Visit: **[https://www.baycrest.org/Baycrest/Healthcare-Programs-Services/Clinical-Services/The-Virtual-Behavioural-Medicine-\(VBM\)-Program](https://www.baycrest.org/Baycrest/Healthcare-Programs-Services/Clinical-Services/The-Virtual-Behavioural-Medicine-(VBM)-Program)**

Call: **416-785-2500, ext. 2005** or toll-free at **1-844-785-2500**.

COMMUNITY BEHAVIOURAL SUPPORT OUTREACH TEAM (CBSOT)

The interprofessional team of CBSOT clinicians works with caregivers and healthcare providers to understand and manage challenging behaviours in the home environment using a non-pharmacological approach. Challenging behaviours are often complex, and the factors contributing to the behaviours need to be investigated and understood in order to affect positive change.

The CBSOT clinician will partner with family members and caregivers to determine possible causes of behaviour, and to develop and trial new approaches to working together with the person with dementia.

Hours of work are 8:30 a.m. to 4:30 p.m. Typically, the clinician makes home visits or virtual visits every one to two weeks over a 12-week period. Visit times and number are flexible and based on the needs of the client/caregiver.

Our services include:

- Learning about the goals of client and caregiver(s)
- Clinical assessment with a holistic biopsychosocial framework
- Care planning services, working in collaboration with caregivers and members of the circle of care
- Caregiver support and education
- Provide support in linking with available resources, programs and services to meet caregiver and client needs
- Support transitions between home and other care environments.

Eligibility:

- Live in the Toronto Central region
- Demonstrate challenging responsive behaviours because of dementia, or a suspected dementia process

COMMUNITY BEHAVIOURAL SUPPORT OUTREACH TEAM (CBSOT)

- Be medically stable (i.e. the behaviours must not be a result of an acute medical problem)
- Be over the age of 55 (exceptions for those diagnosed with early-onset dementias)

For more information about the referral process and other Behaviour Support programs available in long-term care homes and hospitals, please call or email the Behaviour Supports Coordinating Office (where Behaviour Supports referrals are processed) at **416-785-2500, ext. 2005** or toll-free at **1-844-785-2500**. Referral forms are available at www.baycrest.org and should be faxed to **647-788-4883** or emailed to **behavioursupport@baycrest.org**.

You can learn more about our Behavioural Support Services by visiting our website at: <https://www.baycrest.org/Baycrest/Healthcare-Programs-Services/Programs/Behavioural-Support-for-Seniors-Program>.



Toronto Central Behavioural Supports Ontario
Soutien en cas de troubles du comportement en Ontario du Centre-Toronto



The Neuropsychology and Cognitive Health program provides clinical services, education and training and clinical research related to the assessment and treatment of memory and other cognitive abilities in older adults. The mission of the program is to provide excellence and leadership in clinical neuropsychological services. The team is made up of psychologists, social workers, administrative support as well as many volunteers and students.

The program provides neuropsychological assessment, intervention, and consultation across Baycrest programs and to external organizations. Neuropsychological Evaluation Services contribute to the diagnosis of cognitive disorders and treatment planning. Neuropsychological intervention is offered to clients with mild to severe cognitive changes.

The Mira and Saul Koschitsky Neuropsychology Treatment Programs provide training and support for clients with memory concerns and their families. These include the following programs:

- The Memory and Aging Program serves older adults with age-normal memory changes.
- Learning the Ropes for Mild Cognitive Impairment (MCI) serves clients with MCI and their family members.
- Memory-Link targets clients with moderate to severe memory impairment and their family members.
- Goal Management Training is designed to help individuals with impairments in executive functioning improve their ability to plan and achieve goals.

For more information about these programs and the referral process, please see the next pages of this brochure or visit www.baycrest.org/neuropsychology.

Memory Link is intended for adults with moderate-to-severe memory problems related to a neurological event or process causing damage to memory structures in the brain (i.e., Acquired Brain Injury, or ABI). Memory Link is part of the Neuropsychology and Cognitive Health Program at Baycrest.

The program offers individual intervention sessions in the use of commercial technologies and software (e.g., smartphones, tablets) geared toward improving day-to-day memory functioning and independence. Other memory strategies may be covered as appropriate. A psychoeducational support group is also available to individuals, as well as a spousal support group for family members. The program is best suited for individuals whose main complaint after an ABI is an impairment to memory affecting their daily life. Individuals referred should be medically stable, motivated to participate in memory intervention, and able to attend an outpatient clinic, either in person or virtually. The program is not intended for individuals who have been diagnosed with dementia.

A clinician referral is required. The program is not covered by OHIP. A fee for service applies. For more information, call **416-785-2500 ext. 2445** or visit www.baycrest.org/memorylink.



As we get older, we may notice changes in memory, such as forgetting the name of someone we know, misplacing our keys or wallet, or forgetting to do things we intended to do. The Memory and Aging Program is a scientifically-validated education and memory strategy training program for older adults experiencing normal age-related memory changes.

The Memory and Aging Program is part of the Neuropsychology and Cognitive Health Program at Baycrest.

The Memory and Aging Program uses interactive lectures, discussion, and practical exercises to teach older adults about memory changes that occur with age—what’s normal and what’s not. It also provides practical solutions to help older adults cope better with normal age-related memory changes in their day-to-day lives.

There are two options for participating in the Memory and Aging Program:

- The Memory and Aging Program group is a facilitator-led interactive group program that meets on Zoom. This option consists of 5 weekly 2-hour meetings.
- The Memory and Aging e-learning Program is a self-guided web-based program that you can complete on your own schedule.

A physician referral is not required. The program is not covered by OHIP. A fee for service applies.

For more information about the program, please call **416-785-2500 ext. 2445** or visit **www.baycrest.org/memory**.



This group program focuses on optimizing brain health and wellness through lifestyle choices, memory training, and psychosocial support. It is aimed at older adults with mild cognitive impairment (MCI) and their close family members and friends.

Learning the Ropes is part of the Neuropsychology and Cognitive Health Program at Baycrest.

Program Content Includes:

- Education about MCI and lifestyle factors for promoting brain health and reducing the risk of dementia
- Memory training involving practical strategies for improving everyday remembering, such as for names, appointments, locations of items, and things to do
- Family support focused on discovering approaches for living well with a relative experiencing MCI

A physician referral is required. The program is not covered by OHIP. A fee for service applies. This group program currently meets over Zoom on Thursday mornings.

For more information, call **416-785-2500 ext. 2445** or visit **www.baycrest.org/ltr**.



GOAL MANAGEMENT TRAINING

Goal Management Training is a cognitive rehabilitation program grounded in neuroscientific principles. It is designed to help individuals with impairments in executive functioning improve their planning and ability to achieve goals. Goal Management Training is offered by the Neuropsychology and Cognitive Health Program at Baycrest.

If you are a participant in the program, our goals are to help you:

- Raise awareness of your own problem solving and attention.
- Take control by taking time to stop and think.
- Learn strategies to help with planning and remembering to do things.
- Reduce anxiety and pressure, and increase confidence.

This program is designed for individuals who report problems with executive functioning in everyday life. These difficulties may be associated with diverse medical and/or mental health conditions. The program is not intended for individuals who have been diagnosed with dementia.

The program is typically delivered in a small group workshop that consists of 9 weekly 2-hour meetings. All meetings are currently held virtually via Zoom.

A clinician referral is required. The program is not covered by OHIP. A fee for service applies. For more information, call **416-785-2500 ext. 2445** or visit **www.baycrest.org/gmt**.



INTERPROFESSIONAL PRIMARY CARE TEAM (IPCT)

The Interprofessional Primary Care Team is an interdisciplinary team that partners with family doctors across the Toronto North Sub Region, on patient care. The team addresses the needs of patients aged 18 and up with chronic conditions and/or medical complexity. The IPCT enhances the care of family doctors so that patients achieve better health outcomes and received increased access to interdisciplinary resources and services. Through office visits, educational and clinical interventions, home assessments, linkages to services, as well as virtual capacity, the team strengthens the patient-family doctor connection and improves people's overall well-being and quality of life.

The Interprofessional Primary Care team includes the following health professionals: nurse practitioner, occupational therapist, dietician, social worker, pharmacist, physiotherapist, mental health case managers, home and community care coordinator and a dementia navigator.

The team provides services in a variety of settings based on patient needs, to augment access, such as at Baycrest; physician's office; community setting, patient home and virtually.

Services include:

- Interprofessional assessment and treatment
- Home assessment
- Connection to a primary health provider for individuals who do not currently have one
- Support transition from hospital to home/community
- Access to self-monitoring, self-management tools and coaching programs for chronic diseases

INTERPROFESSIONAL PRIMARY CARE TEAM (IPCT)

- Access to free (with a doctor's order) chiropody, audiology, speech-language pathology, and dental hygiene services for individuals facing financial barriers.
- Access to digital literacy support to enable access to virtual care and virtual health tools.

For more information about the program or a copy of our referral form, please call **416-785-2500 ext. 4728** or email **ipct@baycrest.org**.

For more information about the referral process, please call **416-785-2500 ext. 2100**. Referrals are processed through Outpatient Central Intake. Referral forms are available at **baycrest.org** and should be faxed to **647-788-2199**.

INTEGRATED COMMUNITY CARE TEAM (ICCT)

Adults aged 65 and over who are homebound due to complex physical, cognitive and/or psychiatric conditions may be eligible for a comprehensive geriatric assessment and treatment plan from the Integrated Community Care Team (ICCT) at Baycrest.

Our specialized geriatric outreach team focuses on using existing neighbourhood resources that can improve the patient's quality of care at home and support both family and professional caregivers.

Three streams of care are available:

1. **Consultation** - we will conduct a comprehensive assessment of the patient and provide recommendations to the referring healthcare provider
2. **Shared Care** - we will share primary care with the patient's family physician
3. **Primary Care** - we will assume primary care if the patient does not have a family physician

WHEN TO CONTACT US

It may be time to seek a referral to our service for the homebound person due to:

- an increasing number of visits to the family physician
- multiple hospital admissions
- multiple visits to the emergency department
- escalating home care needs
- recent or unexplained changes in physical, mental or functional abilities
- recent worsening of falls, mobility, incontinence or dementia

We bring together existing primary, community, specialist and acute care resources into one team. These include:

- geriatricians
- physicians with a focus on the care of the elderly
- nurse practitioner
- registered nurses
- occupational therapist
- physiotherapist
- social worker
- CCAC intensive care co-ordinator

Area we serve

Our catchment area is from Keele Street to Yonge Street, and from Steeles Avenue to St. Clair Avenue.

For more information about the program, please call **416-785-2448**.

For more information about the referral process, please call **416-785-2500 ext. 2100**. Referrals are processed through Outpatient Central Intake. Referral forms are available at **baycrest.org** and should be faxed to **647-788-2199**.

This program is sponsored by the:



Our partners are North York General Hospital and the Central and Toronto Central Local Health Integration Networks.



Medical specialists from a variety of disciplines who have expertise in caring for aging adults provide assessment and treatment on an outpatient basis.

If you or a loved one would like to see a specialist at Baycrest, please ask your family physician to make a referral to one of the following clinics:

CARDIOLOGY

- Heart specialists assess, diagnose and manage the conditions of patients with heart problems including heart attacks, heart murmurs, coronary heart disease and hypertension.

CARDIAC DIAGNOSTICS

- Cardiologists employ a variety of tests to diagnose heart disease including echocardiogram, ECG and Holter monitoring.

DERMATOLOGY

- Skin care specialists assess and treat patients for conditions ranging from eczema to skin cancer.

EAR, NOSE AND THROAT

- Ear, nose and throat (ENT) physicians are trained in the medical and surgical management of disorders of the ear, nose and throat including hearing loss and swallowing problems.

MEDICAL SPECIALISTS

NEUROLOGY

Neurologists provide comprehensive assessments and care to people with neurological conditions;

- **General Neurology - contact: Clinics@baycrest.org**
Call 416-785-2500 ext. 2636
- **Movement Disorders Clinic - contact: LJordaan@baycrest.org**
call 416-785-2500 ext. 2715
- **The Multiple Sclerosis Clinic and the Spasticity Management Clinic - Contact :Clannuccilli@baycrest.org** call
416-785-2500 ext. 2717

OPHTHALMOLOGY

- Our eye doctors specialize in the medical and surgical care of the eye and vision system and treat diseases and disorders such as cataracts, glaucoma and macular degeneration.

UROLOGY

- Urology is a surgical specialty that treats diseases of the urinary tract and male reproductive organs. Our specialists diagnose and treat such concerns as urinary incontinence or obstruction, and prostate enlargement.

WOUND CARE

- Our wound specialists are healthcare professionals who have been trained in the care and treatment of all types of wounds, acute and chronic, such as pressure sores and surgical and diabetic wounds.

For more information, please call **416-785-2500, ext. 2636,**
Clinics@baycrest.org

ON-SITE CONVENIENCES

PARKING

The main parking lot located west of the Apotex Centre, Jewish Home for the Aged is an automated park and pay system. Visitors can purchase parking at a daily flat rate or monthly rate. Short-term parking is also available in front of the Kimel Family Building off Bathurst Street.

COURTESY WHEELCHAIRS

If needed, courtesy wheelchairs are available at all main entrances for your use. Contact Security at ext. 2050 for assistance.

W.A. CAFÉ

The W.A. Café, located on the main floor of the Apotex Centre, Jewish Home for the Aged, serves dairy and meat, kosher dairy foods, including salads, fresh sandwiches and Second Cup coffee. Hours are: Mon-Thurs, 8 a.m. to 4 p.m.; Friday, 8 a.m. to 3:30 p.m.; Saturday, 9 a.m. to 4 p.m.; Sunday, 11:30 a.m. to 5:30 p.m.





Baycrest

3560 Bathurst Street
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416-785-2500



www.baycrest.org

Baycrest



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TORONTO

Baycrest is fully
affiliated with the
University of Toronto