

## Qualifications

If you are at least 18 years old, you already have what it takes to be a Spiritual Care Volunteer if you are:

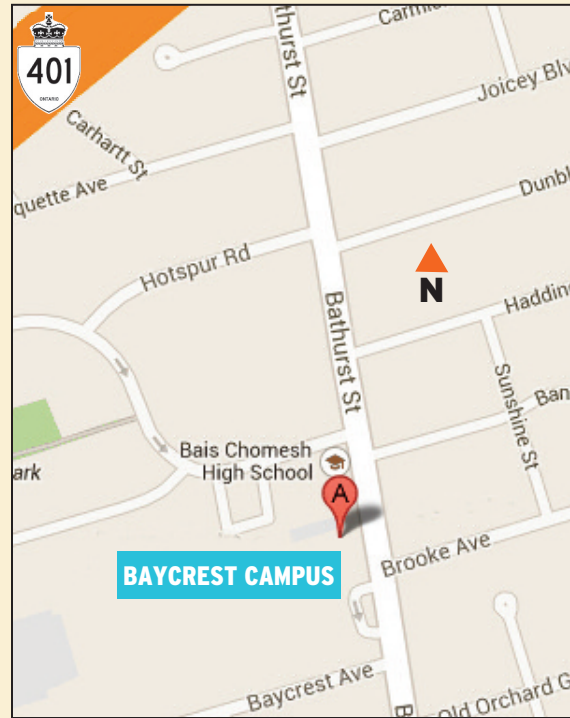
- Caring
- Compassionate
- Responsible
- Trustworthy
- Creative
- Reliable
- Sincere
- Understanding

## Seven Steps to Becoming a Spiritual Care Volunteer

1. Call Volunteer Services at 416-785-2500 ext. 2572 or go to [www.baycrest.org/volunteer](http://www.baycrest.org/volunteer).
2. Register to attend an orientation.
3. Complete the application and reference forms.
4. Obtain a vulnerable sector screening by the police.
5. Complete the two-step Tuberculosis skin test.
6. Book an interview with Volunteer Services and Spiritual Care.



## Where to find us



For information call:  
416-785-2500 ext. 2572

Visit us online at  
[www.baycrest.org/volunteer](http://www.baycrest.org/volunteer)

3560 Bathurst Street T. 416-785-2500 x2572  
 Toronto, Ontario F. 416-785-4235  
 Canada M6A 2E1 W. [www.baycrest.org](http://www.baycrest.org)

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with the University of Toronto



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# Become a Spiritual Care Volunteer

"It is not what one says, but rather what one does, that makes a difference in the world."  
*(M. Avot 1:17)*





## Volunteering at Baycrest

For nearly a century, Baycrest has been at the forefront of seniors' care and brain research. Today the world recognizes Baycrest as the global leader in innovative care delivery and cutting-edge cognitive neuroscience focused on the needs of seniors and the aging population.

As a Spiritual Care Volunteer, you will make a difference in the lives of our clients, patients, residents and their families, as well as our staff, by contributing your time, compassion, energy and skills to the well-being of others while also nurturing your own spirit.

## Spiritual Care Volunteers

Health care involves treating the whole person, including spiritual wellbeing, which can help improve health and quality of life. Spiritual Care Volunteers are specially trained to attend to a person's spiritual or religious needs as he or she copes with illness, loss, grief or pain and can help him or her heal emotionally as well as physically; rebuild relationships and regain a sense of spiritual wellbeing.

## The Spiritual Care Team

As a Spiritual Care Volunteer you will be joining a special group of care providers consisting of Chaplains, Interns and Spiritual Care Volunteers who provide education, consultation, guidance and advocacy for religious and cultural accommodation in the health care setting.

## Spiritual Care Guiding Principles

The Spiritual Care team guides itself by four core principles to address the spiritual and religious needs of patients, residents, families and staff:

1. **CARE** for all with respect for all religious and spiritual paths, which may or may not be rooted in a religious tradition.
2. **PROVIDE** faith-specific religious care and support, including ritual observance and prayer, for those of the Jewish faith within the various expressions of Judaism.
3. **FACILITATE** for all religious beliefs of faiths other than Judaism, including provision of ritual items, sacred texts and a place for worship.
4. **ADVISE** leadership to ensure the free exercise of religion, to counsel on moral and ethical issues and decision-making, and to abide by the legal and philosophical positions of Jewish law (*Halakhah*) and Jewish theology (*Hashqafah*).

As a spiritual care volunteer you will have the opportunity to provide limited multi-faith spiritual support based on the core principles of **CARE**, **PROVIDE** and **FACILITATE**.

Supervised by the Director of Spiritual Care, you can help improve the quality of life for individuals and groups experiencing emotional and spiritual distress related to changes in their life circumstances. It is a noble and sacred calling!



## Spiritual Care Training Program

Spiritual Care Volunteers must successfully complete a 16-hour basic training program followed by on-going individual supervision and monthly in-service group training. Initial training consists of:

- Two hours of Baycrest general volunteer training,
- Eight hours of LHIN (Local Health Integration Network) volunteer lay-chaplaincy training and
- Six hours of Baycrest Jewish lay-chaplaincy training.

Spiritual Care Volunteers working on the Palliative Care Unit must undergo further training as directed and conducted by the Volunteer Department.