



Apotex 3EI & GS - All programs are subject to change

# September 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Program Location Legend</b> <b>RR</b> = Recreation Room <b>EI</b> = Elmgrove/Ivywood <b>GS</b> = Goldenlane/Stoneway <b>WG</b> = Winter Garden <b>WA</b> = WA Cafe <b>WAG</b> = WA Cafe Garden <b>JT</b> = Jacob Theatre <b>LH</b> = Loftus Hall <b>WS</b> = Wolinsky Synagogue <b>WH</b> = Wortsman Hall					<b>1</b>	<b>2</b>
					10:00 Let's Reminisce (Rotating) 10:45 Community Shabbat (WG) 1:30 Gentle Fitness (RR) 2:00 Baking Club (A2 RR) 3:00 Creative Arts (A3RR)	<b>Shabbat Shalom</b> 9:15 Orthodox Synagogue Services (WS)
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	<b>Labour Day Holiday</b> <b>No Programs</b>	9:00 TR Visits (on units) 11:00 CA - Music Therapy (3GS) *referral only 1:30 Games Hour (RR) 1:30 Hebrew Group (LH) 3:30 Bingo A2/A3 (LH) 6:00 Game Show (A2 RR)	10:30 Aromatherapy (Rotating) 10:30 Gentle Fitness (RR) 11:15 TR Visits (on units) 1:30 Concert (A3RR) 3:00 Musical Memories (LH) 3:45 Drum Circle (RR)	10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Bingo (RR) 1:30 Russian Group (LH) 3:00 Pet Visits (LH) 4:15 Mincha (A2 RR) 6:15 Rummy Q (RR)	10:00 Let's Reminisce (Rotating) 10:30 Gentle Fitness (RR) 1:30 Welcoming Shabbat (RR) 2:30 Shabbat Blessings (on units) 3:00 Creative Arts (A3RR) 3:00 Jewish Sing Along (WG)	<b>Shabbat Shalom</b> 9:15 Orthodox Synagogue Services (WS)
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
10:30 Ladies Spa (RR) 1:30 Sunday Concert (WG) 1:30 Games Hour (RR)	10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 11:00 Music with Rachel (LH) 1:30 Buddy's Glee Club (A3RR) 1:30 Ice Cream Social (RR) 2:30 Active Games (SG) 3:00 Arm Chair Travel (RR) 5:45 Scrabble (RR) 6:10 Movie Musical (LH)	9:00 TR Visits (on units) 11:00 Friendship Club (WG) 11:00 CA - Music Therapy (3GS) *referral only 1:30 Brain Games (RR) 3:30 Bingo A4/A5 (LH) 3:30 Games Hour (RR) 6:00 Art Creation (A4 RR)	9:30 Breakfast Club (A2 RR) 10:30 Montessori Cart (Rotating) 11:15 Gentle Fitness (RR) 1:30 Music Appreciation (RR) 3:00 Musical Memories (LH) 3:30 TR Visits (on units) 6:00 Poetry Group (WA)	10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Bingo (RR) 3:00 CA-From The Vaults (A3RR) 3:00 Rosh Hashanah Social (LH) 4:15 Mincha (A2 RR) 6:15 Rummy Q (RR)	10:30 Baking Club (A7 RR) 10:30 Gentle Fitness (RR) 1:30 Welcoming Shabbat (RR) 2:30 Shabbat Blessings (on units) 3:00 Creative Arts (A3RR) 3:00 Rosh Hashanah Stories (SG)	<b>Rosh Hashanah - Shana Tova!</b> 9:45 Orthodox Service (WS) 10:00 Conservative Service (WH) 10:00 Reform Service (WG) 2:00 Montessori Cart (rotating)
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>Rosh Hashanah - Day 2</b> 9:45am Orthodox Service (WS) 10:00 Conservative Service (WH) 10:00 Reform Service (WG)	10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Buddy's Glee Club (A3RR) 1:30 Movie Matinee (JT) 2:30 Montessori Madness (LH) 5:45 Scrabble (RR) 6:00 Happy Hour Club (WA)	9:00 TR Visits (on units) 11:00 Friendship Club (WG) 11:00 CA - Music Therapy (3GS) *referral only 1:30 Brain Games (RR) 1:30 Residents' Council (A2 RR) 1:30 Russian Group (LH) 3:30 Bingo A6/A7 (LH) 3:30 Games Hour (RR) 6:00 Game Show (A2 RR)	10:30 Aromatherapy (Rotating) 10:30 Gentle Fitness (RR) 11:15 TR Visits (on units) 1:30 L'Chaim Program (RR) 3:00 Musical Memories (LH) 3:45 Drum Circle (RR)	10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Bingo (RR) 3:30 High Holiday Trivia (LH) 4:15 Mincha (A2 RR) 6:00 Poetry Group (WA) 6:15 Rummy Q (RR)	10:00 Let's Reminisce (Rotating) 10:30 Gentle Fitness (RR) 1:30 Community Shabbat (WG) 2:30 Shabbat Blessings (on units) 3:00 Creative Arts (A3RR)	<b>Shabbat Shalom</b> 9:15 Orthodox Synagogue Services (WS)
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
<b>Kol Nidre</b> 1:30 My Wish for the New Year (LH) 6:45 Orthodox Service (WS) 6:45 Conservative Service (WH)	<b>Yom Kippur</b> 9:45 Orthodox Service (WS) 10:00 Reform Service (WG) 10:00 Conservative Service (WH)	9:00 TR Visits (on units) 10:30 Digital Gallery: Jewish Artists A2/A3 (WG) 11:00 CA - Music Therapy (3GS) *referral only 1:30 Birthday Concert (A3RR) 3:30 Games Hour (RR)	<b>Outing</b> 10:30 Gentle Fitness (RR) 10:30 Montessori Cart (Rotating) 1:30 Music Appreciation (RR) 3:00 Musical Memories (LH) 3:30 TR Visits (on units) 6:00 Poetry Group (WA)	10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Bingo (RR) 3:00 Fun with Drums (LH) 4:15 Mincha (A2 RR) 6:00 Art Creation (A5 RR) 6:15 Rummy Q (RR)	10:00 Let's Reminisce (Rotating) 10:30 Gentle Fitness (RR) 1:30 Welcoming Shabbat (RR) 2:30 Shabbat Blessings (on units) 3:00 Jewish Sing Along (WG) 3:00 CA-Museum on Wheels (A3RR)	<b>Sukkot</b> 9:15am Orthodox Service (WS) 2:00 Reform Service (WG)

For any questions or concerns, please contact Jenypher Ashby at ext. 5490 or Hiro Nakajima at ext. 3584

