

Sometimes

My

Nana



Why is my Nana sometimes
Silly or Silent or Sad?



Sometimes I like to be silly.

Sometimes I like to be silent.



Sometimes I am just sad.

My Nana can be silly and silent and sad
all at once.

Sometimes my Nana doesn't want to play with me.



Sometimes my Nana doesn't seem to hear me.



I asked my Mommy why my Nana forgets or calls me the wrong name.



My Mommy said my Nana has dementia.

My Mommy says my Nana's brain inside her head is not working properly.



My Mommy says my Nana's brain
sometimes gets confused.

My Mommy says that sometimes Nana's brain doesn't get the right signals from the neurons in her brain.

Her brain can be confusing to her.



My Mommy says that sometimes when Nana tries to remember my name, her brain does not find the right file in her brain that has my name.



It's just because her brain has dementia.

My Mommy says Nana is her Mommy.



Isn't it funny that Mommy is my Mommy
and Nana is Mommy's Mommy?

Some times when my Nana is confused,
I can be curious or worried.

My Nana always loves me, no matter
what.

My Nana knows me even if she can't call
me by the right name.



My Nana will always be my my Nana.

From one who has Alzheimers
And yes it is hard
Just for a moment
Let me share from my heart.

Please forgive me for the things I may say
If I were well I would not be this way
Although I can't tell you but I can see
You are hurting 'cause I see your tears.

I wish I could tell you
How much you meant to me
Could we just turn back the clock
And be the way we used to be.

But no, we're here and I'm a stranger it seems Though
I might wish otherwise it's more than a dream So
please remember when I curse and I yell
It's not really me that you see - just my shell.

In spite of the difficult
days we'll go through, This
one thing is true: I Love You!

Book Presented By;
Myrna Norman