

## **November 2023**

## **Apotex 4**

Programs are subject to change. Please refer to white board for daily changes.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program Location Legend  RR = Recreation Room  EI = Elmgrove/lvywood  RF = Redbird/Floral Place  GS = Goldenlane/Stoneway  WG = Winter Garden  WA = WA Cafe  WAG = WA Cafe Garden  SG = Secure Garden  JT = Jacob Theatre  LH = Loftus Hall	*PLEASE NOTE*  Programs beginning with CA are facilitated by our Culture & Arts Team Members		10:30 1:1 TR Visits (On Units) 10:30 From The Vaults (A4RR) 11:00 CA - Music Therapy (A4GS) *referral only 1:30 Music Appreciation (RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) 6:00 Poetry Group (WA)	(A4RR) 1:30 Montrealer's Group (A5RR) 4:15 Mincha (A2 RR)	3 10:00 Let's Reminisce (Rotating) 10:30 Exercise (RR) 11:00 CA-Righteous Among Nations Holocaust Education and Guest Speakers (Silverman Garden) 1:30 Community Shabbat (WG)	Shabbat Shalom 9:15 Orthodox Synagogue Services (WS) 9:30 Orthodox Shabbat Service (WS) 10:00 1:1 TR Visits ( All units) 1:30 Exercise (RR)
1:30 Beauty Corner ( All units) 2:00 Karaoke (WA) 3:00 1:1 TR Visits (On Units)	10:30 Exercise (RR) 1:30 Bingo (RR) 1:30 Buddy's Glee Club (A3RR) 3:00 Jewish Storytelling (A6RR) 6:00 1:1 Music (On Units)	10:00 Visit with Daycare Kids (WG)	10:30 CA-Art Program (A4RR) 10:30 Virtual Reality (1:1 On Units) *referral only 1:30 Concert (A4RR) 2:00 CA-Holocaust Education, Guest Speakers (A2RR) 3:00 Canada's National Ballet - Dance Class (The Nosh)	10:30 Concert (WG) 1:30 1:1 TR Visits (On Units) 1:30 Russian Group (LH) 1:30 Canada's National Ballet - Dance Class (A4RR) 3:00 Bible Study (A4 RR) 3:30 Yiddish Variety (WH) 4:15 Mincha (A2 RR) 6:00 Poetry Group (WA)	10:15 Exercise (RR) 11:00 Remembrance Day Ceremony (WG) 1:30 Welcoming Shabbat (RR)	Shabbat Shalom 9:15 Orthodox Synagogue Services (WS) Natalie Working 9:30 Orthodox Shabbat Service (WS) 1:30 Montessori Cart ( All Units) 3:00 1:1 TR Visits - 4RF
10:00 1:1 TD Visite ( All surits)				16	17	18 Shabbat Shalom
10:00 1:1 TR Visits ( All units) Art Cart - 4RF	10:30 Exercise (RR) 1:30 Bingo (RR) 1:30 Buddy's Glee Club (A3RR) 2:00 Montessori Madness (WG) 3:00 Jewish Storytelling (A6RR) 6:00 Montessori Cart (On Units) 6:00 Movie Musical (A7RR)	10:30 Sharing Dance (A4RR) 11:00 Music with Rachel (LH) 1:30 Arm Chair Travel (RR) 6:00 1:1 Music (On Units)	10:30 1:1 TR Visits (On Units) 10:30 CA-Music Appreciation (A4RR) 11:00 CA - Music Therapy (A4GS) *referral only 1:30 Exercise (RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) 6:00 Poetry Group (WA)	10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Creative Arts (A4RR) 1:30 Virtual Reality (1:1 On Units) 3:00 Fun with Drums (WG) 4:15 Mincha (A2 RR)	10:45 Community Shabbat (WG) 1:30 Exercise (RR)	9:15 Orthodox Synagogue Services (WS) 9:30 Orthodox Shabbat Service (WS) 1:30 Games with Holy Blossom (WG)
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10:30 Ladies Spa (On Units) 1:30 Movie Matinee (RR)	10:30 Exercise (RR) 1:30 Bingo (RR) 1:30 Buddy's Glee Club (A3RR) 1:30 Russian Group (LH) 3:00 Jewish Storytelling (A6RR) 6:00 1:1 Music (On Units)	10:30 Sharing Dance (A4RR) 1:30 Drum Circle (RR) 1:30 Residents' Council (A2 RR) 3:00 Bingo A4/5 (LH) 6:00 Aromatherapy (On Units)	10:30 Virtual Reality (1:1 On Units) 11:00 CA - Music Therapy (A4GS) *referral only 1:30 Concert (A4RR) 2:00 Musical Memories (LH) 3:00 Canada's National Ballet - Dance Class (The Nosh)	10:30 Concert (WG) 1:30 Aromatherapy (1:1 On Units) 1:30 CA-Museum Immersed (A4RR) 3:00 Bible Study (A4 RR) 4:15 Mincha (A2 RR) 6:00 Poetry Group (WA)	10:00 Let's Reminisce (Rotating) 10:30 Exercise (RR) 1:30 Welcoming Shabbat (RR) 3:00 Jewish Sing Along (WG)	Shabbat Shalom 9:15 Orthodox Synagogue Services (WS) 9:30 Orthodox Shabbat Service (WS) 10:30 Aromatherapy (On Units) 1:30 Exercise (RR)
26	27	28	29	30	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	41.19
	10:30 Exercise (RR) 1:30 Bingo (RR) 1:30 Buddy's Glee Club (A3RR) 3:00 Jewish Storytelling (A6RR) 6:00 Montessori Cart (On Units) 6:00 Movie Musical (A7RR)	10:30 Sharing Dance (A4RR) 11:00 Music with Rachel (LH) 1:30 Arm Chair Travel (RR) 6:00 1:1 Music (On Units)	10:30 1:1 TR Visits (On Units) 10:30 CA-Art Program (A4RR) 1:30 Music Appreciation (RR) 2:00 Musical Memories (LH) 3:00 Canada's National Ballet - Dance Class (The Nosh) 6:00 Poetry Group (WA)	10:00 Sensory Cart (Rotating) 1:30 1:1 TR Visits (On Units) 1:30 Creative Arts (A4RR) 3:00 Fun with Drums (WG) 4:15 Mincha (A2 RR)		IT'S A BEAUTIFUL SHABBAT IN THE NEIGHBORHOOD
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If you have any questions please speak to your on floor Recreationists- Jessica Rescorl ext. 3406 or Keeley Dougherty ext. 3885