## Apotex 6

## November 2023

Baycrest

A6 Programs are subject to change. The recreation staff will make sure that all residents have equal opportunity to attend the programs created by the team. Thank you for your patience.

| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|--|--|--|---|--|---|---|
| "Lest We Forget"   |  | raesady  | 10:30 Word Games (EI)<br>1:00 Klezmer Zoom Concert (A6 TV<br>Lounges)<br>1:30 Bingo (RR)                            | 10:00 Sensory Cart (Rotating)<br>10:30 Concert (WG)<br>1:30 Montrealer's Group (A5RR)<br>1:30 Trivia (RR)<br>3:30 CA Biography (A6RR)                            | 10:00 Let's Reminisce (Rotating) 11:00 CA-Righteous Among Nations Holocaust Education and Guest Speakers (Silverman Garden) 1:30 Community Shabbat (WG) | 9:30 Orthodox Shabbat Service (WS)  |
| 10:30 Music with Rachel (1:1 on units) 2:00 Karaoke (WA)                                       | 10:30 Gentle Exercise (RF, EI) 11:00 CA - Music Therapy (A6GS) *referral only 1:30 Buddy's Glee Club (A3RR) 1:30 Travelogue (A6RR) 3:00 Jewish Storytelling (A6RR)   | 10:00 Visit with Daycare Kids (WG)<br>10:30 CA-Holocaust Education, Guest<br>Speakers (A3RR)<br>1:30 Concert (A6RR)  | Speakers (A2RR)<br>3:00 Canada's National Ballet - Dance  | 10:30 Concert (WG) 1:30 Russian Group (LH) 1:30 Trivia (RR) 3:00 Bible Study (A4 RR) 3:30 CA-Yiddish Variety (WH) 3:30 Art Program (A6RR) 6:00 Poetry Group (WA) | 11:00 Remembrance Day Ceremony (WG) 2:00 Welcoming Shabbat (RR)   | 9:30 Orthodox Shabbat Service (WS)  |
| Vivian working 10:30 Puzzles (on Units) 1:30 Sunday Concert (WG) 3:30 1:1 TR Visits (on Units) | 10:30 Gentle Exercise (RF, EI) 11:00 CA - Music Therapy (A6GS)  *referral only 1:30 Buddy's Glee Club (A3RR) 2:00 Montessori Madness (WG) 2:00 CA- Museum on Wheels (A6RR) 3:00 Jewish Storytelling (A6RR) 6:00 Movie Musical (A7RR) | 11:00 1:1 TR Visits 11:00 Music with Rachel (LH) 1:30 A6 Piano Concert (RR) 3:00 Gentle Exercise (GS) 6:00 Big Band Sounds (GS) - RR                           | 10:30 Word Games (RF) 1:30 Bingo (RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) 6:00 Poetry Group (WA) | 10:00 Sensory Cart (Rotating)<br>10:30 Concert (WG)  |   | 9:30 Orthodox Shabbat Service (WS)<br>1:30 Games with Holy Blossom (WG)   |
| 19   | 10:30 Gentle Exercise (RF, EI) 11:00 CA - Music Therapy (A6GS) *referral only 1:30 Buddy's Glee Club (A3RR) 1:30 Travelogue (A6RR) 1:30 Russian Group (LH) 3:00 Jewish Storytelling (A6RR)   | 10:00 Visit with Daycare Kids (WG) 11:00 1:1 TR Visits 1:30 Concert (A6RR) 1:30 Residents' Council (A2 RR) 3:00 Gentle Exercise (GS) 6:00 Big Band Sounds (RF) | Art Sale - CA (WH))<br>10:30 Aromatherapy (on Units)<br>1:30 Bingo (RR)   | 10:30 Concert (WG)<br>1:30 Spanish Group (LH)<br>3:00 Bible Study (A4 RR)<br>3:30 Art Program (A6RR)   |   | 9:30 Orthodox Shabbat Service (WS)  |
| 26   | 10:30 Gentle Exercise (RF, EI) 11:00 Hebrew Group (LH) 11:00 CA - Music Therapy (A6GS) *referral only 1:30 Buddy's Glee Club (A3RR) 2:00 CA-Museum Immersed (A6RR) 3:00 Jewish Storytelling (A6RR) 6:00 Movie Musical (A7RR)         | 11:00 1:1 TR Visits 11:00 Music with Rachel (LH) 1:30 A6 Piano Concert (RR) 3:00 Bingo A6/7 (LH) 3:00 Gentle Exercise (GS) 6:00 Big Band Sounds (EI)           | 10:30 Word Games (EI)<br>1:30 Bingo (RR)  | 10:00 Sensory Cart (Rotating)<br>10:30 Virtual Reality (on Units)<br>1:30 Trivia (RR)  | Program Location Legend WS = Wolinsky Synagouge JT = Jacob Theatre WAG = WA Cafe Garden WG = Winter Garden WA = W.A. Cafe                               | Program Location Legend  RR = Recreation Room  EI = Elmgrove/Ivywood  RF = Redbird/Floral Place  GS = Goldenlane/Stoneway  JT = Jacob Theatre  LH = Loftus Hall  SG = Secure Garden |

For recreation-related inquiries, please contact Vivian Han (ext. 2242), Apotex 6 Recreationist