

October 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sukkot 9:15 Orthodox Service (WS) 9:15 Conservative Service (WH) 1:30 Games Hour (RR) 2:00 Music with Rachel (Rotating)	2 10:30 Gentle Fitness (RR) 11:00 Sukkot Social (SG Sukkah) 1:30 Buddy's Glee Club (A3RR) 1:30 TR Visits (on units) 3:00 Arm Chair Travel (RR) 4:00pm Torah Study (A2 RR) 5:45 Scrabble (RR)	3 9:00 TR Visits (on units) 10:30am Jews of Morocco (A2 RR) 10:30 CA Biography (A3RR) 11:00 CA - Music Therapy (A3GS) *referral only 1:30 Concert (WG) 3:00 Folktales (A5 RR) 3:30 Games Hour (RR)	4 10:30 Aromatherapy (Rotating) 10:30 Gentle Fitness (RR) 1:30 Documentary (RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) Drum Circle (RR) 3:45	5 10:00 Gentle Fitness (RR) 10:30 Concert (WG) 1:30 Bingo (RR) 1:30 Russian Group (LH) TBD 3:00 CA-Famous Painters (A3RR) 6:00 Poetry Group (WA) 6:15 Rummy Q (RR)	6 10:00 Let's Reminisce (Rotating) 10:45 Community Shabbat (WG) 1:30 Sukkah Visit (Sukkah) 2:30 Shabbat Blessings (on units) Let's Give Thanks(giving)! (LH)	7 Shemini Atzeret 9:15 Orthodox Service (WS) 9:15 Conservative Service (WH) 2:00 Reform Service (WG)
8 Simchat Torah 9:15 Orthodox Service (WS) 9:15 Conservative Service (WH)	9 Thanksgiving Statutory Holiday	10 9:00 TR Visits (on units) 10:30am Jews of Morocco (A2 RR) 10:30 CA-Biography (A3RR) 11:00 Friendship Club (A4 RR) 1:30 Brain Games (RR) 1:30 Birthday Concert (RR) 3:00 Folktales (A5 RR)	11 9:30 Breakfast Club (A2 RR) 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Documentary (RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) TR Visits (on units) 6:00 Poetry Group (WA)	12 10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Bingo (RR) 2:30 Active Games (WG) 3:00 Bible Study (A4 RR) 6:15 Rummy Q (RR)	13 10:30 Gentle Fitness (RR) 1:30 Welcoming Shabbat (RR) 2:30 Shabbat Blessings (on units) 3:00 Jewish Sing Along (WG)	14 10:30 Ladies Spa (RR) 1:30 Games Hour (RR)
15	16 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Buddy's Glee Club (A3RR) 1:30 Movie Matinee (JT) 2:30 Active Games (WG) 3:00pm Storytelling (A6 RR) 4:00pm Torah Study (A2 RR) 4:30 Mincha (A2 RR) 5:45 Scrabble (RR)	17 9:00 TR Visits (on units) 10:30am Jews of Morocco (A2 RR) 10:30 CA Biography (A3RR) 11:00 Friendship Club (LH) 1:30 Brain Games (RR) 1:30 Residents' Council (A2 RR) 3:00 Folktales (A5 RR) 3:30 Bingo A2/A3 (LH) 3:30 Games Hour (RR) 6:00 Student Concert (WG)	18 10:30 Gentle Fitness (RR) 10:30 Montessori Cart (Rotating) 1:30 Documentary (RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) 4:00 Israel Defense Forces Concert (WG)	19 10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Concert (WG) 1:30 Bingo (RR) 2:00 Hands on Exotics (WG) 4:30 Mincha (A2 RR) 6:00 Poetry Group (WA) 6:15 Rummy Q (RR)	20 10:45 Community Shabbat (WG) 1:30 Gentle Fitness (RR) 2:00 Baking Club (A2 RR) TBD 2:30 Shabbat Blessings (on units) 3:00 CA-Making History (A3RR)	21 1:00 Holy Blossom Games (A2RR)
22	23 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Buddy's Glee Club (A3RR) 1:30 TR Visits (on units) 2:30 Active Games (WG) 3:00pm Storytelling (A6 RR) 3:00 Arm Chair Travel (RR) 4:00pm Torah Study (A2 RR) 4:30 Mincha (A2 RR) 5:45 Scrabble (RR) 6:00 Happy Hour Club (WA)	24 9:00 TR Visits (on units) 10:30am Jews of Morocco (A2 RR) 10:30 CA Biography (A3RR) 11:00 Community Drum Circle (WG) 1:30 LGBT+ History Month Education (A2RR) 1:30 Brain Games (RR) 3:00 Folktales (A5 RR) 3:30 Games Hour (RR) 6:00 Art Creation (A4 RR)	25 10:30 Aromatherapy (Rotating) 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Music Appreciation (RR) 3:00 Canada's National Ballet - Dance Class (The Nosh) 3:45 Drum Circle (RR) 6:00 Poetry Group (WA)	26 10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30 Concert (WG) 1:30 Bingo (RR) 3:00 Welcome Tea (LH) 3:00 CA-Famous Painters (A3RR) 3:00 Bible Study (A4 RR) 4:30 Mincha (A2 RR) 6:30 Pub Nite (RR)	27 10:00 Let's Reminisce (Rotating) 10:30 Gentle Fitness (RR) 1:30 Welcoming Shabbat (RR) 2:30 Shabbat Blessings (on units) 3:00 Jewish Sing Along (WG)	28
29 10:30 Fall Decorating (LH) 1:30 Sunday Concert (WG)	30 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 11:00 Music with Rachel (LH) 1:30 Buddy's Glee Club (A3RR) 1:30 TR Visits (on units) 3:00pm Storytelling (A6 RR) 3:00 Arm Chair Travel (RR) 4:00pm Torah Study (A2 RR) 4:30 Mincha (A2 RR) 5:45 Scrabble (RR)	31 9:00 TR Visits (on units) 10:30am Jews of Morocco (A2 RR) 10:30 CA Biography (A3RR) 11:00 Friendship Club (LH) 1:30 Brain Games (RR) 3:00 Folktales (A5 RR) 3:00 Games Hour (RR) 6:00 Game Show (A2 RR) 6:00 Happy Hour-(WAG)				

For any questions or concerns, please contact Jenypher Ashby at ext. 5490 or Hiro Nakajima at ext. 3584

