

A Healthy Dose of Laughter

International Week of Clowning, Laughter and Health Care

Canada • Israel • Australia | Conferences Workshops Performances

Using Humour and Clown Work with Seniors:
An Introduction to the Practice, Theory and Benefits
March 1, 2010 Host institution: Baycrest (Toronto)

- 8:30 - 9:00 **Registration**
- 9:00 - 10:30 **Clown work with seniors: An Introduction to the Practice, Theory and Benefits.**
Dr. Peter Spitzer (Australia) & Dr. Bernie Warren (Canada)
Plenary session for MDs, Nurses, Hospital Administrators, Department Heads, Front Line Therapists (PT, OT, Speech, Therapeutic Recreation, etc), Caregivers
- 10:30 - 10:45 Coffee break
- 10:45 - 12:00 **International perspectives on Research into the Use of the Arts and Humour in Dementia Care**
Dr. Spitzer (Australia), Dr. Warren (Canada), Dr. Pia Kontos (Canada) & Dr. Atay Citron (Israel)
A round table seminar for Clinicians and Researchers
- 12 - 1 Lunch
- 1:00 - 2:30 **Humourising Healthcare: Injecting Humour into Everyday Practice**
Dr. Spitzer & Dr. Warren
Workshop for front line workers: Nursing staff, PT, OT Speech, Therapeutic Recreation, Caregivers
- 2:30 - 2:45 Coffee break
- 2:45 - 4:15 **Laughter works: Energizing Your Team**
Dr. Spitzer, Dr. Warren Workshop for Baycrest Managers and Clinical Team Leaders
- 4:15 - 5:00 Question Period

KEY PARTICIPANTS: **Dr. Bernie Warren**, Professor, Drama in Education and Community, U of Windsor / Founder, Fools For Health • **Dr. Peter Spitzer**, Medical Director, co-founder, Humour Foundation Clown Doctor Program, Australia • **Dr. Atay Citron**, Head, Drama Department, University of Haifa, Israel • **Therapeutic Clown Program**, Sick Kids • **ISH Theatre**, Israel

PARTNERS:



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