

**Baycrest**

**This session is open to Private Companions registered with the Private Companion Program and family members.**

## **Mental Health Issues in Long-Term Care Homes**

presented by: **Dr. David Conn,**

Vice President, Medical Services & Education & Psychiatrist-in-Chief, Baycrest; Co-Chair, Canadian Coalition for Seniors' Mental Health

Research shows that more than half of residents in long-term care homes may have dementia and other cognitive impairments. Some residents may also suffer from depression and psychosis. Private Companions and family members can play a key role in promoting the mental health - and general wellbeing - of residents with mental illness. Dr. Conn will share information about mental health issues that are common among residents of long-term care homes, focusing on depression and dementia. He will also suggest practical ways Private Companions can work with staff and family to improve the older adult's quality of life.

**Thursday, February 25**

**10:00 a.m. - 11:30 a.m.**

**Posluns Auditorium**

A Certificate of Attendance will be granted upon completion.

**To register please call Fran Cossever  
at 416-785-2500 ext. 3195  
or e-mail [fcossever@baycrest.org](mailto:fcossever@baycrest.org)**