

# Baycrest Matters

A bi-weekly update for Baycrest staff, families and clients

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## IN THIS ISSUE

CBC Marketplace visits Baycrest 3

You rolled up your sleeve and won 4

Day with the CEO 5

Apotex residents and families invited to take survey 6

Announcements 7

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[www.baycrest.org](http://www.baycrest.org)

Baycrest is fully affiliated with the University of Toronto.

## Access to Baycrest after 9:00 p.m. will change on January 26

**B**aycrest is introducing a new procedure for after-hours visitors. As always, Baycrest encourages visits from family members and friends as part of our dedication to client-centred care, and we know that families and friends sometimes need to

visit loved ones late in the evening. At the same time, we also have a responsibility to ensure the safety and security of all of our patients, residents, visitors and volunteers on the campus. With this commitment in mind, all entry doors will be locked as of 9:00 p.m. beginning

Monday, January 26, 2009.

The new visitor policy is structured much like entry to any apartment building. Anyone who needs access to the campus after 9:00 p.m. will have to buzz the intercom for entry. You will be asked to identify yourself to our

**continued on page 2**



Visitors to Baycrest are always welcome, but need to be aware of the new procedures when visiting after 9:00 p.m. New procedures are effective January 26.

**Baycrest**

Enriching Care  
Enhancing Knowledge  
Enlightening Minds

## Access to Baycrest...continued from page 1

Communications Desk and you will then be allowed access. The same procedure will be enforced for exiting the building, Communications will have to open the door to let you out.

One reason for the change is to help us keep track of who is in the building after normal visiting hours.

**As a courtesy, we ask that you contact the unit you intend to visit an hour in advance to let them know you are coming.**

Here are highlights of the new process. Please read them carefully.

### TO ENTER BAYCREST AFTER HOURS:

- All doors will lock at 9:00 p.m. They will be unlocked the following morning at 6 a.m.
- To enter (through any door) after hours you must buzz the intercom button clearly marked and located on the outside wall of each door
- A communication officer will ask:
  - Your name
  - Name of resident or patient you are visiting (or returning)

- Location of the unit/floor you will be visiting
- The communications officer will contact the floor you are visiting to let them know you are coming
- The communications officer may ask you to look up into a security camera
- The communications officer will open the door to let you in
- Once in, you may proceed as usual to the appropriate unit or floor
- The Khedive entrance doors will remain open until 11:00 p.m. on Friday evening to accommodate the Jewish Sabbath. This door will also remain open until 11:00 p.m. during Jewish High Holidays.

### TO EXIT BAYCREST AFTER HOURS:

- You can exit through any door however, the communications officer must unlock the door for you

- Press the intercom button located on the wall beside the desired exit
- The communications officer will ask your name, and will open the door for you
- Baycrest staff members who regularly work after hours have received swipe cards to access the building at Apotex West, Brain Health Complex and Bathurst Street entrances. Staff who occasionally work after hours need to follow the same procedure as visitors.

We sincerely appreciate your cooperation in this new process. If you have questions regarding the process, please contact **Genny Laurico**, Director of Security, at 416.785.2500 ext. 2407 for more information. [BM](#)



## CBC Marketplace visits Baycrest

CBC Marketplace co-host Erica Johnson (far right) was at Baycrest last week to interview seniors about their impressions of sweepstakes promotions that target vulnerable consumers, especially older adults. Pictured here are Baycrest volunteers who were interviewed, holding a sample (the volunteers did not actually win any money) sweepstakes cheque: (left to right) Evelyn Weinrib, Lou Delman and Anna Van Delman. Absent from photo is Terraces resident and volunteer Jean Goldstein.

# You rolled up your sleeve and won

**B**aycrest successfully held the annual influenza vaccine clinic for our staff, volunteers, clients, companions and members of the community. This influenza season, Baycrest held a “friendly competition” between various work groups to motivate staff to receive their vaccination.

**Congratulations to the following winners:**

- **Rehab/GATU 3 West, Baycrest Hospital, nursing staff who reached 100 percent vaccination rate**
- **Apotex 4 nursing staff at 87 percent vaccination rate**
- **Allied Health staff members who attained 97 percent vaccination rate**

All vaccinated members of these groups **won a general admission movie ticket to any Cineplex Entertainment theatre.**

- **Movie tickets for nursing staff of 3 West and Apotex 4 will be delivered to the units on Thursday, January 15.**
- **All vaccinated allied health professionals can collect their tickets and enjoy a piece of cake between 12:00 p.m. to 2:00 p.m. on Thursday, January 15 in the Winter Garden (by the museum) or drop by the IPAC office (BH09) after this date. If you have any questions, please call IPAC at ext. 2133.**



Each staff member and volunteer who received their flu shot before December 11 were eligible to win fantastic prizes. Congratulations to:

- **Nicole Carson**, research assistant, Rotman Research Institute, who was the lucky winner of the Niagara Falls Getaway,
- **Philip Sidon**, porter, Central Dispatch who won a camcorder, and
- **Daisy Vicente**, personal support worker, Diagnostic Imaging, who won a digital picture frame.

**It's not too late to fight the flu! Occupational Health and Safety continues to supply free flu shots to anyone between 8:30 a.m. to 12:00 p.m. and 1:00 p.m. to 4:30p.m.**

If you received a flu shot elsewhere, please notify Occupational Health and Safety with a signed written document with the date you had the vaccine. **BM**

A special thank you goes to Allison Colton and the staff of CAA Yorkdale for their assistance in obtaining the movie tickets for the influenza vaccination competition.

# Baycrest Recognition & Rewards Program



## Annual Awards Celebration

Thursday, January 22, 2009

3:00 - 4:30pm, Wortsman Hall, Main Floor, Baycrest Hospital

### Congratulations to this year's winners

**Excellence in Leadership**  
Sharon Fiorelli, Nursing  
Lisa Sokoloff, Quality,  
Risk & Patient Safety

**Group Achievement**  
Terrace Food Services  
Hospital 7 West

**Excellence in Sharing Learning**  
Renee Climans, Social Work  
Lynda Dunal, Occupational  
Therapy  
Margaret Huggins, Nursing  
Dr. Guy Proulx, Psychology

For information, please call Paula at ext 2363.

*The Baycrest R&R Program is partially supported by the Anna Schipper Endowment Fund.*

Baycrest presents...  
the 19th Annual Rotman Research Institute Conference

## COGNITIVE AGING: RESEARCH AND PRACTICE

The InterContinental Centre Hotel  
225 Front Street West, Toronto Canada

Pre-Conference Session - Sunday, March 8, 2009  
Conference - Monday, March 9 and Tuesday, March 10, 2009

For additional information, please visit the conference web-site:  
<http://www.rotman-baycrest.on.ca/index.php?section=5>

Queries can be directed to Paula Ferreira at ext. 2363  
or e-mail [pferreira@baycrest.org](mailto:pferreira@baycrest.org)

## Organizational Effectiveness Presents:

# GETTING THE MOST OUT OF **YOUR** PERFORMANCE REVIEW

Facilitated by Gary Rosborough,  
OE Dept.

Tuesday, February 3, 2009  
0900 - 1200 hr.  
Loftus Hall, Main Floor Apotex  
Building

"I realized that when I take responsibility for my own performance, I feel much more confident that I can make the difference I want to make."  
(RPN, Hospital)

### *Workshop Topics include:*

- Preparing for my review
- Self assessment / reflective practice
- Setting my goals
- Developing learning plans
- Giving and receiving feedback

To register for this session,  
please complete the OE

Registration form available on  
the Intranet and submit no later  
than January 27.

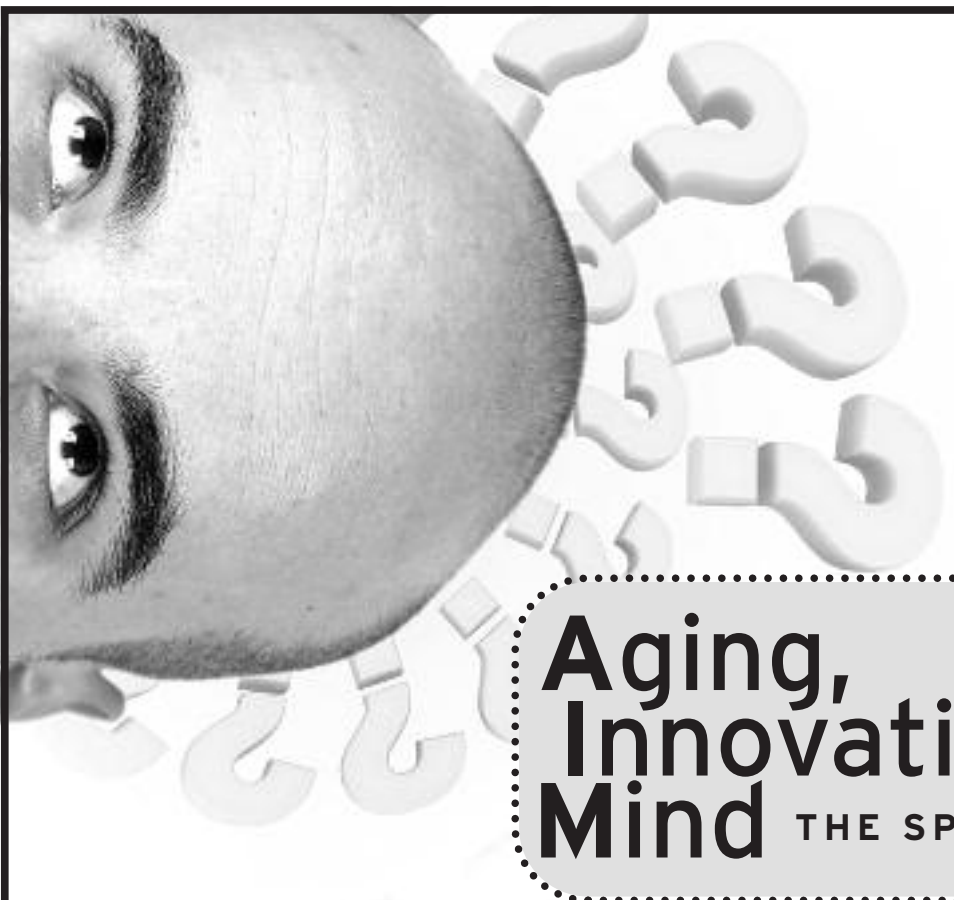
Space is limited. If you have any  
questions about registration  
please contact Ursula Zamora at  
ext. 2365

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## Day with the CEO

Nazir Amir, a Grade 12 student from William Lyon MacKenzie Collegiate Institute, visited Baycrest on December 9 to spend the day with president and CEO Dr. Bill Reichman. Nazir attended executive board meetings and learned about Dr. Reichman's responsibilities overseeing the operations at Baycrest, running a part-time clinic and as Professor of Psychiatry at the Faculty of Medicine at the University of Toronto. "I can honestly say I have never learned so much from a single person," Nazir wrote in an article for his school. Nazir's visit is one example of the ongoing partnership between Baycrest and the high school.





**Baycrest**

**Aging,  
Innovation & the  
Mind** THE SPEAKER SERIES

**Age-Related Memory Changes:  
How your memory works**

Find out how your memory stores and retrieves information, the effects of aging on those processes and how certain types of memory hold up better than others in later life.

**Thursday, February 26th, 2009 7:00 - 8:30 p.m.**

Winter Garden ~ Baycrest ~ 3560 Bathurst Street, Toronto  
Free admission and parking ~ Light refreshments  
Limited seating. RSVP by February 19th

**416.785.2500 ext 6218 or  
e-mail: [speakerseries@baycrest.org](mailto:speakerseries@baycrest.org)**

**>>> GUEST HOST  
Dr. Marla Shapiro  
Health and Medical  
Contributor for  
CTV's Canada AM**

**>>> FEATURED  
SCIENTIST  
Dr. Fergus Craik  
Senior Scientist,  
Rotman Research Institute**

**[www.baycrest.org](http://www.baycrest.org)**

# Apotex residents and families invited to take survey

**A**t Baycrest, patients, residents and families are frequently asked for their feedback in order to improve the delivery of care. This month, we ask Apotex residents and families to participate in the “Measuring Resident and Family Satisfaction and Quality of Life in Long Term Care Homes Survey”. The survey will be conducted by NRC Picker on behalf of the University of Toronto and Baycrest. The results will inform the Ontario Ministry of Health and Long-Term Care on how to measure quality of care and services in long term care homes.

Based on specific criteria, 90 Apotex residents will be randomly asked to participate in the study. Those residents who agree to participate will be interviewed on January 19 and 20.

Family members of residents in the Apotex may also be asked to participate in the survey. A separate survey will be sent to 120 families on a random basis sent by mail. If you receive a questionnaire from the University of Toronto, we encourage you to answer the survey and return it in the self-enclosed postage paid envelope as we hope as many family members as possible will respond.

Participation in the survey is completely voluntary and the information provided is confidential. Individual answers

will not be shared with anyone at Baycrest. The data will be maintained in a secure environment and will be destroyed after the study is complete. This is an excellent opportunity for residents and families to express their point of view about their experiences and opinions with the services and care provided in the Apotex.

If you have any questions regarding the study please call **Maria Huijbregts**, director, Quality, Risk and Patient Safety at 416-785-2500 ext. 2677. You may also contact the principal investigator Dr. Walter Wodchis at 416-946-7387 or by e-mail: [walter.wodchis@utoronto.ca](mailto:walter.wodchis@utoronto.ca) or the project director, Natalie Ceccato at 416-946-3862 or by e-mail: [n.perkins.ceccato@utoronto.ca](mailto:n.perkins.ceccato@utoronto.ca)  
**BM**



## Announcements

The Terraces of Baycrest welcomes **Mark Naiman** as manager, Health and Wellness, in the Terraces Health Centre. Mark will be covering Evgeniya Bakshy's maternity leave.

Congratulations to Baycrest psychiatrist **Dr. Susan Lieff**, who was chosen as the American Association of Geriatric Psychiatry "Educator of the Year" - a most prestigious award - in recognition of her outstanding achievements in education and teaching over many years.

### Happy News from the Terraces/Wagman Centre

Congratulations to **Shawna Funston**, occupational therapist at both the Centre and the Terraces/Wagman Centre on her marriage to Craig Hamilton on Saturday, January 3, 2009. Much happiness to you both.

Congratulations to **Rivka Gellis**, recreationist at the Terraces/Wagman Centre on her engagement to Mordechai Biegeleisen on Thursday, December 25, 2008.

Congratulations to **Evgeniya Bakshy**, nurse manager, Terraces Health and Wellness, on the birth of a new baby girl and a new little sister for Faigy and Michael on Monday, January 5, 2009. All are doing well.

We would like to welcome **Meital Itzkovich** to the Terraces/Wagman Centre, Creative Arts Department.



## Send us your photos for **Blast** from the past!

If you would like to reveal what you once looked like (as an adorable baby, dressed in bell bottoms or a mini skirt, 30 pounds thinner or with hair), then dust off those old photos and send them to **Joan Mortimer** at [mortimerj@baycrest.org](mailto:mortimerj@baycrest.org).

