

# Baycrest Matters

A bi-weekly update for Baycrest staff, families, clients and volunteers

October 23rd, 2013 –VOL. 9 NO. 19

## Holocaust Education Week: November 3 to 9

### Quilting group sews stories of survival

For this year's Holocaust Education Week, Susan, a child survivor is telling her story in a new way: through quilting. She and other Holocaust survivors have been gathering each week, since the beginning of October, to sew their memories onto squares that will be combined together to create a larger work of art.



◀ Susan, one of the participants in the Apotex Creative Arts Studio's quilting group, is using fabrics to tell her story of surviving the Holocaust.

**Holocaust Education Week programming at Baycrest.**

On her square, Susan has sewn a ship arriving in Halifax with a young girl on board who is dreaming of the family she lost. "I wanted to show the story of a ship bringing me to a new life, a better life," she says.

The project, which is being facilitated by Baycrest's Apotex Creative Arts Studio and the Pomegranate Guild, was inspired by a film called *Through the Eye of the Needle*, a documentary about a survivor who used a collage of embroidered panels to tell her story 40 years after the Holocaust.

For Holocaust Education Week, The Baycrest quilting group will show their works in progress at a special screening of the film on **Wednesday, November 6, at 7:45 p.m.** at the Beth Avraham Yoseph of Toronto Congregation. The screening will be followed by a panel discussion, moderated by Bianca Stern, with the film's director, Nina Shapiro-Perl and Baycrest's Dr. Michael Gordon.

#### Precious Legacy

An exhibit of portraits of survivors taken by photographer Elliott Sylman celebrating the lives they have built after the devastation of the Holocaust. Opens Friday, November 1 near the Bathurst Street entrance (ground floor, hospital)

#### National Narratives: Crestwood Students Give Voice through Oral History

Students from Crestwood Preparatory College will give a special presentation an oral history project where they learned about the Holocaust by meeting and interviewing survivors. Monday, November 4 at 2:30 p.m. in The Jacob Family Theatre in the Posluns Auditorium.

Holocaust Education week is a city-wide event presented by the Sarah and Chaim Neuberger Holocaust Education Centre (UJA Federation of Greater Toronto).

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Baycrest is an academic health sciences centre fully affiliated with the University of Toronto

## Peer support program gives touching debut



As part of a national week-long campaign, Baycrest’s Centre for Mental Health team took to the campus to spotlight a difficult topic for many: Mental Illness Awareness. The week’s featured event took place October 7 with Baycrest volunteers Evelyn Burns-Weinrib (left) and Chris Whittaker (right) sharing the stage to tell their stories.

From the lens of their personal experiences with mental illness, the volunteers reviewed a *TED Talk* presentation, “A tale of mental illness - from the inside” and spoke about familial and community supports that helped them through their struggles. Burns-Weinrib is also the first volunteer to serve as peer support mentor in a new Transitional Discharge Model - a program ensuring that clients remain engaged with Baycrest after being discharged from mental health care. As a volunteer, Burns-Weinrib will support peer partners in their road to recovery and independence.

The Transitional Discharge Model is seeking more volunteers for peer support roles.

If you are interested, please contact Janis Sternhill at ext. 2575 or at [jssternhill@baycrest.org](mailto:jssternhill@baycrest.org). All are welcome.

## MyChart™ trial comes to Baycrest

Beginning October 23 Baycrest will embark on a new partnership with Sunnybrook Health Sciences Centre to trial MyChart with new patients of the Sam and Ida Ross Memory Clinic. The initial trial, expected to take up to six months, will test a limited set of features.

“Introducing MyChart to our patients is exciting because it will allow them to look at their hospital medical records electronically and securely from any computer, and give them the option to share their data with doctors, family members and caregivers,” says Melissa Ziraldo, clinical manager, Sam and Ida Ross Memory Clinic, Centre for Neuropsychology and Cognitive Health.

Baycrest patients who are also patients at Sunnybrook will be able to see their personal

health record information from both facilities. Records will be shared through a secure server ensuring patient privacy is maintained.

“Eventually, after testing is complete and we start rolling out MyChart to other clinics across Baycrest, we will be adding more features like personal and clinic visit notes, online appointment requests and test results,” says Lyudmila Martsenyuk, eHealth Informatics project lead.

Stay tuned for updates on the trial and a future announcement of rollout of MyChart to other clinics within Baycrest.

# Flu clinic opens its doors

## Where to get your flu shot:

- The community influenza immunization clinic is open Monday to Friday from 9 a.m. to 4 p.m. in the Water Cooler (ground floor, Apotex).
- Staff can also drop by the Occupational Health and Safety (OH&S) office on the second floor of the hospital, Monday to Friday, 9 a.m. to 4 p.m.
- The Flu Buggy is making the rounds on departments and units. The schedule is available on all units and on the intranet. Managers can also request a special visit from the Flu Buggy by calling ext. 2944.
- Staff members can also get the flu shot from another healthcare provider, but you must provide OH&S with written confirmation that you've received the immunization.



▲ David Alper, a volunteer, was the first person to get the flu shot at the community immunization clinic this year as it opened its doors on October 16. Members of the Baycrest community, including clients, volunteers, private companions and family members lined up to get their flu shots early.

## Canadian Patient Safety Week: October 28 to November 1

# Do you know your role?

Canadian Patient Safety Week is an annual awareness campaign celebrated countrywide. This year, multiple departments at Baycrest will come together to reaffirm our commitment and spread the vital message that every day, everyone across Baycrest plays a role in patient safety.

What's your role in keeping Baycrest patients safe? Find out by visiting the information booth throughout the week as various departments host each day with new patient safety tips. A mobile information cart will also be making rounds on the hospital and Apotex Centre units, and be sure to stop by for the fun-filled patient safety fair at the end of the week.

### Outside the cafeteria, 11 a.m. to 1 p.m.

- October 28:** Infection prevention and control
- October 29:** Medication safety
- October 30:** Food and nutrition safety
- October 31:** Safe patient handling

### Winter Garden Court, 11 a.m. to 1 p.m.

**November 1:** Patient safety fair - see how all of Baycrest contributes to patient safety and compete with colleagues to find the most safety risks in the "House of Hazards."

To learn more, visit the Canadian Patient Safety Institute's website at [asklistentalk.ca](http://asklistentalk.ca).

Infection Control Week is October 21 to 25. Look for the Infection Prevention and Control (IPAC) booth in front of the cafeteria, which will be part of the Patient Safety Week events on October 28 from 11 a.m. to 1 p.m.

## United Way Week: October 28 to November 1

# What's your impact?



**United Way**

When you support the United Way, you're not only helping the broader community but also helping those closest to us here on campus. Through funding from the United Way, Baycrest programs and services including the Freeman Family Day Centre, the Joseph E. and Minnie Wagman Centre and the Seniors Counselling and Referral Service help keep our community's seniors engaged and living independently.

How can your United Way contribution help Baycrest and the broader community?

- \$63 a year or \$5.25 per month allows a few hours of support three days a week, giving a wife respite and help to keep her elderly husband with Alzheimer's disease at home.
- \$250 a year or \$20.83 per month provides a refugee claimant who is a survivor of torture with a medical assessment, helping him begin his new life.
- \$700 a year or \$58.33 per month sponsors two people to participate in life skills or pre-employment training for six months, helping them to prepare for employment or independent living.

Make your impact by filling out a pledge form today, or participating in an upcoming United Way Week event. See intranet for details.

## Senior-friendly reading materials donated to library

For several years the Toronto Public Library (TPL) has helped Baycrest keep its Resident Client Library shelves stocked with new materials. With each donation, Baycrest receives approximately 50 new pieces including large-print and audio books. Large-print fiction books represent half of all fiction books circulated from our library each year.

Thanks to the TPL's North York Central Library branch, residents and clients with reduced vision can continue to engage with the printed word. Thank you, Toronto Public Library on behalf of all our library users.

The Resident Client Library is located on the first floor of the Apotex Centre and is open to all residents, clients, family members, staff and students. Visit Monday through Thursday from 10 a.m. to 3 p.m.

## Collaborative creativity on display



▲ Members of the Freeman Family Day Centre gather proudly beside a large-scale paper quilt that was created by assembling individual members' works of art. The quilt is the creative product of a month-long special arts workshop led by community artist and educator Kathleen Downie (back row, far left) for the Day Centre members. The works of 12 members is showcased in the piece, which focuses on the theme of a living garden and uses the Japanese paper applique technique.

The paper quilt is on display from now until mid-November in the Community Day Centre for Seniors Art Gallery (first floor, Brain Health Complex), across from the Morris and Sally Justein Heritage Museum.