TRACKING PARTICIPANT ENGAGEMENT

① No. of Sessions Attended		Total
▸ For weekly sessions;		**/6**
▸ For 1 month follow-up;		**/1**
▸ For 3 month follow-up (optional session)		**(/1)**
② **Weekly Exercise Completion**		
▸ A) Creating a Memory Organizer		**/7**
▸ B) Using your memory organizer		**/7**
▸ C) Deep Breathing Exercises: ☐ Not Attempted (= 0 Pts) ☐ <7 (= 1 Pt) ☐ 7 (= 2 Pts) ☐ >7 (= 3 Pts)		**/1**
Practice retrieval Exercise		**/7**
▸ D) Elaborate Exercise		**/7**
▸ E) Organize & Stop, See it, Say it Exercise		**/7**
▸ F) Evaluate Eating Habits Circle: ☐ Not attempted (= 0 Pts) ☐ Attempted (= 1 Pt)		
▸ G) Application Exercises		**/28**
MAXIMUM POINTS:		**74/75***

*75 if 3 month-follow up conducted

PARTICIPANT NAME: