



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Program Location Legend WS = Wolinsky Synagouge WH = Wortsman Hall JT = Jacob Theatre WAG = WA Cafe Garden WA = W.A. Cafe SA = Sharp Family Atrium SG = Secure Garden	Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio CH = Culture Hub	Recreationist's contact info For any questions, please contact Natalie Vanderhyden (ext. 6032) Robert McIntosh (ext. 2394) Gurnoor Pannu (ext. 2051)	1 10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Gentle Fitness(RR) 11:15 1:1 Tech Support(on units) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 3:30 Balcony Reading Club(2RR Balcony)	2 9:30 Orthodox Shabbat Service (WS) 10:30 Gentle Fitness (RR) 10:30 Let's Schmooze: Morning Mingle (CH) 1:30 Board games with Hiro and Zula (SA) 2:00 Aromatherapy(EI/GS) 3:30 1:1 TR Visits
3 Tisha B'Av 1:30 Tisha B'Av Program with Rabbi David (WS) 3:30 Social gathering (discussion group)	4 Civic Holiday 10:00 Doors Open Arts Making (CAS) 10:30 Gentle Fitness(RR) 1:30 Buddy's Glee Club (A3RR) *referral only 1:30 Word Games(RR) 3:00 Resident walks(EI) 3:00 Active Games (SA)	5 10:00 Creative Arts (CAS) 10:30 Musar (A2 RR) 11:00 Montessori Madness (SA) 12:00 BBQ -2GS(Invitation Only) 1:30 Doors Open Art Making(CAS) 1:30 Montessori(on units) 2:00 Brain Games(RR) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 3:00 Bingo (LH) 6:00 Evening Art (SA)	6 9:30 Morning Friendly visits(On units) 10:00 Doors Open Art Making (CAS) 10:30 Music Therapy (A2EI) *referral only 1:30 Concert (A2RR) 1:30 Summer Ceramic Painting (CAS Garden) 3:00 Drama Club (LH) 3:30 Outdoor Meditation(2GS)	7 10:00 Creative Arts (CAS) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Bingo(RR) 2:30 Doors Open Art Making (CAS) 3:15 1:1 Tech Support(2EI) 6:00 Musical Evening with Talented Teens (LH)	8 10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Gentle Fitness(RR) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 3:30 Balcony Reading Club(2RR Balcony)	9 9:30 Orthodox Shabbat Service (WS)
10 10:30 Gentle Fitness (RR) 11:15 1:1 TR Visits (GS/RF) 1:30 Arts and crafts (RR) 4:00 Aromatherapy (EI)	11 10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness(RR) 1:30 Movie Matinee (JT) 3:00 Ice Cream Social (SG) 4:00 Torah Class with Rabbi David (A2 RR) 6:00 OBIE fun(2GS)	12 10:00 Creative Arts (CAS) 10:00 Outing to St Lawrence Market 10:30 Musar (A2 RR) 11:00 Morning Kick Off Exercise (SA) 1:30 Doors Open Art Making(CAS) 1:30 Montessori(on units) 1:30 Words within words(RR) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 3:00 Bingo (LH) 6:00 Evening Active Games (SA)	13 9:30 Morning Friendly visits(On units) 10:00 Doors Open Art Making (CAS) 1:30 Jeopardy(RR) 3:30 Outdoor Meditation(2GS) 10:30am-4:00pm Digital Gallery: A Walk Through Art (SA) 6:00 Evening Balcony Social(RR Balcony) 6:00 Creative Connections Poetry Group (LH)	14 10:00 Creative Arts (CAS) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Bingo(RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 3:00 Friendly Visits-Resident walks(On Units) 6:00 Spa Social (LH)	15 10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Therapeutic Dance (RR) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 3:30 Spa on the GO(On units)	16 9:30 Orthodox Shabbat Service (WS) 10:30 Gentle Fitness (RR) 1:30 Discussion group-Resident's choice(RR) 3:30 Compassionate Touch (RF/EI))



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
10:00 Sunday Art Social (SA) 1:30 Sunday Concert (SA)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness(RR) 10:30 Fun Activities with Volunteers from Scotiabank! (SA) 1:30 Balloon Tennis(RR) 3:00 Resident walks(EI) 4:00 Torah Class with Rabbi David (A2 RR) 6:00 Scattergories(RR)	10:00 Creative Arts (CAS) 10:30 Musar (A2 RR) 11:00 Montessori Madness (SA) 1:30 Doors Open Art Making(CAS) 1:30 Montessori(on units) 1:30 Residents' Council (A2 RR) 1:45 Spa on the GO(On units) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 6:00 Game Night Delight (LH)	9:30 Morning Friendly visits(On units) 10:00 Doors Open Art Making (CAS) 10:30 Music Therapy (A2EI) *referral only 1:30pm Resident Food Committee (A2RR) 3:00 Drama Club (LH) 3:00 Resident Program Planning(RR) 6:00 Comedy Hour (RR) 6:00 Creative Connections Poetry Group (LH)	10:00 Creative Arts (CAS) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 12:00 BBQ-2RF(Invitation Only) 1:30 Bingo(RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 3:30 Friendly visits-Helping Hands(on units) 6:00 Travelogue (LH)	10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Gentle Fitness(RR) 11:15 Lets's chat(RR) 1:30 Doors Open Art Making (CAS) 1:30 Welcoming Shabbat (RR) 2:15 Community Shabbat (SA) 3:30 Balcony Reading Club(2RR Balcony)	9:30 Orthodox Shabbat Service (WS) 10:30 Gentle Fitness (RR) 11:15 1:1 Garden Visits
24	25	26	27	28	29	30
1:30 Art (RR) 3:30 Compassionate Touch (RR)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness(RR) 1:30 Concert (A2RR) 3:00 Resident walks(EI) 3:00 Meditation & Movement (LH) 4:00 Torah Class with Rabbi David (A2 RR) 6:00 Trivia(RR)	10:00 Creative Arts (CAS) 10:30 Musar (A2 RR) 11:00 Morning Kick Off Exercise (SA) 1:30 Doors Open Art Making(CAS) 1:30 Montessori(on units) 1:30 Movie Afternoon(RR) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 3:00 Bingo (LH) 6:00 Game Show! (LH)	9:30 Morning Friendly visits(On units) 10:00 Doors Open Art Making (CAS) 10:30 Music Therapy (A2EI) *referral only 1:30 Afternoon Social(RR) 3:30 Outdoor Meditation(2GS) 6:00 Karaoke Pub Night! (LH) 6:00 Evening Sip and Chat (RR)	10:00 Creative Arts (CAS) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Bingo(RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 3:00 Friendly Visits-Resident walks(On Units) 6:00 Memories & Melodies (LH)	10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Gentle Fitness(RR) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat & Festive Kiddush (SA) 3:30 Balcony Reading Club(2RR Balcony)	9:30 Orthodox Shabbat Service (WS) 10:30 Open Circle Discussion(LH) 3:30 Aromatherapy Visits(On units)
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10:30 Active Games (SA) 1:30 Sunday Concert (SA) 1:30 Let's Chat Discussion (RR) 3:00 1:1 Garden Visits						