May 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Program Location Legend WS = Wolinsky Synagouge WH = Wortsman Hall JT = Jacob Theatre WAG = WA Cafe Garden WA = W.A. Cafe SA = Sharp Family Atrium SG= Secure Garden	Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio CH= Culture Hub	Recreationists contact info For any questions, please contact Natalie Vanderhyden (ext. 6032) Robert Mcintosh (ext. 2394) Gurnoor Pannu (ext. 2051).	Yom HaAtzmaut 10:30 Tuck Shop (A2RR Hallway)	10:30am Gentle Fitness(RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:00pm Canvas Decorating for UJA Walk with Israel Art Installation	9:30am Orthodox Shabbat Service (WS) 10:30am Gentle Fitness (RR) 10:30am Let's Schmooze: Morning mingle (CH)
1:30pm Arts and crafts (RR) 3:00pm Aromatherapy (on units)	RR)	10:30am Spiritual Bliss (A2 RR) 1:15pm Intergenerational program with St Maragret School(RR) 1:30pm Brain Games(RR) 1:30pm Doors Open Art Making (CAS) 1:30pm Montessori(on units) 2:00pm Spiritual Program with Rabbi Rena (A5 RR) 6:00pm Intergenerational program with Northview Heights (A2RR)	10:30am CA - Music Therapy (A2EI) *referral only 1:30pm Games Cafe(RR) 1:30pm Jewish Storytelling (A5 RR)	10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Bingo(RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS 2:45pm Sharing Dance Class (SA) 3:00pm Friendly Visits-Resident walks(On Units)	10:30am Gentle Fitness(RR) 10:30am Shabbat Visit with Temple Sinai Preschool (SA) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:00pm Canvas Decorating for UJA Walk with Israel Art Installation (CAS) 3:30pm 1:1 Tech Support(On Units)	
10:30am Social Art (SA) 10:30am Gentle Fitness (RR) 1:30pm Board games (RR) 1:30pm Sunday Mother's Day Concert (SA) 3:30pm Aromatherapy (on units)	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Gentle Fitness(RR) 11:15am Ladies Discussion group(RR) 1:30pm Buddy's Glee Club (A3RR) 1:30pm Movie Matinee (JT) 3:00pm Drama Club (SA) 3:00pm Storytelling For The Soul (A6 RR) 3:30pm Resident walks(On units) 6:00pm Trivia(RR)	10:00am Creative Arts (CAS) 10:30am Spiritual Bliss (A2 RR) 11:00am Morning Kick Off Exercise (SA) 1:15pm Intergenerational program with St Maragret School(RR) 1:30pm Doors Open Art Making (CAS) 1:30pm Montessori(on units) 2:00pm Spiritual Program with Rabbi Rena (A5 RR) 2:30pm Through the Eyes of a ShinShinit: Israel, Identity & Celebration(A2)	9:15am Breakfast Club (A2RR) 10:00am Doors Open Art Making (CAS) 10:30am CA - Music Therapy (A2EI)	10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Bingo(RR) 1:30pm Shared Wisdom (A7 RR) 3:30pm Apotex Farewell Ceremony (SA) 6:00pm Musical Memories (LH)	10:30am Therapeutic Dance (RR) 11:00am Creative Sparks: Lag Ba'Ome Art (SA) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:30pm Spa on the GO(on units)	10:30am Gentle Fitness (RR)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	2 23	24
10:30am Gentle Fitness (RR)		10:00am Creative Arts (CAS)	9:30am Morning Friendly visits(On	10:30 Tuck Shop (A2RR Hallway)	10:30am Gentle Fitness(RR)	9:30am Orthodox Shabbat Service
1:30pm Victoria Day Concert! (SA)		10:30am Spiritual Bliss (A2 RR)	units)	10:30am Jewish Music Week - Special	11:00am Meditation & Movement (LH)	(WS)
2:00pm Aromatherapy (on units)		11:00am Montessori Madness (SA)	10:00am Doors Open Art Making (CAS)	Concert! (SA)	1:30pm Doors Open Art Making (CAS)	10:30am Gentle Fitness(RR)
3:30pm 1:1 TR Visits (on units)	Programs on hold today due to victory day holiday Programs resume on Tuesday May 20th	Intergenerational program with St Maragret School(RR) Doors Open Art Making (CAS)	10:00am Montessori Fun Cart	1:30pm Bingo(RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS)	2:15pm Community Shabbat (SA) 3:30pm 1:1 Tech Support(On Units)	1:30pm Jewish Music Around the world(RR) 3:30pm Resident walks(On units)
		1:30pm Montessori(on units)	1:30pm Rhythm Connections:	2:45pm Sharing Dance Class (SA)		
		1:30pm Residents' Council (A2 RR)	Intergenerational Drumming	3:00pm Friendly Visits-Resident		
		3:00pm Bingo (A3RR)	Circle(SA)	walks(On Units)		
		6:00pm Intergenerational program with				
		Northview Heights (WA)	3:30pm TR visits(on units)			
			6:00pm Brain Games (RR)			
25				<u> </u>		
	3:30pm Resident walks(On units) 6:00pm Word Games(RR)	10:30am Spiritual Bliss (A2 RR)	(Rotating) 10:30am CA - Music Therapy (A2EI) *referral only 1:30pm Resident Food Committee (A2RR) 1:30pm Jewish Storytelling (A5 RR)	10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Bingo(RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS) 2:45pm Sharing Dance Class (SA) 3:30pm Friendly visits-Helping Hands(on units)	10:30am Gentle Fitness(RR) 11:00am Montessori Madness (SA) 1:30pm Concert (A2RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat & Festive Kiddush (SA) 3:30pm 1:1 Tech Support(On Units)	