

Programs are subject to change. Please refer to white board for daily updates. For programming related inquiries, please contact Recreationist on unit:
Colleen Blagrove ext. 2553 and Karm Dhaion ext. 6176

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program Location Legend WS = Wolinsky Synagouge WH = Wortsman Hall JT = Jacob Theatre WAG = WA Cafe Garden WA = W.A. Cafe SA = Sharp Family Atrium SG = Secure Garden	Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio CH = Culture Hub	1 Canada Day	2 10:00am Doors Open Art Making (CAS) 10:30am Music Reminiscing (A5 RR) 1:30pm Jewish Storytelling (A5 RR) 3:00pm Canada Day Celebration (SA) 5:45pm Montessori Cart (EI)	3 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Concert (A5RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS) 2:45pm Sharing Dance Class (SA) 6:00pm Spa Social (LH)	4 10:00am Gardening (A5 Balcony) 10:30am Green Thumbs & Gardens (Meet South Garden) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)	5 9:30am Orthodox Shabbat Service (WS) 10:30am Let's Schmooze: Morning Mingle (CH) 1:30pm Board games with Hiro and Zulal (SA)
6	7 10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Journey Through the Senses (A5 RR) 11:00am Music Therapy (A5RF) *referral only 1:30pm Buddy's Glee Club (A3RR) *referral only 3:00pm Active Games (SA) 3:00pm Storytelling For The Soul (A6 RR) 4:00pm Torah Class with Rabbi David (A2 RR) 5:45pm Water Painting (GS)	8 10:30am Exercise (A5 RR) 10:30am Musar (A2 RR) 11:00am Montessori Madness (SA) 1:30pm Doors Open Art Making(CAS) 2:00pm Spiritual Program with Rabbi Rena (A5 RR) 6:00pm Evening Active Games (SA)	9 10:00am Doors Open Art Making (CAS) 10:30am Music Reminiscing (A5 RR) 1:30pm Viva Las Baycrest: Casino Day for Residents! (SA) 5:45pm Montessori Cart (RF) 6:00pm Creative Connections Poetry Group (LH)	10 10:00am Aromatherapy (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Concert (A5RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS) 2:45pm Sharing Dance Class (SA) 6:00pm Documentary (A2RR)	11 10:00am Sensory Cart (A5 Units) 10:30am Green Thumbs & Gardens (Meet South Garden) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)	12 9:30am Orthodox Shabbat Service (WS)
13 Fast of Tammuz 10:00am Sunday Art Social (SA) 10:30am Creative Storytelling (A5 RR) 1:30pm Afternoon Art (A5 RR) 1:30pm Relaxation Visits & Compassionate Touch (Rotation) 3:00pm Outdoor Strolls (1:1 off unit)	14 10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Journey Through the Senses (A5 RR) 11:00am Music Therapy (A5RF) *referral only 1:30pm Buddy's Glee Club (A3RR) *referral only 1:30pm Creative Arts (A5RR) 3:00pm Storytelling For The Soul (A6 RR) 3:00pm Mindfulness Meditation (LH) 4:00pm Torah Class with Rabbi David (A2 RR) 5:45pm Water Painting (RF)	15 10:30am Active Games (A5 RR) 10:30am Musar (A2 RR) 11:00am Morning Kick Off Exercise (SA) 1:30pm Doors Open Art Making(CAS) 1:30pm Residents' Council (A2 RR) 2:00pm Spiritual Program with Rabbi Rena (A5 RR) 3:00pm Bingo (LH) 6:00pm Evening Art (LH)	16 10:00am Garden Cyanotypes (West Garden) 10:00am Montessori Fun Cart (Rotating) 10:30am Music Reminiscing (A5 RR) 1:30pm Resident Food Committee (A2RR) 1:30pm Jewish Storytelling (A5 RR) 3:00pm Drama Club (LH) 5:45pm Montessori Cart (GS) 6:00pm Creative Connections Poetry Group (LH)	17 10:00am Senses Alive! (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Puzzle Club (A5 RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS) 2:45pm Sharing Dance Class (SA) 6:00pm Melodies & Memories (LH)	18 10:00am Gardening (A5 Balcony) 10:30am Green Thumbs & Gardens (Meet South Garden) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)	19 9:30am Orthodox Shabbat Service (WS)
20	21 10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Journey Through the Senses (A5 RR) 11:00am Music Therapy (A5RF)	22 10:30am Musar (A2 RR) 10:30am Spa Social (A5 RR) 11:00am Montessori Madness (SA) 1:30pm Doors Open Art Making(CAS) 2:00pm Spiritual Program with Rabbi	23 10:00am Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Music Reminiscing (A5 RR) 1:30pm Jewish Storytelling (A5 RR)	24 10:00am Aromatherapy (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Shared Wisdom (A7 RR) 1:45pm Lemonade Social (A5 RR)	25 10:00am Sensory Cart (A5 Units) 10:30am Green Thumbs & Gardens (Meet South Garden) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat & Festive	26 9:30am Orthodox Shabbat Service (WS) 10:30am Exercise (A5 RR) 1:30pm Discussion group (A5 RR) 3:00pm 1:1 TR Visits (A5)

	1:30pm Buddy's Glee Club (A3RR) *referral only 1:30pm Creative Arts (A5RR) 3:00pm Active Games (SA) 3:00pm Storytelling For The Soul (A6 RR) 4:00pm Torah Class with Rabbi David (A2 RR) 5:45pm Water Painting (EI)	3:00pm Rena (A5 RR) Bingo (LH) 6:00pm Game Night Delight (LH)	5:45pm Montessori Cart (EI) 6:00pm Creative Connections Poetry Group (LH)	2:30pm Doors Open Art Making (CAS) 2:45pm Sharing Dance Class (SA) 3:00pm Puzzle Club (A5 RR) 6:00pm Travelogue (LH)	Kiddush (SA)	
27 10:30am Morning Mingle with Melissa (CH) 1:30pm Sunday Acapella Concert with Janie Respitz (SA)	28 10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 11:00am Music Therapy (A5RF) *referral only 1:30pm Buddy's Glee Club (A3RR) *referral only 1:30pm Creative Arts (A5RR) 3:00pm Storytelling For The Soul (A6 RR) 3:00pm Ice Cream Social (SG) 4:00pm Torah Class with Rabbi David (A2 RR) 5:45pm Water Painting (GS)	29 10:30am Exercise (A5 RR) 10:30am Musar (A2 RR) 11:00am Morning Kick Off Exercise (SA) 1:30pm Doors Open Art Making(CAS) 2:00pm Spiritual Program with Rabbi Rena (A5 RR) 3:00pm Bingo (LH) 6:00pm Game Show! (LH)	30 10:00am Doors Open Art Making (CAS) 10:00am Montessori Fun Cart (Rotating) 10:30am Music Reminiscing (A5 RR) 1:30pm Jewish Storytelling (A5 RR) 3:00pm Drama Club (LH) 6:00pm Creative Connections Poetry Group (LH)	31 10:00am Senses Alive! (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Shared Wisdom (A7 RR) 1:45pm Arm Chair Travel (A5 RR) 2:30pm Doors Open Art Making (CAS) 2:45pm Sharing Dance Class (SA) 6:00pm Motion to Music (LH)		