

A6 Programs are subject to change. The recreation staff will make sure that all residents have equal opportunity to attend the programs created by the team. Thank you for your patience.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio	Program Location Legend WS = Wolinsky Synagogue WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium CH = Culture Hub	For recreation-related inquiries, please contact Paula Carcamo (ext. 6626) or Vivian Han (ext.2242)			1 10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Trivia (RR) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA)	2 9:30 Orthodox Shabbat Service (WS) 10:30 Let's Schmooze: Morning Mingle (CH) 1:30 Board games with Hiro and Zulal (SA)
3 Tisha B'Av 1:30 Tisha B'Av Program with Rabbi David (WS) 3:30 1:1 Garden Visits (GS)	4 Civic Holiday 10:00 Doors Open Arts Making (CAS) 10:30 Therapeutic Dance (RR) 1:15 1:1 Walking Buddies (Rotating) 1:30 Buddy's Glee Club (A3RR) *referral only 1:30 Creative Arts (A6RR) 3:00 Active Games (SA)	5 10:30 Musar (A2 RR) 11:00 Music Therapy (A6RF) *referral only 11:00 Montessori Madness (SA) 1:30 Doors Open Art Making(CAS) 1:30 Word Games (RR) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 3:00 Bingo (LH) 5:45 Broadway Tunes (RF) 6:00 Evening Art (SA)	6 10:00 Doors Open Art Making (CAS) 10:30 1:1 TR Visits (Rotating) 1:30 Bingo (RR) 1:30 Summer Ceramic Painting (CAS Garden) 3:00 Drama Club (LH)	7 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 2:30 Doors Open Art Making (CAS) 2:30 Travel (RR) 6:00 Band Concert (WH)	8 10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Trivia (RR) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA)	9 9:30 Orthodox Shabbat Service (WS) 10:30 Gentle Exercise (RR) 1:30 Montessori Cart (Rotating) 3:30 1:1 Walk with Resident (EI) 
10 10:30 Community Get Together (RR) 1:30 Sing Along (RF) 3:30 1:1 TR Visits (Rotating)	11 10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 1:15 Walking Buddies (Rotating) 1:30 Creative Arts (A6RR) 3:00 Ice Cream Social (SG) 4:00 Torah Class with Rabbi David (A2 RR)	12 10:15 Compassionate Touch (1:1) 10:30 Musar (A2 RR) 11:00 Morning Kick Off Exercise (SA) 1:30 Concert (A6RR) 1:30 Doors Open Art Making(CAS) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 3:00 Bingo (LH) 3:30 Sing Along (GS) 5:45 Broadway Tunes (EI) 6:00 Evening Active Games (SA)	13 10:00 Doors Open Art Making (CAS) 10:30 1:1 TR Visits (Rotating) 12:00 6 G/S BBQ (WA Garden) 5:45 Music Appreciation: Famous Duos (EI) 10:30am-4:00pm Digital Gallery: A Walk Through Art (SA) 6:00 Creative Connections Poetry Group (LH)	14 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 10:30 A6 Outing (*by pre registration only) 1:30 Drum Circle (RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 6:00 Spa Social (LH)	15 10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Trivia (RR) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 5:45 Compassionate Touch (Rotating)	16 9:30 Orthodox Shabbat Service (WS) 10:15 Glamour Hour (1:1) 1:30 Reading Club (RR) 3:00 Friendly Visits (1:1)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
10:00 Sunday Art Social (SA) 10:30 Balloon Toss (Rotating) 1:30 Sunday Concert (SA) 3:30 INMU(Rotating)	10:00 Doors Open Art Making (CAS) 10:30 Aromatherapy (1:1) 10:30 Fun Activities with Volunteers from Scotiabank! (SA) 10:30 Therapeutic Dance (RR) 1:15 Walking Buddies (Rotating) 4:00 Torah Class with Rabbi David (A2 RR)	10:15 Sensory Cart (1:1) 10:30 Musar (A2 RR) 10:30 Sing Along (RR) 11:00 Montessori Madness (SA) 1:30 Doors Open Art Making(CAS) 1:30 Ice Cream Social (A6 Balcony) 1:30 Residents' Council (A2 RR) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 6:00 Game Night Delight (LH)	10:00 Doors Open Art Making (CAS) 10:30 1:1 TR Visits (Rotating) 12:00 6 R/F BBQ (WA Garden) 1:30pm Resident Food Committee (A2RR) 2:00 Bingo (RR) 3:00 Drama Club (LH) 3:00 Word Games (RF) 5:45 Music Appreciation: Famous Duos (RF) 6:00 Creative Connections Poetry Group (LH)	10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Active Games (RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 6:00 Travelogue (LH)	10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Montessori Cart (1:1) 10:30 Trivia (RR) 1:15 Obie (El Lounge) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA)	9:30 Orthodox Shabbat Service (WS) 10:30 Gentle Fitness (RR) 1:30 Montessori Cart (rotating) 3:30 1:1 Walk with Resident (RF)
24	25	26	27	28	29	30
	10:00 Doors Open Art Making (CAS) 10:30 1:1 TR Visits (Rotating) 10:30 Gentle Fitness (RR) 1:15 Walking Buddies (Rotating) 3:00 Meditation & Movement (LH) 4:00 Torah Class with Rabbi David (A2 RR)	10:15 Compassionate Touch (1:1) 10:30 Musar (A2 RR) 11:00 Morning Kick Off Exercise (SA) 1:30 Concert (A6RR) 1:30 Doors Open Art Making(CAS) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 3:00 Bingo (LH) 5:45 Broadway Tunes (GS) 6:00 Game Show! (LH)	10:00 Doors Open Art Making (CAS) 10:30 1:1 TR Visits (Rotating) 1:30 Bingo (RR) 1:30 Music and memories (1:1) 3:00 Word Games (El) 5:45 Music Appreciation: Famous Duos (GS) 6:00 Karaoke Pub Night! (LH)	10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Travel (RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 6:00 Memories & Melodies (LH)	10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Montessori Cart (1:1) 10:30 Trivia (RR) 1:15 Obie (El Lounge) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat & Festive Kiddush (SA)	9:30 Orthodox Shabbat Service (WS)
31						
10:30 Active Games (SA) 1:30 Sunday Concert (SA)						