

A6 Programs are subject to change. The recreation staff will make sure that all residents have equal opportunity to attend the programs created by the team. Thank you for your patience.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio	Program Location Legend WS = Wolinsky Synagogue WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium CH = Culture Hub	Happy Canada Day	1 10:00 Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 1:1 TR Visits (Rotating) 12:00 6 G/S BBQ (WA Garden) 1:30 Bingo (RR) 3:00 Canada Day Celebration (SA) 5:45 Music Appreciation: Famous Canadian Singers (RF)	2 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Concert (A6RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 6:00 Spa Social (LH)	3 10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Montessori Cart (1:1) 10:30 Travel (RR) 1:00 1:1 TR Visits (Rotating) 1:15 Obie (El Lounge) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 5:45 1:1 Garden Visits (GS)	4 9:30 Orthodox Shabbat Service (WS) 10:30 Balcony Visits (GS) 10:30 Let's Schmooze: Morning Mingle (CH) 1:30 Summer Painting-Rocks (RR) 1:30 Board games with Hiro and Zulal (SA) 3:30 1:1 Garden Walks (RF)
6 10:30 Community Get Together (RR) 1:30 Sing Along (GS) 3:30 1:1 TR Visits (Rotating)	7 10:00 Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 1:15 Walking Buddies (Rotating) 1:30 Buddy's Glee Club (A3RR) *referral only 1:30 Creative Arts (A6RR) 3:00 Active Games (SA) 3:00 Storytelling For The Soul (A6 RR) 4:00 Torah Class with Rabbi David (A2 RR)	8 10:15 Compassionate Touch (1:1) 10:30 Musar (A2 RR) 11:00 Music Therapy (A6RF) *referral only 11:00 Montessori Madness (SA) 1:30 Concert (A6RR) 1:30 Doors Open Art Making (CAS) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 5:45 Reading Corner (GS) 6:00 Evening Active Games (SA)	9 10:00 Doors Open Art Making (CAS) 10:30 1:1 TR Visits (Rotating) 1:30 Viva Las Baycrest: Casino Day for Residents! (SA) 5:45 Music Appreciation: Famous Canadian Singers (GS) 6:00 Creative Connections Poetry Group (LH)	10 10:00 Aromatherapy (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 10:30 Outing to Rosetta McClain Garden (By pre-registration only) 1:30 Remembering the Moon Landing (RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 6:00 Documentary (A2RR)	11 10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Montessori Cart (1:1) 10:30 Travel (RR) 1:15 Obie (El Lounge) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA)	12 9:30 Orthodox Shabbat Service (WS) 10:30 Gentle Exercise (RR) 1:30 Montessori Cart 1:1 Rotating 3:30 1:1 Garden Walks (EI) 
13 Fast of Tammuz 10:00 Sunday Art Social (SA) 1:30 Relaxation Visits & Compassionate Touch (Rotation)	14 10:00 Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Aromatherapy (1:1) 10:30 Therapeutic Dance (RR) 1:15 Walking Buddies (Rotating) 1:30 Buddy's Glee Club (A3RR) *referral only 1:30 Creative Arts (A6RR) 3:00 Storytelling For The Soul (A6 RR) 3:00 Mindfulness Meditation (LH) 4:00 Torah Class with Rabbi David (A2 RR)	15 10:15 Sensory Cart (1:1) 10:30 Musar (A2 RR) 11:00 Music Therapy (A6RF) *referral only 11:00 Morning Kick Off Exercise (SA) 1:30 Doors Open Art Making (CAS) 1:30 Ice cream social (A6 Balcony) 1:30 Residents' Council (A2 RR) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 3:00 Bingo (LH) 5:45 Reading Corner (RF) 6:00 Evening Art (LH)	16 10:00 Garden Cyanotypes (West Garden) 10:00 Montessori Fun Cart (Rotating) 10:30 1:1 TR Visits (Rotating) 12:00 6 R/F BBQ (WA Garden) 1:30pm Resident Food Committee (A2RR) 2:00 Bingo (RR) 2:00 Word Games (EI) 3:00 Drama Club (LH) 5:45 Armchair Travel (EI) 6:00 Creative Connections Poetry Group (LH)	17 10:00 Senses Alive! (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Trivia (RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 6:00 Melodies & Memories (LH)	18 10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Travel (RR) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 5:45 1:1 Garden Visits (EI)	19 9:30 Orthodox Shabbat Service (WS) 10:15 Glamour Hour (1:1) 1:30 Reading Club (RR) 3:00 Friendly Visits (1:1)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 10:30 Balloon Toss (RR) 1:30 Word Games (RR) 3:30 1:1 Walk with Resident (EI)	21 10:00 Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 1:1 TR Visits (Rotating) 10:30 Gentle Fitness (RR) 1:15 Walking Buddies (Rotating) 1:30 Buddy's Glee Club (A3RR) *referral only 1:30 Creative Arts (A6RR) 3:00 Active Games (SA) 3:00 Storytelling For The Soul (A6 RR) 4:00 Torah Class with Rabbi David (A2 RR)	22 10:15 Compassionate Touch (1:1) 10:30 Musar (A2 RR) 11:00 Music Therapy (A6RF) *referral only 11:00 Montessori Madness (SA) 1:30 Active Games (RR) 1:30 Doors Open Art Making(CAS) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 3:00 Bingo (LH) 5:45 Reading Corner (EI) 6:00 Game Night Delight (LH)	23 10:00 Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 Drum Circle (RR) 1:30 Bingo (RR) 5:45 Armchair Travel (RF) 6:00 Creative Connections Poetry Group (LH)	24 10:00 Aromatherapy (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Creative Connections Club: Storytelling (RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 6:00 Travelogue (LH)	25 10:30 Green Thumbs & Gardens (Meet South Garden) 10:30 Montessori Cart (1:1) 10:30 Travel (RR) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat & Festive Kiddush (SA) 5:45 1:1 Garden Walks (RF)	26 9:30 Orthodox Shabbat Service (WS) 10:30 Gentle Exercise (RR)
27 10:30 Morning Mingle with Melissa (CH) 1:30 Sunday Acapella Concert with Janie Respitz (SA)	28 10:00 Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Aromatherapy (1:1) 10:30 Therapeutic Dance (RR) 1:15 Walking Buddies (Rotating) 1:30 Buddy's Glee Club (A3RR) *referral only 1:30 Creative Arts (A6RR) 3:00 Storytelling For The Soul (A6 RR) 3:00 Ice Cream Social (SG) 4:00 Torah Class with Rabbi David (A2 RR)	29 10:15 Sensory Cart (1:1) 10:30 Musar (A2 RR) 11:00 Music Therapy (A6RF) *referral only 11:00 Morning Kick Off Exercise (SA) 1:30 All About Chocolate (RR) 1:30 Doors Open Art Making(CAS) 2:00 Spiritual Program with Rabbi Rena (A5 RR) 3:00 Bingo (LH) 5:45 Reading Corner (GS) 6:00 Game Show! (LH)	30 10:00 Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:00 Word Games (RF) 12:00 6 E/I BBQ (WA Garden) 2:00 Bingo (RR) 3:00 Drama Club (LH) 6:00 Creative Connections Poetry Group (LH)	31 10:00 Senses Alive! (Rotating) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Mystery Bag (RR) 2:30 Doors Open Art Making (CAS) 2:45 Sharing Dance Class (SA) 6:00 Motion to Music (LH)	For recreation-related inquiries, please contact Paula Carcamo (ext. 6626) or Vivian Han (ext.2242)	