

Programs are subject to change. Please refer to white board for daily changes. If you have any questions please speak to your on floor Recreationist- **Susan Edmunds ext. 3240** or **Shawna Hughes ext. 2104**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio SG = Secure Garden	Program Location Legend WS = Wolinsky Synagouge WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium CH = Culture Hub				1 10:30am Green Thumbs & Gardens (Meet South Garden) 10:30am Visual Quiz: Around the World (RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)	2 9:30am Orthodox Shabbat Service (WS) 10:30am Let's Schmooze: Morning Mingle (CH) 10:30am Word Game (RR) 1:30pm Board games with Hiro and Zulal (SA) 1:30pm Ladies Spa (RR)
3 Tisha B'Av 1:30pm Tisha B'Av Program with Rabbi David (WS)	4 Civic Holiday 10:00am Doors Open Arts Making (CAS) 10:30am Therapeutic Dance (RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) *referral only 3:00pm Active Games (SA) 6:00pm Compassionate Touch (4GS)	5 9:30am 1:1 Social Visits (4RF) 10:30am Musar (A2 RR) 11:00am Montessori Madness (SA) 1:30pm Concert (A4RR) 1:30pm Doors Open Art Making(CAS) 2:00pm Spiritual Program with Rabbi Rena (A5 RR) 3:00pm Bingo (LH) 6:00pm Evening Art (SA)	6 10:00am Doors Open Art Making (CAS) 10:30am Exercise (RR) 1:30pm Summer Ceramic Painting (CAS Garden) 1:30pm Obie Games (4EI) 3:00pm Drama Club (LH)	7 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 12:00pm BBQ (4GS) 1:30pm Documentary-The Fit Generation (RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 6:00pm Musical Evening with Talented Teens (LH)	8 10:30am Green Thumbs & Gardens (Meet South Garden) 10:30am Sing Along (RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)	9 9:30am Orthodox Shabbat Service (WS)
10 10:30am Exercise (RR) 1:30pm Montessori Cart (Rotating) 3:30pm Garden Walks (4GS)	11 10:00am Doors Open Art Making (CAS) 10:00am Outing - Reptilia (registration required) 10:30am Spiritual Hymn Sing (RR) 1:30pm Bingo (RR) 3:00pm Ice Cream Social (SG) 4:00pm Torah Class with Rabbi David (A2 RR)	12 9:30am 1:1 Robo pet visits (4EI) 10:30am Musar (A2 RR) 11:00am Morning Kick Off Exercise (SA) 1:30pm Art - Cuban Dancers (RR) 1:30pm Doors Open Art Making(CAS) 2:00pm Spiritual Program with Rabbi Rena (A5 RR) 3:00pm Bingo (LH) 6:00pm Evening Active Games (SA) 6:00pm Garden Walks (4RF)	13 10:00am Doors Open Art Making (CAS) 10:30am Exercise (RR) 1:30pm Creative Arts (A4 RR) 10:30am-4:00pm Digital Gallery: A Walk Through Art (SA) 6:00pm Creative Connections Poetry Group (LH)	14 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Baking (RR) 2:30pm Doors Open Art Making (CAS) 2:45pm Sharing Dance Class (SA) 3:00pm Aromatherapy (on units) 6:00pm Spa Social (LH)	15 10:30am Arm Chair Travel - The Best of Cuba (RR) 10:30am Green Thumbs & Gardens (Meet South Garden) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)	16 9:30am Orthodox Shabbat Service (WS) 10:30am Gentle stretching (RR) 1:30pm Reminiscing Through Art (RR) 3:30pm 1:1 Garden Strolls (4EI)
17 10:00am Sunday Art Social (SA) 1:30pm Sunday Concert (SA)	18 10:00am Doors Open Art Making (CAS) 10:30am Fun Activities with Volunteers from Scotiabank! (SA) 1:30pm Bingo (RR) 4:00pm Torah Class with Rabbi David (A2 RR)	19 10:30am Musar (A2 RR) 11:00am Montessori Madness (SA) 1:30pm Concert (A4RR) 1:30pm Doors Open Art Making(CAS) 1:30pm Residents' Council (A2 RR) 2:00pm Spiritual Program with Rabbi Rena (A5 RR) 6:00pm Game Night Delight (LH) 6:00pm Obie Games (4EI)	20 10:00am Doors Open Art Making (CAS) 10:30am Exercise (RR) 1:30pm Gardening (RR Balcony) 1:30pm Resident Food Committee (A2RR) 1:30pm Art - At the Beach (RR) 3:00pm Drama Club (LH) 6:00pm Creative Connections Poetry Group (LH)	21 10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Word Game(RR) 2:30pm Doors Open Art Making (CAS) 2:45pm Sharing Dance Class (SA) 3:00pm Aromatherapy (on units) 6:00pm Travelogue (LH)	22 10:30am Green Thumbs & Gardens (Meet South Garden) 10:30am Music Appreciation: The Sounds of Summertime (RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)	23 9:30am Orthodox Shabbat Service (WS)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	29	30
	10:00am Doors Open Art Making (CAS) 10:30am Spiritual Hymn Sing (RR) 1:30pm Bingo (RR) 3:00pm Meditation & Movement (LH) 4:00pm Torah Class with Rabbi David (A2 RR)	10:30am Musar (A2 RR) 11:00am Morning Kick Off Exercise (SA) 12:00pm BBQ (4RF) 1:30pm Doors Open Art Making(CAS) 2:00pm Spiritual Program with Rabbi Rena (A5 RR) 3:00pm Bingo (LH) 6:00pm Game Show! (LH) 6:00pm Obie Games (4GS)	10:00am Doors Open Art Making (CAS) 10:30am Exercise (RR) 1:30pm Gardening (RR Balcony) 1:30pm Creative Arts (A4 RR) 6:00pm Karaoke Pub Night! (LH)	10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Trivia (RR) 2:30pm Doors Open Art Making (CAS) 2:45pm Sharing Dance Class (SA) 3:00pm Aromatherapy (on units) 6:00pm Memories & Melodies (LH)	10:30am Green Thumbs & Gardens (Meet South Garden) 10:30am Reminiscing - Back to School (RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat & Festive Kiddush (SA)	9:30am Orthodox Shabbat Service (WS)
31						
10:30am Active Games (SA) 1:30pm Sunday Concert (SA)						