

BAYCREST BULLETIN

A snapshot of Baycrest news and events - February 2022

IN THIS ISSUE

BAYCREST'S ENVIRONMENTAL SERVICES TEAM RECEIVES A LEADING PRACTICE AWARD

THERAPEUTIC RECREATION STAFF ARE BRINGING THE WORLD TO OUR CLIENTS

THE LEAP ONLINE INNOVATION COMMUNITY IS LOOKING FOR MEMBERS

BAYCREST NAMED CANADA'S #1 MOST RESEARCH-INTENSIVE HOSPITAL

INNOVATION UPDATES

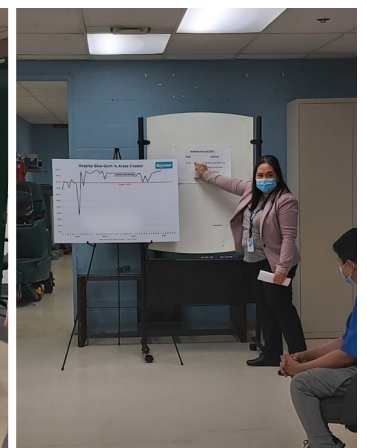
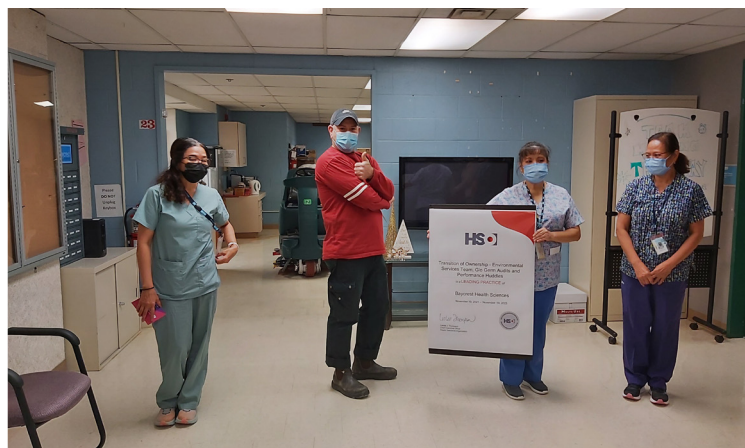
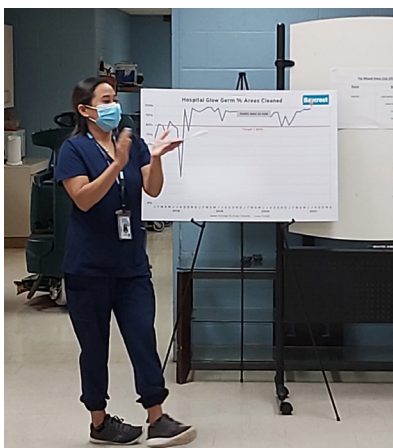


Baycrest's Environmental Services Team Receives a Leading Practice Award

At Baycrest, we are committed to providing a clean and well-maintained space for our clients, families, staff and physicians.

Recently, these efforts were recognized when Baycrest's Environmental Services (EVS) team received a Health Standards Organization (HSO) Leading Practice Award for their regular cleaning audits and the way in which the results are shared during their performance huddles.

Glo Germ™ cleaning audits are one of the common methods used to monitor and improve hospital cleanliness. These audits use Glo Germ gel or lotion, which is invisible under regular light, to mark high-touch areas in patient rooms and washrooms prior to cleaning by housekeeping staff. After cleaning, EVS supervisors inspect high-touch surfaces for the presence of gel that glows under ultraviolet (UV) light using a UV flashlight.



Continued on the next page

...from page 1

Since the fall of 2020, the EVS Department has formally embedded Glo Germ audit reviews as a standing agenda item into EVS team performance huddles. After thorough consultations and training by quality improvement specialists, the responsibility of leading these reviews has transitioned to EVS staff.

At the monthly huddles attended by housekeeping staff, supervisors and managers, staff review measures that they

have selected for their performance board. The board acts as a visual tool to monitor team performance and identify improvement opportunities.

With results consistently above target, we celebrate the incredible work of our EVS team throughout the year that helps keep everyone on our campus safe.

Therapeutic Recreation Staff Are Bringing the World to Our Clients



At Baycrest, therapeutic recreationists are bringing the world to our clients using virtual reality.

Virtual reality is a novel technology that uses headsets to create simulated, yet highly realistic environments. Using both visual and auditory stimulation, virtual reality creates an immersive experience that looks and feels like you have been transported to a new world.

This multi-sensory experience enables our therapeutic recreationists to explore various uses that help mitigate social isolation, manage responsive behaviours and bring joy, excitement and wonder to our clients.

The Apotex Centre, Jewish Home for the Aged began offering virtual reality sessions to residents in 2021 and the results have been outstanding ever since.

Shari Fremeth-Tepper, a therapeutic recreationist in the Apotex, helped a resident “travel” around the world using virtual reality. “She really enjoyed the experience,” said Fremeth-Tepper. “She was happy and very descriptive in telling us what she was seeing. She said she would definitely love to do it again.”

Even family members have noticed a positive change in their loved one’s behaviour. “The resident’s daughter was absolutely thrilled. She said she hasn’t heard her mom sound so animated and excited about something in such a long time and that her mom was in such a great mood after the virtual reality session,” said Fremeth-Tepper.

To date, there have been 543 successful virtual reality sessions, and Baycrest is currently in the process of expanding the availability of this highly beneficial technology to more locations across campus and in the community.



The Leap Online Innovation Community is Looking for Members

Are you interested in improving aging and brain health innovations designed to enhance the way we age? If you answered yes, then Leap is the place for you.

Created by the Centre for Aging + Brain Health Innovation (CABHI), Leap is an online community where we share, learn, collaborate and advise on the solutions that are being developed to make aging better.

The Leap community is ready to welcome older adults and caregivers interested in

connecting with others and sharing their lived experience and insights. Along the way, you can access opportunities to build your own digital skills and confidence, attend virtual events with other members and innovators and explore learning resources on aging, brain health, caregiving and innovation.

Leap is free to join and already has hundreds of members. Learn more at www.CABHI.com/Leap.



Baycrest Named Canada's #1 Most Research-Intensive Hospital

Baycrest is proud to be recognized as the #1 most research-intensive hospital in Canada, according to Research Infosource's latest rankings for Canada's Top 40 Research Hospitals.

Led by Baycrest's world-renowned Rotman Research Institute (RRI), Baycrest scientists attracted an average of \$997,000 each in research funding last year. Baycrest has been recognized among Canada's top research-intensive hospitals for 10 years in a row. Baycrest also ranked as Canada's third research hospital by growth this year, with a 47 per cent increase in research spending year over year, and moved up eight positions in overall ranking over the past five years.

Despite the ongoing challenges of the COVID-19 pandemic, the RRI has continued to increase the reach of its critical research in aging and brain health, Alzheimer's and related dementias, sensory and cognitive neuroscience, and neuroinformatics and computational neuroscience. Baycrest is also the national scientific headquarters for the Canadian Consortium on Neurodegeneration in Aging (CCNA), Canada's largest dementia research initiative, which brings together over 300 of the country's leading researchers and clinicians to defeat dementia.

"Now more than ever, Canada must ensure all older people can live their best possible lives. To reach that goal, research is critical to show us how to optimize aging and brain health for each individual," says Dr. Allison Sekuler, Vice-President, Research and the Sandra A. Rotman Chair in Cognitive Neuroscience at Baycrest, and Professor at the University of Toronto. "We are extremely grateful to the funders of our

foundational and translational research addressing this vital issue; to the extraordinarily talented and creative scientists, staff and students who move the work forward; and to the community of older adults and caregivers who give so generously of their time to help us create a world where everyone is empowered to age fearlessly."

"Baycrest's vision is a world where every older adult enjoys a life of purpose, inspiration and fulfilment. The critical research at the RRI and across the Baycrest campus is paving the way towards this vision and a world where every older adult can *Fear No Age*™," says Dr. William Reichman, President and Chief Executive Officer of Baycrest.



Updates, Questions and Comments

The health and well-being of everyone at Baycrest is our priority, and we are doing everything we can to serve the needs of our residents and patients during this time. Baycrest is committed to communicating with you about COVID-19. For the most up-to-date information, please visit the intranet

or www.baycrest.org and sign up to get email notifications when there are COVID-19 updates. Please also refer to the list of Frequently Asked Questions, which we continue to update. If you have questions or comments, please email covidquestions@baycrest.org

How to Wear a Mask

For the safety of everyone, please wear your mask properly. Make sure your mask covers your nose, mouth and chin.

Please also wear eye protection when you are in close contact with a patient or resident.



Innovation Updates - Upcoming Webinars



Embrace The Joy of Dance! Learn More and Take Part in Sharing Dance At Home!

Developed by Baycrest and Canada's National Ballet School, Sharing Dance Older Adults offers accessible, high-quality dance programming that engages participants in meaningful dance activity that benefits physical, emotional and social well-being. To learn more, go to [bit.ly/ SharingDanceAtHome](https://bit.ly/SharingDanceAtHome). Subscribe to access streamed videos, and follow along with dance experts from Canada's National Ballet School as they lead you through 20-minute classes. Take classes 'in your seat' by going to bit.ly/SDInYourSeat or 'on your feet' by going to bit.ly/SDOnYourFeet. No dance experience is required. Enjoy 100% off a monthly subscription for three months by using the promo code COGNICITI. **Go to oa.sharingdance.ca to learn how. Code extended to February 28, 2022.**



Spots Available for Baycrest's Free Medication Management Service

If you are a caregiver or an older adult living alone and you would like support managing your medications, sign up for Baycrest's new medication management service. This service offers a consultation with a Baycrest pharmacist and a personalized medication review, on-demand access to clinical support, a review of tools and devices that simplify medication management and more. If you would like to learn more about the service, contact info@baycrestathome.ca.

To sign up for the service, go to bit.ly/mmpilot



Explore dance across cultures with Baycrest@Home and Nova Dance

Delight in this monthly interactive dance experience highlighting dances from across the globe, and try out some moves from the comfort of home. Over the course of an hour, participants will get virtually up close and personal as each dancer shares the joys of dance and movement. Participants are also encouraged to ask questions and share thoughts on the experience. This exciting event is designed for older adults with memory changes and their families. **To view the 2022 schedule and register, visit <https://programs.baycrestathome.ca/discover-dance/>.**



Thank you
Team
Baycrest

FEAR NO AGE™

Baycrest

FEAR NO AGE™

Baycrest



UNIVERSITY OF
TORONTO

Baycrest is fully affiliated
with the University of Toronto

3560 Bathurst Street
Toronto | ON | M6A 2E1
416 785 2500 | www.baycrest.org

Contribute your
Baycrest stories,
news and events at
marketing@baycrest.org