

BAYCREST BULLETIN

A snapshot of Baycrest news and events / November 2025

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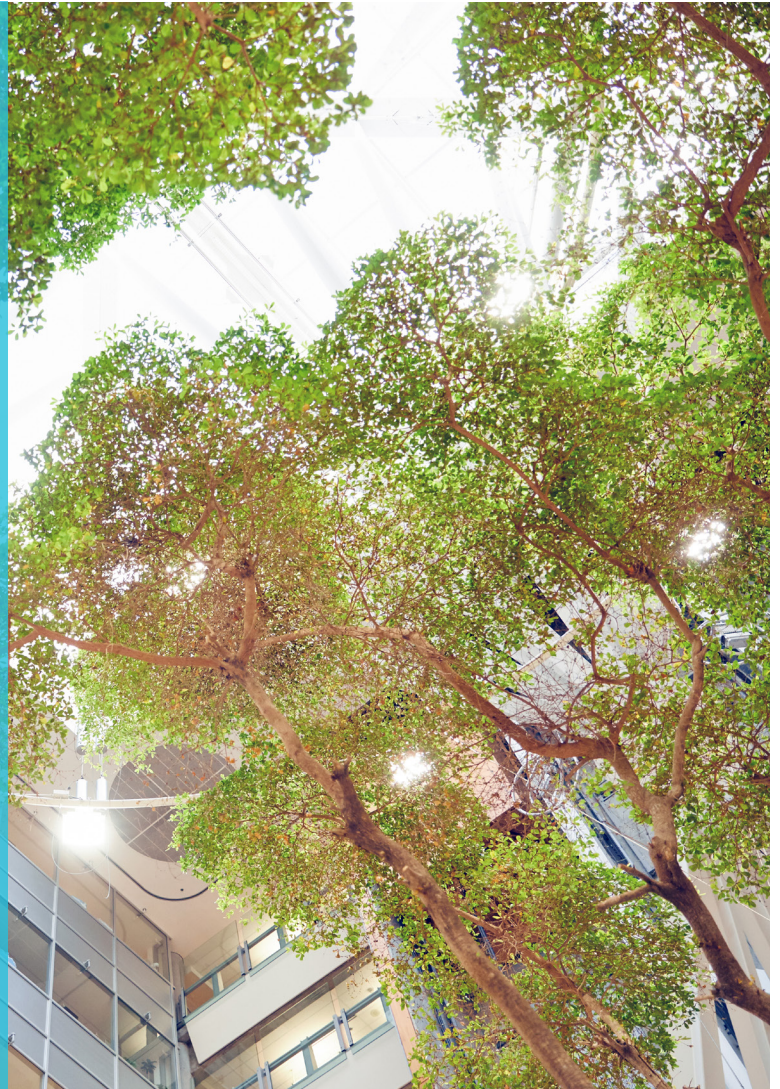
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Dr. Howard Chertkow Featured by News Outlets Following Health Canada Announcement



Health Canada recently announced the approval of Lecanemab (brand name Leqembi), which is the first drug that can slow the progression of early-stage Alzheimer's disease. Baycrest senior scientist, Dr. Howard Chertkow, provided commentary and context about the announcement on several news programs including CBC and CityNews, both in print and video stories. The CBC story can be accessed by searching the headline: "What we know about the Alzheimer's drug Health Canada approved".

Baycrest Marks Holocaust Education Week

From November 3 through 7, Baycrest marked Holocaust Education Week, a time to remember, reflect and reaffirm our shared commitment to never forget. As home to the largest group of Holocaust survivors in Canada, Baycrest honours their stories, preserves their legacy and ensures that the lessons of their lives continue to be heard and shared.

We marked Holocaust Education Week with a series of events:

- **Talks by Holocaust survivors** - Baycrest welcomed survivors each day of Holocaust Education Week. They spoke movingly and honestly about their lives and experiences, reminding everyone how important it is not to forget the atrocities of the Holocaust, and to identify and repudiate hatred and bigotry whenever and wherever we find it. Baycrest was also pleased to have nearly 500 students from local schools join us for the survivor talks, to educate and engage the next generation in creating a more inclusive world.

- **Art in the Holocaust** was a self-guided art exhibition on display throughout the week in the Silverman Garden Court. Art in the Holocaust shared a selection of artworks from the Yad Vashem (World Holocaust Remembrance Centre) Collection. The artworks were created by 20 artists during the Holocaust (1939-1945) and reflect the tension between the inclination to document the terrible events endured and the desire to break free through art. The works stand as testimony to the human spirit that refuses to surrender.



- **The Sign that Tells a Story: Survival, Memory and Community** - Michael Ferman, Baycrest's Director of Heritage and Spiritual Care, shared the story of his grandparents, Lewis and Grunia Ferman who are Holocaust survivors, and how the rediscovery of their Lewis Ferman & Co. sign revealed a powerful story of survival and renewal and is now preserved at The Rooms, Newfoundland's provincial museum.

Remembrance Day Ceremony - Mark Your Calendar

Please mark your calendar and join the Heritage and Spiritual Care team on Tuesday, November 11 to mark Remembrance Day with a ceremony in the Sharp Atrium at 10:30 a.m. We will observe a moment of silence at 11 a.m.

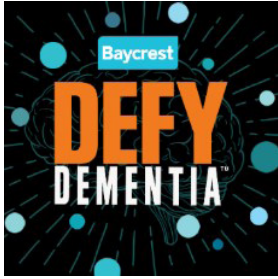
A link is also available for those wishing to participate virtually:

Zoom details:

Meeting ID: 987 8431 7505 / **Passcode:** 693175.



DEFY DEMENTIA™ Virtual Podcast Club – Healthy Mouth, Healthy Brain



between oral health and brain health from how infections

Join the Defy Dementia team on November 13 at 2 p.m. for a free Defy Dementia on the Road – A Podcast Club Experience virtual event that brings together lived experience, expert insight and guided discussion. Together, we'll explore the connection

and inflammation may influence dementia risk, to practical ways we can protect our teeth and our brains. Expect a conversation that blends science, storytelling and simple actions to support lifelong brain health. Attendees are encouraged to listen to the featured podcast Episode 29 in advance and jot down any reflection questions or insights.

Listen now at defydementia.org or wherever you get your podcasts.

New Culture Hub Exhibition - BLOOMS

The newest art exhibition is now open in The Ronald & Nancy Kalifer Culture Hub (located on the ground floor of the Apotex). BLOOMS offers a vibrant celebration of renewal and growth, allowing visitors to explore paintings inspired by nature and captured by artists Sandy Lyons and Rhoda Payne. In the fireplace room, you can enter the artist's studio to see their creative process and explore the tools, materials and sketches used in the creation of BLOOMS. The exhibition will be on display until April.



Baycrest Concert Series

All are welcome at the concerts held in the Sharp Atrium (unless otherwise noted) featuring a variety of musical performers. We are pleased to introduce two new concert offerings thanks to the support of the Solomon and Tauba Spiro Family Foundation. Please see below for the upcoming concerts:

- **NEW** beginning Sunday, November 9, at 10:30 a.m. and on Tuesdays at 6:30 p.m. join us weekly to enjoy instrumental performances
- Thursday, November 13, 10:30 a.m. - Janie Respitz
- Sunday, November 16, 1:30 p.m. - Noah Kosta
- **NEW** One Thursday per month concerts will take place in the Sharp Atrium - on Thursday, November 20, at 10:30 a.m. enjoy award-winning Ethiopian Jewish Jazz with the Daniel Barnes Quartet in celebration of the Jewish holiday of Sigd
- Thursday, November 27, 10:30 a.m. - Allen Charney



Baycrest is grateful to the Tauba and Solomon Spiro Family Foundation and The Wilkes Family who generously provide funding for our concert series.

Opening of The Nooks - Redesigned Apotex Lounge Spaces



The Apotex, Jewish Home for the Aged is excited to announce the opening of The Nooks, the beautifully redesigned lounge spaces offering residents, families and caregivers places to relax, connect and be inspired. Each floor's Nook features a unique theme, artwork from the Baycrest Art Collection and sensory elements such as books, music and creative activities that invite reflection as well as active engagement. While the Nooks are open and available for use now, an official Ribbon Cutting Ceremony will take place on Wednesday, November 12 from 11 a.m. to 12 p.m. on floors 2, 3, 4, 5 and 6. A short program will take place as part of the ceremony and all residents, families and staff are welcome to attend.

Baycrest Health Talks - Meaningful Engagement of People Living with Dementia

The next Baycrest Health Talk takes place on Thursday, November 20 from 1 p.m. to 2 p.m. and will feature Rachel Gavendo, Manager, Recreation, Arts and Life Enrichment. Rachel will discuss the article: "Finding Suitable Activities" by The Alzheimer Society of Canada. The session is free and open to all. Participants may attend in-person at the Centre for Health Information on the first floor of the Apotex Centre, or virtually on Zoom. Visit www.Baycrest.org/HealthTalks to find the event Zoom link.



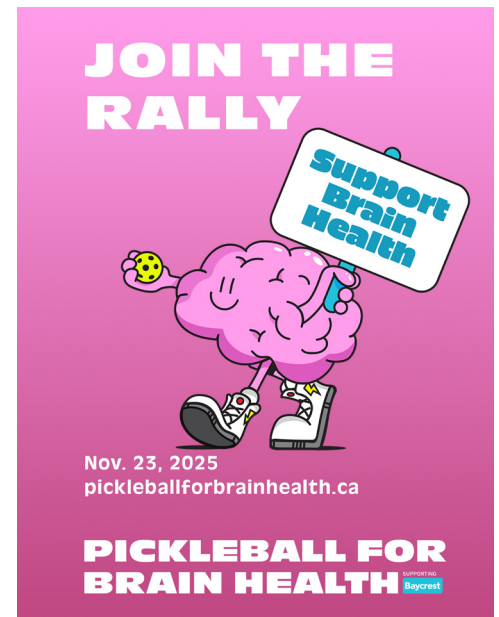
Apotex Jewish Home for the Aged Family Nursing Home Quality of Life Survey



Families and caregivers are invited to participate in our annual Family Survey on Nursing Home Quality of Life. The survey is designed to gather feedback about experiences as a family member, caregiver or friend of a resident living in the Apotex. Feedback will help us improve the care and services provided to residents. All responses and comments will be treated

confidentially. Hard copy surveys were mailed on Friday, October 31, 2025, but surveys can also be completed electronically by scanning the QR code.

Deadline to submit a survey is Friday, December 19, 2025.



Baycrest



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with the University of Toronto

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