

BAYCREST BULLETIN

A snapshot of Baycrest news and events / September 2025

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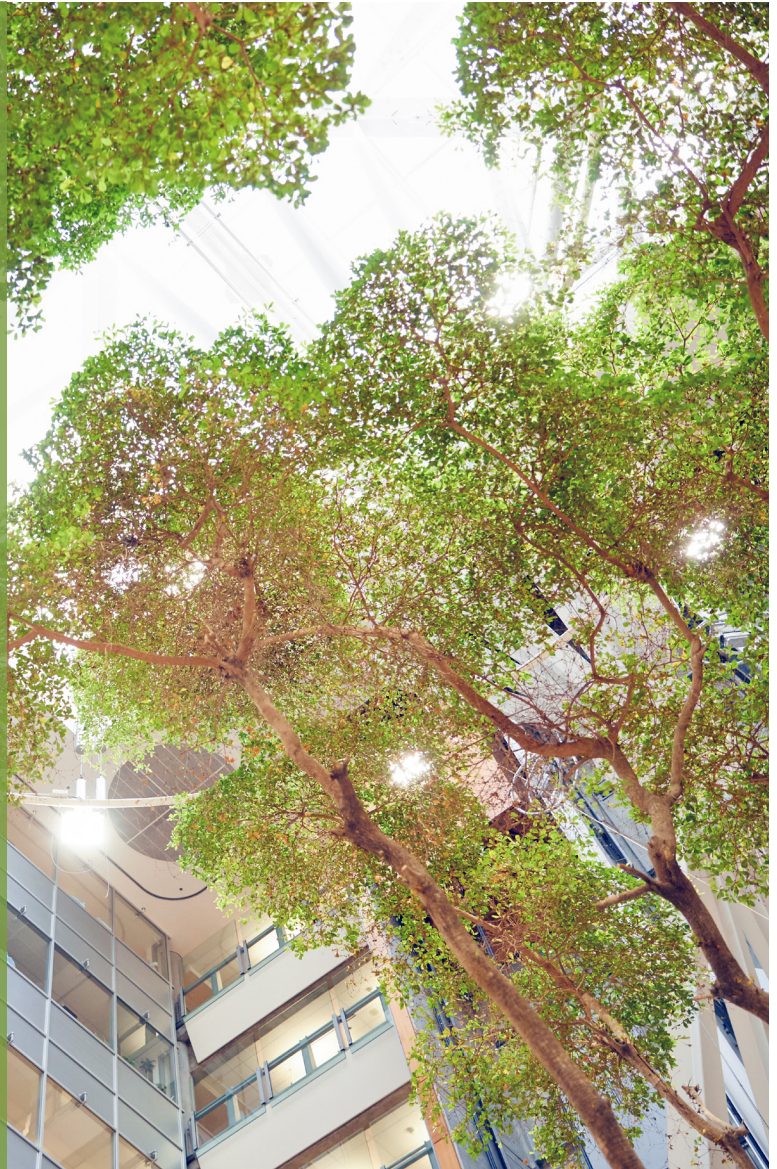
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In Memory of Ken Dryden, Baycrest Board Member



We are saddened to share that our colleague and friend, Ken Dryden, passed away on Friday, September 5. Ken served with great dedication on the Baycrest Seniors Care and CABHI boards, offering his wisdom and thoughtfulness to every discussion. His presence will be deeply missed by all of us.

As Baycrest President and CEO, Dr. William Reichman said: "Ken was a remarkably respected and tremendous contributor to our organization and of course, to all of Canadian society; he will be greatly missed by all of us." We send our heartfelt sympathies to Ken's family and hold them in our thoughts during this difficult time.

Dr. Claude Alain Interviewed by CTV News Onsite at Baycrest



Baycrest's Dr. Claude Alain, Senior Scientist, Rotman Research Institute, was recently interviewed on campus by CTV reporter Pauline Chan about his study in collaboration with the

Chinese Academy of Sciences revealing that playing a musical instrument could protect against age-related decline. Dr. Alain

spoke about his research and took CTV on a visual tour of some of Baycrest's research areas. The story also featured Baycrest volunteer Richard Parnes who has been playing the piano on campus for a number of years. Richard played for the story and also spoke about his own experience with music which has spanned much of his life and been a family affair, as his late father was a band leader.

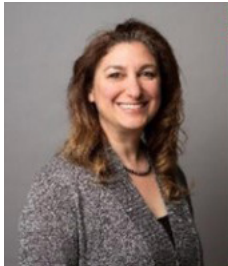
Dr. Galit Kleiner's Paratonia Work Featured in OHA Health System News



Baycrest's Dr. Galit Kleiner, Principal Investigator at the Paratonia Research Platform, Baycrest Academy for Research and Education, and Movement Disorders Neurologist at Baycrest Hospital and her groundbreaking work treating

paratonia in dementia patients is highlighted in the current edition of the Ontario Hospital Association's Health System News in the item titled "Discovering New Possibilities in Dementia Care."

Dr. Allison Sekuler Elected Fellow of the Canadian Academy of Health



Congratulations to Dr. Allison Sekuler, President and Chief Scientist of the Baycrest Academy for Research and Education and the Centre for Aging + Brain Health Innovation powered by Baycrest, on being elected a Fellow of the Canadian Academy of Health

Sciences (CAHS). Election to the CAHS is one of the highest honours in the Canadian health sciences community and recognizes outstanding contributions to the field. Dr. Sekuler was elected for her leadership in advancing brain health and aging research and for driving progress in dementia prevention and predictive neuroscience.

Celebrating the Jewish High Holy Days and Festive Days at Baycrest



Baycrest will celebrate the High Holy Days and Festive Days beginning with the Jewish New Year, Rosh Hashana on September 23 and 24, (Tishrei 1-2), a time to hear the blast of the Shofar, share apples and honey and celebrate together as residents, patients, families, staff, volunteers and friends. On Yom Kippur, October 2, (Tishrei 10), we gather for prayer, introspection and remembrance, including a Yizkor service to honour our loved ones who are no longer with us.

The holidays continue with Sukkot. Beginning at sundown on October 5, and continuing to October 13, Sukkot includes a special commandment to be happy along with the tradition of building and decorating the Sukkah with festive decorations to enhance the joyful atmosphere of this festival. Shemini Atzeret, October 14, (Tishrei 22), is set aside for reflection, prayer and the Yizkor (Memorial) Service to honour our loved ones. Simchat Torah, on October 15, (Tishrei 23), is a lively holiday marking the completion of the annual Torah reading cycle and the immediate start of a new one. Our community is invited to join us for these celebrations as we embrace the spirit of renewal and joy. For more information, please see the LCD screens and flyers posted around campus.

High Holy Day Door Closures

During Rosh Hashanah and Yom Kippur, please use Entrance #7 (Apotex) and Entrance #3 (Bathurst Street) to access campus, as all other entrances will be closed. The sliding doors will be locked at 9 p.m., after which visitors can use the intercom outside doors for assistance from our Security team. For additional support, please call 416-785-2500 ext. 2050. Please check signage and flyers for other information pertaining to campus access during the High Holidays.

Baycrest Museum on Wheels Relaunches with New Coordinator



Baycrest warmly welcomes Aden Benarroch as the new Museum Coordinator at the Sally and Morris Justein Heritage Museum. Aden brings experience creating and running museum programs and exhibitions and loves hearing people's stories. As

part of his new role, Aden is excited to help relaunch the Museum on Wheels program for the upcoming holidays

of Rosh Hashanah and Sukkot with a call for donations of objects related to the holidays to enrich the experience for participants. Suggested items include shofars, yads, honey dishes, etrog holders, lulav bags and kittels and well-loved items are welcome. Those with an object to donate are asked to reach out to Aden at abenarroch@baycrest.org by Wednesday, September 17.

Enjoy Musical Performances in the Sharp Atrium Throughout September

Baycrest hosts a regular concert series in the Sharp Atrium with a variety of musical performers entertaining our community. All are welcome to drop by and enjoy some great music. Here is the September concert schedule:

- Thursday, September 11, 10:30 a.m. to 11:30 a.m. - James Regan
- Sunday, September 14, 1:30 p.m. to 2:30 p.m. - York Regional Police Community Chorus
- Thursday, September 18, 10:30 a.m. to 11:30 a.m. - The Neptune Choir
- Sunday, September 21, 1:30 p.m. to 2:30 p.m. - Bernice Golpin
- Thursday, September 25, 10:30 a.m. to 11:30 a.m. - Mark Youhanan
- Sunday, September 28, 1:30 p.m. to 2:30 p.m. - Jonno Lightstone and Klezmer Band



Baycrest is grateful to Tauba and Solomon Spiro and The Wilkes Family who generously provide funding for the concert series.



**NATIONAL DAY
OF TRUTH AND
RECONCILIATION**
SEPTEMBER 30

Acknowledging the National Day for Truth and Reconciliation is important to foster understanding, honour survivors and contribute to a future built on mutual respect and learning between Indigenous and non-Indigenous communities through continued learning, dialogue, and concrete actions for the future. Baycrest will mark the National Day for Truth and Reconciliation for 2025 on **Tuesday, September 30**, and we invite you to join our Baycrest community in the Sharp Atrium from 10 a.m. to 12 p.m. to engage in meaningful conversation focused on acknowledgement, activities and information around topics such as “Every Child Matters” and “Orange Shirt Day”. You may also place a ribbon on the community display and take a ribbon or sticker with you to facilitate continuing this important conversation. Baycrest will be purchasing the ribbons and stickers from Canadian and Indigenous-owned companies, and all proceeds are donated back to Indigenous initiatives or were created by Indigenous artists.

Baycrest Centre for Health Information Event: “Where Did I Bury that Treasure? Strategies for Remembering”



Baycrest’s Centre for Health Information is hosting Health Talks, a free public event on **Thursday, September 18** from **11 a.m. to 12 p.m.** where Dr. Susan Vander Morris, C. Psych and Clinical Neuropsychologist

in the Memory and Aging Program® and in the Neuropsychological Evaluation Service at Baycrest, will discuss the core concepts and learnings highlighted in the Psychology Today article “Why It’s So Hard to Find the Things We Hide” by Dr. Anne M. Cleary. This event is available in person at the Centre for Health Information on the first floor of the Apotex Centre. It is also available online. To join virtually, visit the Health Talks page on baycrest.org or email betterliving@baycrest.org for the Zoom link

Calling All Pickleballers – “Neuro” Invites You to Play for Baycrest



Pickleball is Canada’s and North America’s fastest growing sport, and it ticks the boxes of multiple dementia prevention domains: It’s socially and cognitively engaging, requires strategic movement, hand-eye coordination and memory. With its **Pickleball for Brain Health** fundraiser, Baycrest Foundation taps into a cultural movement – appealing not only to older adults but also to younger players embracing active, healthy lifestyles. This inclusive, timely connection also reinforces Baycrest’s leadership in brain health and dementia prevention. Pickleball for Brain Health takes place on November 23 at Rally, Sherwood Village, Mississauga. The registration fee is \$95, which includes a t-shirt and food and drinks at the event. There is a fundraising minimum of \$500 per player.

To learn more or register, and to see our mascot Neuro in action visit <https://pickleballforbrainhealth.ca>

Baycrest

FEAR NO AGE™



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TORONTO

Baycrest is fully affiliated
with the University of Toronto

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Baycrest stories,
news and events at**
marketing@baycrest.org