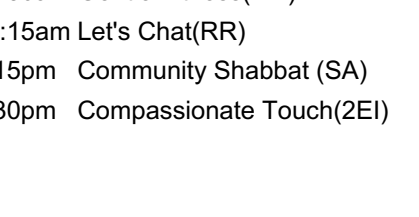
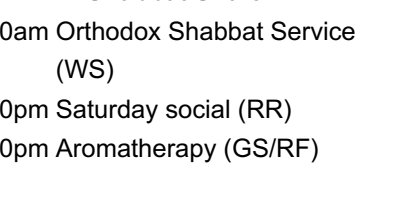


| Sunday                                                                                                                                                                     | Monday                                                                                                                                                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                                                                                                                                       | Thursday                                                                                                                                                                                                                                                                   | Friday                                                                                                                                                             | Saturday                                                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                            | <b>Recreationist's contact info</b><br><br>For any questions, please contact<br>Natalie Vanderhyden (ext. 6032)<br>Robert McIntosh (ext. 2394)<br>Gurnoor Pannu (ext. 2051)                                                                                                                                              | <b><u>Program Location Legend</u></b><br><b>RR</b> = Recreation Room<br><b>EI</b> = Elmgrove/Ivywood<br><b>RF</b> = Redbird/Floral Place<br><b>GS</b> = Goldenlane/Stoneway<br><b>LH</b> = Loftus Hall<br><b>CAS</b> = Creative Arts Studio<br><b>CH</b> = Culture Hub                     | <b><u>Program Location Legend</u></b><br><b>WS</b> = Wolinsky Synagouge<br><b>WH</b> = Wortsman Hall<br><b>JT</b> = Jacob Theatre<br><b>WAG</b> = WA Cafe Garden<br><b>WA</b> = W.A. Cafe<br><b>SA</b> = Sharp Family Atrium<br><b>SG</b> = Secure Garden                                                       |                                                                                                                                                                                         |                                                                                 |                                                                              |
| 10:30am Gentle Fitness (RR)<br>10:30am Instrumental Music in the Atrium (SA)<br>1:30pm Art social (RR)<br>1:30pm Sunday Concert (SA)<br>3:30pm Compassionate Touch (EI/GS) | 10:00am Doors Open Art Making (CAS)<br><br>10:30am Gentle Fitness(RR)<br>11:05am Ladies Discussion group(RR)<br>1:30pm Buddy's Glee Club (A3RR)<br>*referral only<br>1:30pm Word Games(RR)<br>3:00pm Storytelling For The Soul (A6 RR)<br>3:30pm Compassionate Touch(2GS)<br>4:00pm Torah Class with Rabbi David (A2 RR) | 10:00am Creative Arts (CAS)<br>10:30am Musar (A2 RR)<br>11:00am Morning Kick Off Exercise (SA)<br>1:30pm Active Games (RR)<br>1:30pm Doors Open Art Making(CAS)<br>1:30pm Montessori(on units)<br>3:00pm Bingo (LH)<br>6:30pm Instrumental Music in the Atrium (SA)                        | 10:00am Pet therapy visits(On units)<br>10:00am Doors Open Art Making (CAS)<br>11:00am Music Therapy (A2RF)<br>*referral only<br>1:30pm Concert (A2RR)<br>1:30pm Jewish Storytelling (A5 RR)<br>3:30pm Aromatherapy(2EI)<br>6:00pm Creative Storytelling (RR)<br>6:00pm Creative Connections Poetry Group (LH)  | 10:00am Creative Arts (CAS)<br>10:30am Concert (SA)<br>1:30pm Bingo(RR)<br>1:30pm Shared Wisdom (A7 RR)<br>2:30pm Doors Open Art Making (CAS)<br><br>3:00pm Sharing Dance (SA)<br>3:30pm Friendly visits-Helping Hands(on units)                                           | 10:30am Gentle Fitness(RR)<br>11:15am Let's Chat(RR)<br>1:30pm Doors Open Art Making (CAS)<br><br>2:15pm Community Shabbat (SA)<br>3:30pm 1:1 TR Visits (on units) | <b>Shabbat Shalom!</b><br><br>9:30am Orthodox Shabbat Service (WS)<br><br>1:30pm Saturday social (RR)<br>3:30pm Aromatherapy (GS/RF)                            |
| 10:30am Instrumental Music in the Atrium (SA)<br>1:30pm Arts and crafts (RR)<br>3:30pm Aromatherapy (RF/EI)                                                                | 10:00am Doors Open Art Making (CAS)<br><br>10:30am Gentle Fitness(RR)<br>11:05am Ladies Discussion group(RR)<br>1:30pm Buddy's Glee Club (A3RR)<br>*referral only<br>1:30pm Movie Matinee (JT)<br>3:00pm Storytelling For The Soul (A6 RR)<br>4:00pm Torah Class with Rabbi David (A2 RR)<br>6:00pm Documentary(RR)      | 10:00am Creative Arts (CAS)<br>10:30am Musar (A2 RR)<br>1:30pm Doors Open Art Making(CAS)<br>1:30pm Montessori(on units)<br>1:30pm Hot Chocolate and Stories (RR)<br>1:30pm Spiritual Program with Rabbi Rena (A5 RR)<br>3:00pm Bingo (LH)<br>6:30pm Instrumental Music in the Atrium (SA) | 9:15am Breakfast Club (A2RR)<br>10:00am Pet therapy visits(On units)<br>10:00am Doors Open Art Making (CAS)<br>11:00am Music Therapy (A2RF)<br>*referral only<br>1:30pm Balloon Tennis (RR)<br>1:30pm Jewish Storytelling (A5 RR)<br>6:00pm Name that tune(RR)<br>6:00pm Creative Connections Poetry Group (LH) | 10:00am Creative Arts (CAS)<br>10:30am Concert (SA)<br>1:30pm Bingo(RR)<br>1:30pm Shared Wisdom (A7 RR)<br>2:30pm Doors Open Art Making (CAS)<br><br>3:00pm Sharing Dance (SA)<br>3:30pm Friendly Visits-Resident walks(On Units)<br>6:00pm Baycrest Buddies' Concert (SA) | 10:30am Gentle Fitness(RR)<br>11:15am Let's Chat(RR)<br>1:30pm Doors Open Art Making (CAS)<br><br>2:15pm Community Shabbat (SA)<br>3:30pm Compassionate Touch(2RF) | <b>Shabbat Shalom!</b><br><br>9:30am Orthodox Shabbat Service (WS)<br><br>10:30am Fun & Fitness (RR)<br>1:30pm Paint & Chat (RR)<br>3:30pm Resident walks (2RF) |



| Sunday                                                                                                                                                                                        | Monday                                                                                                                                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                                                                         | Wednesday                                                                                                                                                                                                                                                                       | Thursday                                                                                                                                                                                                                                                                                                                                           | Friday                                                                                                                                                            | Saturday                                                                                                                                                                      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 18                                                                                                                                                                                            | 19                                                                                                                                                                                                                                                                                                       | 20                                                                                                                                                                                                                                                                                                              | 21                                                                                                                                                                                                                                                                              | 22                                                                                                                                                                                                                                                                                                                                                 | 23                                                                                                                                                                | 24                                                                                                                                                                            |
| 10:30am Instrumental Music in the Atrium (SA)<br>1:30pm Art and chat ( RR)<br>1:30pm Sunday Concert (SA)<br>3:30pm 1:1 TR Visits (RF/GS)                                                      | 10:00am Doors Open Art Making (CAS)<br>10:30am Gentle Fitness(RR)<br>11:05am Ladies Discussion group(RR)<br>1:30pm Buddy's Glee Club (A3RR)<br>*referral only<br>1:30pm Jeopardy(RR)<br>3:00pm Storytelling For The Soul (A6 RR)<br>4:00pm Torah Class with Rabbi David (A2 RR)<br>6:00pm Word Games(RR) | 10:00am Creative Arts (CAS)<br>10:30am Musar (A2 RR)<br>11:00am Morning Kick Off Exercise (SA)<br>1:30pm Doors Open Art Making(CAS)<br>1:30pm Montessori(on units)<br>1:30pm Residents' Council (A2 RR)<br>1:45pm Resident walks(Off unit)<br>3:00pm Bingo (LH)<br>6:30pm Instrumental Music in the Atrium (SA) | 10:00am Pet therapy visits(On units)<br>11:00am Music Therapy (A2RF)<br>*referral only<br>1:30pm Jewish Storytelling (A5 RR)<br>1:30pm Movie Afternoon(RR)<br>3:30pm Kindness Kit Packing (SA)<br>6:00pm Arm Chair Travel (RR)<br>6:00pm Creative Connections Poetry Group (LH) | 10:00am Creative Arts (CAS)<br>10:30am Concert (SA)<br>1:30pm Bingo(RR)<br>1:30pm Shared Wisdom (A7 RR)<br>2:30pm Doors Open Art Making (CAS)<br>3:00pm Sharing Dance (SA)<br>3:30pm Friendly Visits-Resident walks(On Units)                                                                                                                      | 10:30am Therapeutic Dance(RR)<br>11:15am Lets Chat(RR)<br>1:30pm Doors Open Art Making (CAS)<br>2:15pm Community Shabbat (SA)<br>3:30pm Compassionate Touch (2GS) | <b>Shabbat Shalom!</b><br>9:30am Orthodox Shabbat Service (WS)<br>10:30am Gentle Fitness(RR)<br>1:30pm Saturday Open Circle discussion(RR)<br>3:15pm Compassionate Touch(2GS) |
| 25                                                                                                                                                                                            | 26                                                                                                                                                                                                                                                                                                       | 27                                                                                                                                                                                                                                                                                                              | 28                                                                                                                                                                                                                                                                              | 29                                                                                                                                                                                                                                                                                                                                                 | 30                                                                                                                                                                | 31                                                                                                                                                                            |
| 10:30am Gentle Fitness (RR)<br>10:30am Instrumental Music in the Atrium (SA)<br>1:30pm Art social (RR)<br>2:00pm Baycrest's Annual Teen Takeover! (SA, LH, WA)<br>3:30pm Aromatherapy (GS/EI) | 10:00am Doors Open Art Making (CAS)<br>10:30am Gentle Fitness(RR)<br>11:05am Ladies Discussion group(RR)<br>1:30pm Buddy's Glee Club (A3RR)<br>*referral only<br>1:30pm Concert (A2RR)<br>3:00pm Storytelling For The Soul (A6 RR)<br>4:00pm Torah Class with Rabbi David (A2 RR)<br>6:00pm Trivia(RR)   | 10:30am International Holocaust Remembrance Day Ceremony (SA)<br>1:30pm Doors Open Art Making(CAS)<br>1:30pm Games Cafe(RR)<br>1:30pm Montessori(on units)<br>3:00pm Bingo (LH)<br>6:30pm Instrumental Music in the Atrium (SA)                                                                                 | 10:00am Pet therapy visits(On units)<br>11:00am Music Therapy (A2RF)<br>*referral only<br>1:30pm Jewish Storytelling (A5 RR)<br>1:30pm Readers Corner (RR)<br>3:30pm Aromatherapy (2EI)<br>6:00pm Comedy Hour (RR)<br>6:00pm Creative Connections Poetry Group (LH)             | 10:00am Creative Arts (CAS)<br>10:30am Concert (SA)<br>1:30pm Shared Wisdom (A7 RR)<br>Holocaust Survivor Story with York School Students (LH)<br>2:30pm Doors Open Art Making (CAS)<br>2:30pm Intergenerational Art Based Activity with York School Students (SA)<br>3:00pm Sharing Dance (SA)<br>3:30pm Friendly Visits-Resident walks(On Units) | 10:30am Gentle Fitness(RR)<br>11:15am Let's Chat(RR)<br>1:30pm Doors Open Art Making (CAS)<br>2:15pm Community Shabbat & Festive Kiddush (SA)                     | <b>Shabbat Shalom!</b><br>9:30am Orthodox Shabbat Service (WS)<br>10:30am Gentle Fitness (RR)<br>11:15am Aromatherapy ( GS/RF)                                                |