

## January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Recreationist's contact info</b> For any questions, please contact Natalie Vanderhyden (ext. 6032) Robert McIntosh (ext. 2394) Gurnoor Pannu (ext. 2051)	<b>Program Location Legend</b> <b>RR</b> = Recreation Room <b>EI</b> = Elmwood/Ivywood <b>RF</b> = Redbird/Floral Place <b>GS</b> = Goldenlane/Stoneway <b>LH</b> = Loftus Hall <b>CAS</b> = Creative Arts Studio <b>CH</b> = Culture Hub	<b>Program Location Legend</b> <b>WS</b> = Wolinsky Synagogue <b>WH</b> = Wortsman Hall <b>JT</b> = Jacob Theatre <b>WAG</b> = WA Cafe Garden <b>WA</b> = W.A. Cafe <b>SA</b> = Sharp Family Atrium <b>SG</b> = Secure Garden		1 10:30am Gentle Fitness(RR) 11:15am Let's Chat(RR) 2:15pm Community Shabbat (SA) 3:30pm Compassionate Touch(2EI)	2 <b>Shabbat Shalom!</b> 9:30am Orthodox Shabbat Service (WS) 1:30pm Saturday social (RR) 3:30pm Aromatherapy (GS/RF)
4 10:30am Gentle Fitness (RR) 10:30am Instrumental Music in the Atrium (SA) 1:30pm Art social (RR) 1:30pm Sunday Concert (SA) 3:30pm Compassionate Touch (EI/GS)	5 10:00am Doors Open Art Making (CAS) 10:30am Gentle Fitness(RR) 11:05am Ladies Discussion group(RR) 1:30pm Buddy's Glee Club (A3RR) *referral only 1:30pm Word Games(RR) 3:00pm Storytelling For The Soul (A6 RR) 3:30pm Compassionate Touch(2GS) 4:00pm Torah Class with Rabbi David (A2 RR)	6 10:00am Creative Arts (CAS) 10:30am Musar (A2 RR) 11:00am Morning Kick Off Exercise (SA) 1:30pm Active Games (RR) 1:30pm Doors Open Art Making(CAS) 1:30pm Montessori(on units) 3:00pm Bingo (LH) 6:30pm Instrumental Music in the Atrium (SA)	7 10:00am Pet therapy visits(On units) 10:00am Doors Open Art Making (CAS) 11:00am Music Therapy (A2RF) *referral only 1:30pm Concert (A2RR) 1:30pm Jewish Storytelling (A5 RR) 3:00pm Sharing Dance (SA) 3:30pm Aromatherapy(2EI) 6:00pm Creative Storytelling (RR) 6:00pm Creative Connections Poetry Group (LH)	8 10:00am Creative Arts (CAS) 10:30am Concert (SA) 1:30pm Bingo(RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Sharing Dance (SA) 3:30pm Friendly visits-Helping Hands(on units)	9 <b>Shabbat Shalom!</b> 10:30am Gentle Fitness(RR) 11:15am Let's Chat(RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:30pm 1:1 TR Visits (on units)	10
11 10:30am Instrumental Music in the Atrium (SA) 1:30pm Arts and crafts (RR) 3:30pm Aromatherapy (RF/EI)	12 10:00am Doors Open Art Making (CAS) 10:30am Gentle Fitness(RR) 11:05am Ladies Discussion group(RR) 1:30pm Buddy's Glee Club (A3RR) *referral only 1:30pm Movie Matinee (JT) 3:00pm Storytelling For The Soul (A6 RR) 4:00pm Torah Class with Rabbi David (A2 RR) 6:00pm Documentary(RR)	13 10:00am Creative Arts (CAS) 10:30am Musar (A2 RR) 1:30pm Doors Open Art Making(CAS) 1:30pm Montessori(on units) 1:30pm Hot Chocolate and Stories (RR) 1:30pm Spiritual Program with Rabbi Rena (A5 RR) 3:00pm Bingo (LH) 6:30pm Instrumental Music in the Atrium (SA)	14 9:15am Breakfast Club (A2RR) 10:00am Pet therapy visits(On units) 10:00am Doors Open Art Making (CAS) 11:00am Music Therapy (A2RF) *referral only 1:30pm Balloon Tennis (RR) 1:30pm Jewish Storytelling (A5 RR) 6:00pm Name that tune(RR) 6:00pm Creative Connections Poetry Group (LH)	15 10:00am Creative Arts (CAS) 10:30am Concert (SA) 1:30pm Bingo(RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Sharing Dance (SA) 3:30pm Friendly Visits-Resident walks(On Units) 6:00pm Baycrest Buddies' Concert (SA)	16 <b>Shabbat Shalom!</b> 10:30am Gentle Fitness(RR) 11:15am Let's Chat(RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:30pm Compassionate Touch(2RF)	17 9:30am Orthodox Shabbat Service (WS) 10:30am Fun & Fitness (RR) 1:30pm Paint & Chat (RR) 3:30pm Resident walks (2RF)

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18 10:30am Instrumental Music in the Atrium (SA) 1:30pm Art and chat ( RR) 1:30pm Sunday Concert (SA) 3:30pm 1:1 TR Visits (RF/GS)	19 10:00am Doors Open Art Making (CAS) 10:30am Gentle Fitness(RR) 11:05am Ladies Discussion group(RR) 1:30pm Buddy's Glee Club (A3RR) *referral only 1:30pm Jeopardy(RR) 3:00pm Storytelling For The Soul (A6 RR) 4:00pm Torah Class with Rabbi David (A2 RR) 6:00pm Word Games(RR)	20 10:00am Creative Arts (CAS) 10:30am Musar (A2 RR) 11:00am Morning Kick Off Exercise (SA) 1:30pm Doors Open Art Making(CAS) 1:30pm Montessori(on units) 1:30pm Residents' Council (A2 RR) 1:45pm Resident walks(Off unit) 3:00pm Bingo (LH) 6:30pm Instrumental Music in the Atrium (SA)	21 10:00am Pet therapy visits(On units) 11:00am Music Therapy (A2RF) *referral only 1:30pm Jewish Storytelling (A5 RR) 1:30pm Movie Afternoon(RR) 3:30pm Kindness Kit Packing (SA) 6:00pm Arm Chair Travel (RR) 6:00pm Creative Connections Poetry Group (LH)	22 10:00am Creative Arts (CAS) 10:30am Concert (SA) 1:30pm Bingo(RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Sharing Dance (SA) 3:30pm Friendly Visits-Resident walks(On Units)	23 10:30am Therapeutic Dance(RR) 11:15am Lets Chat(RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:30pm Compassionate Touch (2GS)	24 <b>Shabbat Shalom!</b> 9:30am Orthodox Shabbat Service (WS) 10:30am Gentle Fitness(RR) 1:30pm Saturday Open Circle discussion(RR) 3:15pm Compassionate Touch(2GS)
25 10:30am Gentle Fitness (RR) 10:30am Instrumental Music in the Atrium (SA) 1:30pm Art social (RR) 2:00pm Baycrest's Annual Teen Takeover! (SA, LH, WA) 3:30pm Aromatherapy (GS/EI)	26 10:00am Doors Open Art Making (CAS) 10:30am Gentle Fitness(RR) 11:05am Ladies Discussion group(RR) 1:30pm Buddy's Glee Club (A3RR) *referral only 1:30pm Concert (A2RR) 3:00pm Storytelling For The Soul (A6 RR) 4:00pm Torah Class with Rabbi David (A2 RR) 6:00pm Trivia(RR)	27 10:30am International Holocaust Remembrance Day Ceremony (SA) 1:30pm Doors Open Art Making(CAS) 1:30pm Games Cafe(RR) 1:30pm Montessori(on units) 3:00pm Bingo (LH) 6:30pm Instrumental Music in the Atrium (SA)	28 10:00am Pet therapy visits(On units) 11:00am Music Therapy (A2RF) *referral only 1:30pm Jewish Storytelling (A5 RR) 1:30pm Readers Corner (RR) 3:30pm Aromatherapy (2EI) 6:00pm Comedy Hour (RR) 6:00pm Creative Connections Poetry Group (LH)	29 10:00am Creative Arts (CAS) 10:30am Concert (SA) 1:30pm Shared Wisdom (A7 RR) Holocaust Survivor Story with York School Students (LH) 2:30pm Doors Open Art Making (CAS) 2:30pm Intergenerational Art Based Activity with York School Students (SA) 3:00pm Sharing Dance (SA) 3:30pm Friendly Visits-Resident walks(On Units)	30 10:30am Gentle Fitness(RR) 11:15am Let's Chat(RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat & Festive Kiddush (SA)	31 <b>Shabbat Shalom!</b> 9:30am Orthodox Shabbat Service (WS) 10:30am Gentle Fitness (RR) 11:15am Aromatherapy ( GS/RF)