Apotex 6

March 2024



| | <u> </u> | | | rtunity to attend the progra | · · · · · · · · · · · · · · · · · · · | |
|---|--|--|---|---|---|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | Program Location Legend RR - Recreation Room EI - Elmgrove/Ivywood GS - Golden Lane/Stoneway RF - Redbird/Floral Place WS - Wolinsky Synagogue SA-Sharp Family Atrium | Program Location Legend LH - Loftus Hall WH - Wortsman Hall WA - WA Cafe JT - Jacob Theatre CAS - Creative Arts Studio | | | 10:45am Community Shabbat (SA) 1:30pm CA-Doors Open Art Making(CAS) 1:30pm Virtual Reality (On Units) 3:00pm Jewish Sing Along (SA) | 9:30am Orthodox Shabbat Service (WS) 11:00am Reading Roundtable (RR) 1:30pm Friendly Visits (On units) |
| 1:30pm Sunday Concert (SA) | 10:00am CA-Doors Open Art Making(CAS) 10:30am Music Appreciation (RR) 1:30pm CA-Buddy's Glee Club (A3RR) 1:30pm CA-Movement to Music (A6RR) 1:30pm Poetry Corner (EI) 2:00pm Active Games (SA) 3:00 Jewish Storytelling (A6 RR) | 10:30am Gentle Fitness (GS) 1:15pm CA-Music Therapy (A6EI) *referral only 1:30pm Concert (A6RR) 1:30pm CA-Doors Open Art Making(CAS) 3:00pm CA-History of the Navy (A6RR) 6:00pm Game Night Delight (LH) 6:00pm Glamour Hour (On Units) | 10:00am CA-Doors Open Art Making(CAS) 1:30pm Bingo (RR) 3:00pm Canada's National Ballet Dance Class (SA) 3:00pm Sing Along (GS) 6:00pm Montessori Cart (On units) 6:00pm Poetry Group (WA) | 10:00am Sensory Cart (Rotating) 10:30am Concert (SA) 1:30pm Armchair Travel (RF) 2:30pm CA-Doors Open Art Making(CAS) | 89:00am CA - International Women's Day Special Activity - all day in the Kalifer Culture Hub (until supplies run out) (CH) 10:30am Word Games (RF) 11:00am Bible Study (A4 RR) 1:30pm CA-Doors Open Art Making(CAS) 2:00pm Welcoming Shabbat (RR) 3:00pm Meditation & Movement (LH) | 9:30am Orthodox Shabbat Service (WS) 1:30pm Games with Holy Blossom (SA) |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Daylight Savings Time - Turn clocks forward 1 hour! 2:00pm Karaoke (SA) | 10:00am CA-Doors Open Art Making(CAS) 10:30am Music Appreciation (RR) 1:30pm CA-Buddy's Glee Club (A3RR) 1:30pm CA-Arm Chair Travel (A6RR) 1:30pm Animal World (GS) 1:30pm CA-Pictures & Sounds (WH) 1:30pm New Admission Welcome Tea (LH) 3:00 Jewish Storytelling (A6 RR) | 10:30am Gentle Fitness (RF) 11:00am Fun with Drums (SA) 1:15pm CA-Music Therapy (A6EI) **referral only 1:30pm CA-Doors Open Art Making(CAS) 1:30pm CA-Irish Dancing Show for 5t.Patrick's Day/Irish Heritage Month (SA) 3:30pm CA-Famous Women's Art (A6RR) 6:00pm Comedy Night! (LH) 6:00pm Glamour Hour (On Units) | 10:00am CA-Doors Open Art Making(CAS) 10:00am Drama fun 1:1 (Rotating) 1:15pm Blue Jays Spring Training - Live! (JT) 1:30pm Bingo (RR) 3:00pm Canada's National Ballet Dance Class (SA) 3:00pm Trivia (RF) 6:00pm Aromatherapy (On Units) 6:00pm Poetry Group (WA) | 10:00am Sensory Cart (Rotating) 10:30am Concert (SA) 1:30pm Russian Group (LH) 1:30pm Armchair Travel (EI) 2:30pm CA-Doors Open Art Making(CAS) | 10:45am Community Shabbat (SA) 1:30pm Baking (RR) 1:30pm CA-Doors Open Art Making(CAS) 3:00pm Music with Rachel (LH) | 9:30am Orthodox Shabbat Service (WS) |
| 17 | | | | | 22 | 23 |
| | 10:00am CA-Doors Open Art Making(CAS) 10:30am Music Appreciation (RR) 1:30pm CA-Buddy's Glee Club (A3RR) 1:30pm CA-Movement to Music (A6RR) 1:30pm Poetry Corner (RF) 3:00 Jewish Storytelling (A6 RR) 3:00pm Luck of the Irish Concert! (SA) | 1st Day of Spring! 10:30am Gentle Fitness (El) 1:30pm Purim Concert (RR) 1:30pm CA-Doors Open Art Making(CAS) 1:30pm Residents' Council (A2 RR) 3:00pm CA-Art Creation (A6RR) 6:00pm Games with Canadian Young Judaea Kids (SA) 6:00pm Glamour Hour (On Units) | 10:00am CA-Doors Open Art Making(CAS) 10:00am Drama fun 1:1 (Rotating) 1:30pm Bingo (RR) 3:00pm Canada's National Ballet Dance Class (SA) 3:00pm Sing Along (EI) 6:00pm Montessori Cart (On units) 6:00pm Music with CHAT Students (SA) | 10:00am Sensory Cart (Rotating) 10:30am Concert (SA) 1:30pm Bialik Purim Play and Paradel (SA) 2:30pm CA-Doors Open Art Making(CAS) 3:00pm CA - From The Vaults (A6RR) | 10:30am Word Games (EI) 11:00am Bible Study (A4 RR) 12:00pm Lunchtime Purim Parade! (Dining room) 1:30pm CA-Doors Open Art Making(CAS) 2:00pm Welcoming Shabbat (RR) 3:00pm Purim Concert! (SA) | 9:30am Orthodox Shabbat Service (WS) 8:45pm Purim Megillah Reading (A2RR) |
| 24 | | 26 | 27 | 28 | 29 | 30 |
| Chag Purim! 10:30am Purim Megillah Reading (A6RR) 1:30pm Purim Shpiel (A2RR) | 10:00am CA-Doors Open Art Making(CAS) 10:30am Digital Gallery: Picasso (SA) 1:30pm CA-Buddy's Glee Club (A3RR) 1:30pm CA-Arm Chair Travel (A6RR) 1:30pm Animal World (El) 3:00 Jewish Storytelling (A6 RR) | 10:30am Gentle Fitness (GS) 1:15pm | 10:00am CA-Doors Open Art Making(CAS) 1:30pm Bingo (RR) 2:00pm Drama Club (WA) 3:00pm Canada's National Ballet Dance Class (SA) 3:00pm Trivia (GS) 6:00pm Montessori Cart (On units) | 10:30am Concert (SA) 1:30pm Armchair Travel (GS) 2:30pm CA-Doors Open Art Making(CAS) 2:30pm Easter Tea (WH) 3:00pm CA-History of The Navy (A6RR) 6:00pm Fun Activities with High School Students (A5 RR) | STAT HOLIDAY (No Programs) | 9:30am Orthodox Shabbat Service (WS) |
| | | 6:00pm Evening Arts (LH) 6:00pm Glamour Hour (On Units) | Marie Carron | APR AND | 16 | |

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A6 Programs are subject to change. The recreation staff will make sure that all residents have equal opportunity to attend the programs created by the team. Thank you for your patience.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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For recreation-related inquiries, please contact Paula Carcamo (ext. 6626) or Vivian Han (ext. 2242)