Apotex 4

May 2025



Programs are subject to change. Please refer to white board for daily changes. If you have any questions please speak to your on floor Recreationist-Susan Edmunds ext. 3240 or Shawna Hughes ext. 2104						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Spring	Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio	Program Location Legend WS = Wolinsky Synagouge WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium CH = Culture Hub		10:30 Tuck Shop (A2RR Hallway) 10:30am Concert (SA) 1:30pm Celebrate Israel: Land, People, Spirit – Yom	Tune (RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:00pm Canvas Decorating for UJA Walk with Israel Art Installation	mingle (CH) 10:30am Word Game (RR) 1:30pm Board games With Hiro and Zulal (SA) 1:30pm Ladies Spa (RR)
	10:00am Relaxation Visits (Rotating) 10:30am Spiritual Hymn Sing (RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 3:00pm Motion to Music (SA) 3:00pm Storytelling For The Soul (A6 RR) 6:00pm 1:1 Walks with Residents (Rotating units)	10:30am Spiritual Bliss (A2 RR) 11:00am CA - Music Therapy (A4RF)	10:00am Montessori Fun Cart (Rotating) 10:30am Music Appreciation (RR) 1:30pm 1:1 TR Visits (on units) 1:30pm CA-Creative Arts (A4RR) 1:30pm Jewish Storytelling (A5 RR) 1:30pm New Admission Welcome Tea t (LH)	10:30am Concert (SA) 1:30pm Exercise (RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS) 2:45pm Sharing Dance Class (SA) 3:00pm Aromatherapy (on units)	Sinai Preschool (SA) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shahbat (SA)	
11		-	• • • • • • • • • • • • • • • • • • • •			6 17
1:30pm Sunday Mother's Day Concert (SA)	10:00am Relaxation Visits (Rotating) 10:30am Therapeutic Dance (RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 3:00pm Drama Club (SA) 3:00pm Storytelling For The Soul (A6 RR) 6:00pm 1:1 TR Visits - Ball bounce (Rotating units)	10:30am Spiritual Bliss (A2 RR) 11:00am CA - Music Therapy (A4RF) *referral only 11:00am Morning Kick Off Exercise (SA) 1:30pm Active Games (RR) 1:30pm Doors Open Art Making (CAS)	10:30am Baking - Victorian Scones (RR) 11:00am Montessori Fun Cart (Rotating) 1:30pm 1:1 TR Visits (on units) 1:30pm CA-Creative Arts (A4RR) 1:30pm Jewish Storytelling (A5 RR)	10:30am Concert (SA) 1:30pm Exercise (RR) 1:30pm Shared Wisdom (A7 RR) 3:30pm Apotex Farewell Ceremony	11:00am Creative Sparks: Lag Ba'Omer	1:30pm Super Bingo Extravaganza (LH)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	2	22	23	24
1:30pm Victoria Day Concert! (SA)		 9:30am 1:1 Friendly Visits (On units) 10:30am Spiritual Bliss (A2 RR) 11:00am CA - Music Therapy (A4RF)	1:30pm Jewish Storytelling (A5 RR) 1:30pm Rhythm Connections: Intergenerational Drumming Circle(SA)	10:30am Jewish Music Week - Special Concert! (SA) 1:30pm Exercise (RR)	10:30am Sing Along (RR) 11:00am Meditation & Movement (LH) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)	9:30am Orthodox Shabbat Service (WS)
		Northview Heights (WA)				
25						31
1:30pm Board Games (RR) 3:30pm 1:1 Garden Visits (on units)	6:00pm Balloon Tennis (RR)	 9:30am 1:1 Friendly Visits (On units) 10:30am Spiritual Bliss (A2 RR) 11:00am CA - Music Therapy (A4RF)	1:30pm 1:1 TR Visits (on units) 1:30pm Resident Food Committee (A2RR) 1:30pm CA-Creative Arts (A4RR) 1:30pm Jewish Storytelling (A5 RR) 1:30pm Russian Group (LH)	10:30am Concert (SA) 1:30pm Exercise (RR) 1:30pm Shared Wisdom (A7 RR)	10:30am Painting (RR) 11:00am Montessori Madness (SA) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat & Festive Kiddush (SA)	9:30am Orthodox Shabbat Service (WS)