Our collective thoughts and prayers go out to our families, friends and colleagues affected by the attacks in Israel. Those wishing to help may donate to the following charities.

**Canadian Friends of Sheba Medical Center**
https://www.shebacanada.org/operation-iron-swords-israel-war
Your donation helps provide Sheba Medical Center with resources to support the physical and mental health of every Israeli who needs assistance.

**Canadian Magen David Adom**
https://www.cmdai.org
Canadian Magen David Adom for Israel is dedicated to supplying ambulances, medical equipment, supplies and blood testing kits to support the life saving efforts of MDA in Israel.

**Canadian Shaare Zedek Hospital Foundation**
https://shaarezedek.crowdchange.co/34083
Shaare Zedek Hospital is renowned for its expertise in emergency care, trauma treatment, and rehabilitation, and it is playing a critical role in saving lives during this challenging time.

**International Committee of the Red Cross**
https://www.icrc.org/en/donate
Your support today can make a life-saving difference - protecting and saving the lives of victims of armed conflict and violence in Israel and Gaza.

**Jewish National Fund, Canada**
https://jnf.ca/resiliencefund
JNF provides urgent disaster relief for the Gaza envelope communities - rescue and relocation services, temporary shelters and supplies, support for emergency response teams, and other urgent needs as they arise, as well as long-term recovery.

**OneFamily Fund**
https://onefamilyfund.ca
OneFamily casework coordinators are on the ground bringing financial assistance, food, supplies, toys, coordination and caring, to those in shock and in hospitals.

**United Jewish Appeal, Toronto**
https://www.jewishtoronto.com
Your gift to UJA's Emergency Appeal for the People of Israel supports UJA's partners on the ground in Israel saving lives, right now.