

Baycrest

100 YEARS
1918-2018

Sharpen Your Brain

Research Participants Needed

Scientists at Baycrest are conducting a study on the benefits of popular smart phone apps for brain health in older adults. Our research builds on studies that show how bilingualism and later-life learning can protect against dementia. Participants will either learn a second language (Spanish) or train their attention and memory abilities, both using game-like apps for 30 minutes a day.

Financial compensation & travel expenses provided.



Who do we need?

- Healthy adults, aged 65-75
- Native English speaker; not bilingual
- Own an iPhone or Android phone
- Available for two visits to Baycrest
- Use an app for 30 minutes, 5x per week

Contact us for more information!

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