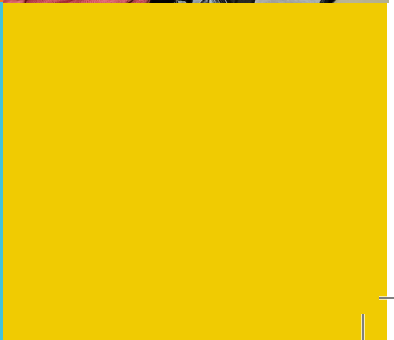




**BECOME A  
VOLUNTEER  
IN THE  
INNOVATIVE  
PLEASE<sup>®</sup>  
PROGRAM**



## **PLEASE<sup>®</sup>: Program for Leisure Engagement for Active and Spontaneous Experiences**

Become a Baycrest PLEASE<sup>®</sup> volunteer and receive specialized training. You may also be part of the research team evaluating the success of this program.

The PLEASE<sup>®</sup> program provides training modules and workshops for volunteers to understand how to interact with residents in long-term care. Volunteers will learn unique approaches to adapt activities to residents' abilities and strengths.

### **Research has shown that PLEASE<sup>®</sup> at Baycrest:**

- Improves residents' social interest, active engagement and mood
- Helps to maintain residents' function
- Enhances residents' quality of life, staff satisfaction and volunteer confidence

### **As a Baycrest PLEASE<sup>®</sup> volunteer you may be**

1. Part of the research team for its next phase of evaluation
2. Participating in focus groups and feedback sessions

### **Steps to becoming a Baycrest PLEASE<sup>®</sup> Volunteer:**

1. Become a registered Baycrest volunteer
2. Complete the pre-requisite PLEASE<sup>®</sup> training and e-learning modules
3. Attend a PLEASE<sup>®</sup> Workshop and meet your PLEASE<sup>®</sup> mentor
4. A one year commitment is required

Contact us for more information about becoming a Baycrest volunteer and participating in PLEASE<sup>®</sup>.

volunteer@baycrest.org  
416 785 2500 ext. 2572

The Baycrest logo consists of the word "Baycrest" in a white, sans-serif font, centered within a solid blue rectangular background.

This project is funded by  
the Government of Canada.

The Canada logo features the word "Canada" in a black, serif font, with a small red and white Canadian flag icon positioned above the final 'a'.