

Week 1 - Winter & Spring Menu 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Assorted Juice Milk/Coffee/Tea Banana Cream of Wheat Cold Cereal Hard Boiled Eggs Mini Apple Danish Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/Tea Banana Oatmeal Cold Cereal Poached Eggs Pancakes & Syrup Yogurt Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/Tea Banana Cream of Wheat Cold Cereal Egg Custard Cheddar Cheese Carrot Muffin Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/Tea Banana Oatmeal Cold Cereal Hard Boiled Eggs French Toast & Syrup Yogurt Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/Tea Banana Cream of Wheat Cold Cereal Poached Egg on an English Muffin Yogurt Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/Tea Banana Oatmeal Cold Cereal Egg Custard Plain Challah Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/Tea Banana Cream of Wheat Cold Cereal Hard Boiled Eggs Blueberry Muffin Whole Wheat Toast Jam/Peanut Butter
Cream of Broccoli Breaded Tilapia with a Lemon Wedge, Carrot Salad, Savory Potatoes Country Style Frittata, Savory Potatoes, French Green Beans Banana Pudding Stewed Strawberries	Chunky Mushroom Soup Macaroni and Cheese, Green Peas Lemon Butter Cod with a Lemon Wedge, Vegetable Rice, California Mixed Vegetables Fresh Sliced Apples Maple Chocolate Cake	Carrot and Ginger Soup Tuna Casserole Zucchini Egg Salad Plate Pickled Beet Slices, Lettuce, a Deli Roll Tropical Fruit Salad Date Square	Cabbage Borscht Soup Egg & Tofu Asian Stir Fry Rice, Garlic Broccoli Cottage Cheese Plate (Cottage Cheese, Pears, Peaches, Red Jell-O and a Bran Muffin) Crème Caramel Applesauce	Cream of Tomato Soup Roasted Vegetable Pizza, Mixed Salad with Raspberry Dressing Atlantic Salmon Casserole, Green Peas Apricots Pound Cake	Turkey Vegetable Soup Traditional Beef Cholent, Waxed Beans & Dinner Roll Chicken Salad Sandwich on Marbled Rye Bread with Chef's Salad and Italian Dressing Fruit Cocktail Apple Cake	Minestrone Soup Garden Frittata, Glazed Squash, Zucchini & Mini Potato Pancakes Baked Penne Pasta with Parmesan Cheese, Garden Salad with French Dressing Pineapple Tidbits Vanilla Ice Cream Cup
Roasted Chicken with Poultry Gravy, Mashed Potatoes, Diced Beets Hot Dog on a Bun, Baked Beans Fruit Cocktail Carrot Cake	Braised Beef & Vegetable Pie Green & Yellow Beans Chicken Stir Fry Steamed Rice Crushed Pineapple Apricot Cake	Moroccan Chicken Tagine (Roast Chicken with Apricot & Spices) Baked Potato with Sour Cream, Carrot Coins Fish Sticks with Tartar Sauce, Baked Potato with Sour Cream, Green Peas & a Lemon Wedge Angel Food Cake with Raspberry Sauce Mandarin Oranges	Southern Style Breaded Chicken, Mashed Potatoes, Braised Cabbage Spanish Beef & Steamed Rice Ratatouille Fresh Grapes Bread Pudding	Chicken Broth Matzo Ball Soup Tangy Sweet & Sour Meatballs, Kasha & Bows, Steamed Spinach & Onions Fish Cakes w/Remoulade Sauce, Kasha & Bows, Carrot Tzimmes Chocolate Layer Cake Sliced Pears	Split Pea and Potato Soup Roasted Vegetable Mini Quiche Bistro Mixed Vegetables Whitefish Salad Plate (Whitefish Salad, White Roll, Israeli Salad) & Lemon Wedge Iced Mocha Cake Warm Baked Apples	Chicken Breast Strip Fajita Fry Steam Rice, Red & Green Peppers Meat Lasagna, California Mixed Vegetables Banana Cake Clementine

May 18 – 24, June 8 – 14, Jun 29 – July 5, July 20 - 26