

Winter & Spring Menu 2020

Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Assorted Juice Milk/Coffee/tea Banana Cream of Wheat Cold Cereal Hard Boiled Eggs Mini Apple Danish Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/Tea Banana Oatmeal Cold Cereal Poached Eggs Pancakes & Syrup Yogurt Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/Tea Banana Cream of Wheat Cold Cereal Egg Custard Cheddar Cheese Carrot Muffin Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/tea Banana Oatmeal Cold Cereal Hard Boiled Eggs French Toast & Syrup Yogurt Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/tea Banana Cream of Wheat Cold Cereal Poached Egg on an English Muffin Yogurt Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/Tea Banana Oatmeal Cold Cereal Egg Custard Plain Challah Whole Wheat Toast Jam/Peanut Butter	Assorted Juice Milk/Coffee/Tea Banana Cream of Wheat Cold Cereal Hard Boiled Eggs Blueberry Muffin Whole Wheat Toast Jam/Peanut Butter
Cream of Broccoli Soup Butter Poached Haddock With Lemon Wedge, Mini Boiled Potatoes, Vegetable Korma 3 Cheese Baked Macaroni and Cheese, Green Peas Strawberry Ice Cream Pineapple Tidbits	Chunky Mushroom Soup Onion and Bell Pepper Quiche, Stewed Tomatoes Lentil Bolognaise GF Penne Pasta, Steamed Spinach & Onions Caramel Vanilla Swirl Cake Peach Applesauce	Carrot and Ginger Soup Savory Baked Cheese & Egg Noodle Casserole, French Green Beans Salmon Patty with Remoulade Sauce, Lemon Orzo, Beets Tapioca Pudding Apricots	Cabbage Borscht Soup Bagel, Lox and Cream Cheese, Spring Salad Eggplant Parmesan Steamed Broccoli, Garlic Toast Citrus Orange Cake Sliced Peaches	Cream of Tomato Soup Breaded Flounder with a Lemon Wedge French Fries, Green Peas Deli Egg Salad on Marbled Rye, Pickled Beets Grapes Crème Caramel	Corned Beef Barley Soup Chicken Coq Au Vin Mashed potatoes, Green Beans Fresh Deli Plate with Lettuce & Tomato Slices Sliced Pears Peach Crisp	Minestrone Soup Cheddar Cheese & Onion Quiche, Tomato Salad Baked Sole with Lemon Wedge, Baked Potato with Sour Cream, Mixed Peppers Iced Vanilla Dream Cake Apricots
Oven Roasted Chicken Leg, Rice Pilaf, French Green Beans Braised Beef and Onions Rice Pilaf, Carrot Coins Sliced Pears Mocha cake	Crusted Pollock with a Lemon Wedge , Mashed Potatoes, Glazed Squash Shepherd's Pie Zucchini Mandarin Oranges Honey Cake.	Hamburger on Flat Bread Bun, Green Coleslaw Paprika Chicken Leg, Mashed Potatoes, California Vegetables Stewed Strawberries Iced Chocolate Cake	Fish Provencal with a Lemon Wedge, Mashed Potatoes, Waxed Beans Braised Pepper Steak Mashed Potatoes, Mushrooms & Onions Clementine Marble Cake	Chicken Rice Soup Pineapple Chicken Leg, Potato Kugel, Zucchini Pot Roast Beef Potato Kugel, Honey Glazed Carrots Cherry Square Fruit Cocktail	Split Pea & Potato Soup Salmon with Hollandaise, Roasted Red Pepper Couscous, Creamed Spinach Cheesy Lasagna Chef's Salad Butter Tarts Mandarin Oranges	Braised Chicken Breast Strips, Steamed Rice, Diced Carrots Chickpea Stew Steamed Rice, Dried Turnip Warmed Cinnamon Apples Chocolate Brownie

May 11 -17, June 1 – 7, June 22 -28, July 13 – 19