April 2018

Apotex 5

Therapeutic Recreation Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Passover Services** **Refer to Off Floor Calendar for service details** All Fools' Day Easter Sunday	2 Gentle Fitness 10:00- EI, 10:30- GS 1:30 – Sing-along (rec room) 2:45- Gentle Fitness (RF) 6:30- Stretch and Strength (GS)	3 Movement for Health 10:00-EI, 10:30-RF Residents Choice: Music 1:30 RF, 3:30- GS, 4:00 EI 3:30- Art Therapy with Merav **Paw lovers Program** 6:30-EI, 7:00 GS	4 9:30-Ipad program (EI) 10:00-News and Views (GS) 1:30 - Slice, Dice & Stir	5 Moving to Music 10:00- EI, 10:30- RF,11:00- GS **PASSOVER PROGRAM** 1:30 –Rec room	6 **Passover Services** **Refer to Off Floor Calendar for service details**	7 **SHABBAT SHALOM** **Passover Services** **Refer to Off Floor Calendar for service details**
8 **Concert in Winter Garden** **1:30 p.m.**	9 Gentle Fitness 10:00- EI, 10:30- GS 1:30 – Sing-along (rec room) 2:45- Gentle Fitness (RF) 6:30- Stretch and Strength (GS)	10 Movement for Health 10:00-EI, 10:30-RF Chair Dancing 2:15 p.m. rec room Residents Choice: Music 3:30- RF 3:30- Art Therapy with Merav **Paw lovers Program** 6:30-RF, 7:00 GS	11 9:30-Ipad program (GS) 10:00-News and Views (EI) 1:30 - Slice, Dice & Stir	12 Moving to Music 10:00- EI, 10:30- RF,11:00- GS 1:15 Yom Hashoah Service	13 10:30-Trivia Discussion (EI) 10:30- Community Get Together (RF) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat	14 **SHABBAT SHALOM**
15 **Concert in Winter Garden** **1:30 p.m.**	16 Gentle Fitness 10:00- EI, 10:30- GS 1:30 – Sing-along (rec room) 2:45- Gentle Fitness (RF) 6:30- Stretch and Strength (GS)	17 Chair Dancing 2:15 p.m. rec room Movement for Health 3:30-RF 3:30- Art Therapy with Merav **Paw lovers Program** 6:30-EI, 7:00 RF	18 9:30-Ipad program (EI) 10:00-News and Views (RF) 1:30 - Slice, Dice & Stir **Yom HaZikaron**	19 9:30-Morning Manicures Moving to Music 10:00- EI, 10:30- RF,11:00- GS Residents Choice 1:15- EI, 1:45- RF 2:15- GS **Yom HaAtzma'ut**	20 10:30-Trivia Discussion (EI) 10:30- Community Get Together (RF) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat	21 **SHABBAT SHALOM**
22 **Concert in Winter Garden** **1:30 p.m.** Earth Day	23 Gentle Fitness 10:00- EI, 10:30- GS 1:30 – Sing-along (rec room) 2:45- Gentle Fitness (RF) 3:30 Caring Clowns 6:30- Stretch and Strength (GS)	24 Movement for Health 10:00-EI, 10:30-RF Chair Dancing 2:15 p.m. rec room Residents Choice: Music 3:30- RF 3:30- Art Therapy with Merav **Paw lovers Program** 6:30-EI, 7:00 GS	25 9:30-Ipad program (RF) 10:00-News and Views (GS) 1:30 - Slice, Dice & Stir	26 9:30-Morning Manicures Moving to Music 10:00- EI, 10:30- RF,11:00- GS Residents Choice 1:15- EI, 1:45- RF 2:15- GS	27 10:30-Trivia Discussion (EI) 10:30- Community Get Together (RF) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat Arbor Day	28 **SHABBAT SHALOM**
29 **Concert in Winter Garden** **1:30 p.m.**	30 Gentle Fitness 10:00- EI, 10:30- GS 1:30 – Sing-along (rec room) 2:45- Gentle Fitness (RF) 6:30- Stretch and Strength (GS)					

If you have any questions or concerns, please contact Amber Cockburn, Recreationist ext. 6325 or Sabina Ntim, Recreationist ext. 5169