

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 June 2018 Apotex 5 Therapeutic Recreation Programs						SHABBAT SHALOM 2 
Concert in Winter Garden 3 1:30 p.m. 	4 Gentle Fitness 10:00- EI, 10:30- GS 1:30 – Sing-along (rec room) 2:45- Gentle Fitness (RF) 6:30- Stretch and Strength (GS)	5 Movement for Health 10:00-EI, 10:30-RF Chair Dancing 2:15 p.m. rec room 3:30 GS Residents Choice 3:30- Art Therapy with Merav Paw lovers Program 6:30-EI, 7:00 RF 	6 9:30-Ipad program (EI) 10:00-News and Views (RF) 1:30 - Slice, Dice & Stir	7 Residents Choice 9:30-GS, 11:15-RF, 3:00-EI Moving to Music 1:15- EI, 1:45- RF 2:15- GS	10:00-EI Paw lovers_(all unit) 10:30-Trivia Discussion (EI) 10:30- Community Get Together (RF) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat 10:30-Trivia Discussion (EI)	SHABBAT SHALOM 9 
Concert in Winter Garden 10 1:30 p.m. 	11 Gentle Fitness 10:00- EI, 10:30- GS 1:30 – Sing-along (rec room) 2:45- Gentle Fitness (RF) 6:30- Stretch and Strength (GS)	12 Movement for Health 10:00-EI, 10:30-RF Chair Dancing 2:15 p.m. rec room 3:30 RF Residents Choice 3:30- Art Therapy with Merav Paw lovers Program 6:30-GS, 7:00 RF 	13 9:30-Ipad program (GS) 10:00-News and Views (EI) 1:30 - Slice, Dice & Stir	14 Outing to Thomson Park At 10:00 a.m. Moving to Music 10:00- EI, 10:30- RF,11:00- GS Residents Choice 1:15- EI, 1:45- RF 2:15- GS Flag Day (US)	10:00- Paw lovers_(all unit) 10:30-Trivia Discussion (EI) 10:30- Community Get Together (RF) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat	SHABBAT SHALOM 16 
Concert in Winter Garden 17 1:30 p.m.  Father's Day	18 Gentle Fitness 10:00- EI, 10:30- GS 1:30 – Sing-along (rec room) 2:45- Gentle Fitness (RF) 6:30- Stretch and Strength (GS)	19 Movement for Health 10:00-EI, 10:30-RF Chair Dancing 2:15 p.m. rec room 3:30 EI Residents Choice 3:30- Art Therapy with Merav Paw lovers Program 6:30-EI, 7:00 GS 	20 9:30-Ipad program (RF) 10:00-News and Views (RF) 1:30 - Slice, Dice & Stir	21 Moving to Music 10:00- EI, 10:30- RF,11:00- GS Father's Day Celebration! 1:30 p.m. (rec room) Summer Begins	10:00-EI Paw lovers_(all unit) 10:30-Trivia Discussion (EI) 10:30- Community Get Together (RF) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat	SHABBAT SHALOM 23 
Concert in Winter Garden 24 1:30 p.m. 	25 Gentle Fitness 10:00- EI, 10:30- GS 1:30 – Sing-along (rec room) 2:45- Gentle Fitness (RF) 6:30- Stretch and Strength (GS)	26 Movement for Health 10:00-EI, 10:30-RF Chair Dancing 2:15 p.m. rec room 3:30 GS Residents Choice 3:30- Art Therapy with Merav	27 9:30-Ipad program (EI) 10:00-News and Views (GS) 1:30 - Slice, Dice & Stir	28 Moving to Music 10:00- EI, 10:30- RF,11:00- GS Residents Choice 1:15- EI, 1:45- RF 2:15- GS	10:00-EI Paw lovers_(all unit) 10:30-Trivia Discussion (EI) 10:30- Community Get Together (RF) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat	SHABBAT SHALOM 30 

If you have any questions or concerns, please contact Amber Cockburn, Recreationist ext. 6325 or Sabina Ntim, Recreationist ext. 5169