

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October Highlights October 1 st – Shemini Atzeret October 2 nd – Simchat Torah October 8 th – Thanksgiving Day October 9 th – Solders of Israel October 25 - Movie outing	<u>SHEMINI ATZERET</u> 1 (See flyers for Synagogue service times)	<u>SIMCHAT TORAH</u> 2 (See flyers for Synagogue service times) <i>Simchat Torah</i>	9:30-Ipad Program (RF) 3 10:00-News and Views (EI) 11:00 Brain Fitness (GS) 1:30 – Tea and Talk with Sabina	Moving to Music 4 10:00- EI, 10:30- RF,11:00- GS Residents Choice 1:15- EI, 1:45- RF 2:15- GS	10:00-Paw Lovers (all unit) 5 10:30- Community Get Together (RF) 10:30-Trivia Discussion (EI) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat	<u>SHABBAT SHALOM</u> 6 
Concert in Winter Garden 7 1: 30 	<u>Thanksgiving Holiday</u> 8  Columbus Day (US) Thanksgiving Day (Canada)	Movement for Health 9 10:00-EI, 10:30-RF 2:15 Chair Dancing 3:00- Soldiers of Israel (WG) Paw lovers Program 6:30-GS, 7:00 RF, 7:30-EI 	9:30-Ipad Program (GS) 10 10:00-News and Views (RF) 11:00 Brain Fitness (EI) 1:30 - Tea and Talk with Sabina	Moving to Music 11 10:00- EI, 10:30- RF,11:00- GS Residents Choice 1:15- EI, 1:45- RF 2:15- GS	10:00-Paw Lovers (all unit)12 10:30- Community Get Together (RF) 10:30-Trivia Discussion (EI) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat	<u>SHABBAT SHALOM</u> 13 
No Concert 14	Gentle Fitness 15 10:00- EI, 10:30- GS, 11:00-RF 1:30 – Sing-along 6:30- Stretch and Strength (GS)	Movement for Health 16 10:00-EI, 10:30-RF 1:30 GS Residents Choice 2:15 Chair Dancing	9:30-Ipad Program (RF) 17 10:00-News and Views (EI) 11:00 Brain Fitness (GS) 1:30 - Tea and Talk with Sabina	Moving to Music 18 10:00- EI, 10:30- RF,11:00- GS Residents Choice 1:15- EI, 1:45- RF 2:15- GS	10:00-Paw Lovers (all unit)19 10:30- Community Get Together (RF) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat	<u>SHABBAT SHALOM</u> 20 Walking Club 10:30 Trivia 1:30-EI, 2:00-RF, 2:30-GS
Concert in Winter Garden 21 1: 30 	Gentle Fitness 22 10:00- EI, 10:30- GS, 11:00-RF 1:30 – Sing-along 6:30- Stretch and Strength (GS)	Movement for Health 23 10:00-EI, 10:30-RF 2:15 Chair Dancing 3:30 RF Residents Choice Paw lovers Program 6:30-GS, 7:00 RF, 7:30-EI 	10:00-News and Views (RF) 24 1:30 - Tea and Talk with Amber	Moving to Music 25 10:00- EI, 10:30- RF,11:00- GS Residents Choice 1:15- EI, 1:45- RF 2:15- GS Movie Theatre Outing 1:30-Jacob Family Theatre	10:00-Paw Lovers (all unit)26 10:30- Community Get Together (RF) 10:30-Trivia Discussion (EI) 10:30-Reminiscence Poetry (GS) 1:45 - Welcoming Shabbat	<u>SHABBAT SHALOM</u> 27 
Concert in Winter Garden 28 1: 30 	Gentle Fitness 29 10:00- EI, 10:30- GS, 11:00-RF 1:30 – Sing-along 6:30- Stretch and Strength (GS)	Movement for Health 30 10:00-EI, 10:30-RF 2:15 Chair Dancing 3:30 EI Residents Choice Paw lovers Program 6:30-GS, 7:00 RF, 7:30-EI 	9:30-Ipad Program (RF) 31 10:00-News and Views (EI) 11:00 Brain Fitness (GS) 1:30 - Tea and Talk with Sabina <i>Halloween</i>	<div> <div>October 2018</div> <div>Apotex 5</div> <div>Therapeutic Recreation Programs.</div> </div>		

If you have any questions or concerns, please contact Amber Cockburn, Recreationist ext. 6325 or Sabina Ntim, Recreationist ext. 5169