

September 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
For any questions or concerns, please contact Jenypher Ashby (ext. 5490) or Hiro Nakajima (3584)	Labour Day	9:00 TR Visits (on units) 10:30 Spiritual Bliss (A2 RR) 10:45 CA Music Therapy (A3GS) *referral only 11:00 Morning Kick-Off Exercise (SA) 1:30 CA-Doors Open Art Making (CAS) 1:30 Game Alliance (A3RR) 3:00 Bingo (LH) 6:00 Evening Active Games (SA)	10:00 CA-Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 Gentle Fitness (RR) 1:30 Concert (A3RR) 3:00 Spa Social (LH) 3:30 TR Visits (on units) 6:00 Poetry Group (WA)	10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30am Tuck Cart (A2RR) 10:30 CA-Concert (SA) 1:30 Bingo (RR) 1:30 Russian Group (LH) 2:30 CA-Doors Open Art Making (CAS) 6:00 Travelogue (LH) 6:15 Rummy Q (RR)	10:30 Gentle Fitness (RR) 11:00 Music with Rachel (SG) 1:30 CA-Doors Open Art Making (CAS) 2:00 Community Shabbat (SA) 2:30 Shabbat Blessings (on units)	9:30 Orthodox Shabbat Service (WS)
8	9	10	11	12	13	14
1:30 Sunday Concert (SA)	10:00 CA-Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 11:00 Montessori Madness (SA) 1:30 CA-Buddy's Glee Club (A3RR) 1:30 TR Visits (on units) 2:30 Jewish Storytelling (A6 RR) 2:45 Sharing Dance Class (SA) 4:00 Torah Class with Rabbi David (A2 RR) 4:30 Mincha Services (A2 RR) 5:45 Scrabble (RR)	9:00 TR Visits (on units) 10:30am CA - Special Program: Antisemitism Education Session (A3RR) 10:30 Spiritual Bliss (A2 RR) 10:45 CA Music Therapy (A3GS) *referral only 11:00 Dance to Music(LH) 1:30 CA-Doors Open Art Making (CAS) 1:30 Game Alliance (A3RR) 3:00 Bingo (LH) 6:00 Evening Art (LH)	10:00 CA-Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Dear Abby (WA) 1:30 Virtual Reality / VR (RR) 3:30 TR Visits (on units) 6:00 Poetry Group (WA)	10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30am Tuck Cart (A2RR) 10:30 CA-Concert (SA) 1:30 Bingo (RR) 2:00 Sports Lovers Unite! Basketball Edition! (LH) 2:30 CA-Doors Open Art Making (CAS) 4:30 Mincha Services (A2 RR) 6:00 Book Club (LH) 6:15 Rummy Q (RR)	10:45 Community Shabbat (SA) 1:30 CA-Doors Open Art Making (CAS) 1:30 Gentle Fitness (RR) 2:30 Shabbat Blessings (on units) 3:00 Jewish Singalong with Hugh & Ruth (SA)	9:30 Orthodox Shabbat Service (WS) 2:30 Dance to Music (SA)
15	16	17	18	19	20	21
10:30 1:1 TR Visits (Unit) 1:30 Games Hour (RR)	10:00 CA-Doors Open Art Making (CAS) 10:00 Gardening Club with Shoshesh (SG) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 CA-Buddy's Glee Club (A3RR) 1:30 Movie Matinee (JT) 2:30 Jewish Storytelling (A6 RR) 2:45 Sharing Dance Class (SA) 4:00 Torah Class with Rabbi David (A2 RR) 4:30 Mincha Services (A2 RR) 5:45 Scrabble (RR)	9:00 TR Visits (on units) 10:15 Intergenerational Program with Leo Baeck (CAS & LH) 10:30 Spiritual Bliss (A2 RR) 10:45 CA Music Therapy (A3GS) *referral only 1:30 CA-Doors Open Art Making (CAS) 1:30 Residents' Council (A2 RR) 3:00 Bingo (LH) 6:00 Game Night Delight (LH)	10:00 CA-Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 Gentle Fitness (RR) 1:00 Let's Shop at the Shuk! (SA) 1:30 Drum Circle (RR) 3:30 TR Visits (on units) 6:00 Poetry Group (WA)	10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:00 Sensory Cart (Rotating) 10:30am Tuck Cart (A2RR) 10:30 CA-Concert (SA) 1:30 Bingo (RR) 2:30 CA-Doors Open Art Making (CAS) 4:30 Mincha Services (A2 RR) 6:00 Travelogue (LH) 6:15 Rummy Q (RR)	10:45 Community Shabbat (SA) 1:30 CA-Doors Open Art Making (CAS) 1:30 Gentle Fitness (RR) 2:30 Shabbat Blessings (on units) 3:00 Meditation & Movement (LH)	9:30 Orthodox Shabbat Service (WS)
22	23	24	25	26	27	28
<i>First Day of Fall</i>	10:00 CA-Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Aromatherapy (on units) 1:30 CA-Buddy's Glee Club (A3RR) 2:30 Jewish Storytelling (A6 RR) 2:45 Sharing Dance Class (SA) 4:00 Torah Class with Rabbi David (A2 RR) 4:30 Mincha Services (A2 RR) 5:45 Scrabble (RR)	9:00 TR Visits (on units) 10:15 Intergenerational Program with Leo Baeck (CAS & LH) 10:30 Spiritual Bliss (A2 RR) 10:45 CA Music Therapy (A3GS) *referral only 11:00 Fun with Drums (SA) 1:30 CA-Doors Open Art Making (CAS) 1:30 Game Alliance (A3RR) 3:00 Bingo (LH) 6:00 Game Show! (LH)	10:00 CA-Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 Polishing Party (polishing the museum's silver) (LH) 10:30 Gentle Fitness (RR) 1:30 Birthday Concert (A3RR) 3:00 Drama Club (SA) 3:30 TR Visits (on units) 6:00 Memories of Rosh Hashanah (WA) 6:15 Rummy Q (RR)	10:00 CA-Creative Arts (CAS) 10:30am Tuck Cart (A2RR) 10:30 CA-Concert (SA) 1:30 Bingo (RR) 2:30 CA-Doors Open Art Making (CAS) 3:00 Active Games (SA) 4:30 Mincha Services (A2 RR) 6:00 Musical Memories Discussion (LH)	10:30 Gentle Fitness (RR) 11:00 Rosh Hashanah Art (SA) 1:30 CA-Doors Open Art Making (CAS) 2:00 Community Shabbat (SA) 2:30 Shabbat Blessings (on units) 3:15 CA-Museum on Wheels (A3RR)	9:30 Orthodox Shabbat Service (WS) 1:30 Games and puzzles (SA)
29	30					
10:00 Ladies Spa (RR) 1:30 Brain Games (RR) 2:00 Karaoke (SA)	10:00 CA-Doors Open Art Making (CAS) 10:00 Relaxation Visits (Rotating) 11:15 Gentle Fitness (RR) 1:30 CA-Buddy's Glee Club (A3RR) 2:30 Jewish Storytelling (A6 RR) 2:45 Sharing Dance Class (SA) 4:00 Torah Class with Rabbi David (A2 RR) 4:30 Mincha Services (A2 RR) 5:45 Scrabble (RR)					