

VIRTUAL SOCIAL RECREATION GUIDE

This weekly guide will let you know about the digital offerings available for you to use.

ALZHEIMER SOCIETY OF TORONTO



Join the Alzheimer Society of Toronto on Wednesday July 15th from 2pm to 3pm for a mindfulness sessions. This one hour session will be offered on Zoom, please find the link below.

Zoom Link: Click here.

JUSTINE'S COUNTRY CLASSICS



Take a journey through these country favourites, sing along with the words on the screen! Click here to sing along!

IN CASE YOU MISSED IT: THE **BOY WHO LEARNED TO FLY**

Click here to watch 'The Boy Who Learned To Fly.' A short film about Usain Bolt, the eight-time Olympic gold medallist.



THE STORYTELLING CLUB WITH DAN YASHINSKY

Dan Yashinsky returns this week with the story of Stan Bolovan. Along with the stories Dan asks questions designed to get you imagining, talking, and sharing your own ideas and stories. Click here to watch.



- 1) What did the story of Stan Bolovan make you feel?
- 2) Is it okay to be a trickster?
- 3) Should you keep your wishes small or have a big wish sometimes?
- 4) What recipes and dishes do you love?

BAYCREST TV - CHANNEL 988



Therapeutic Recreationists in the hospital, we have some exciting news, Channel 988 is now available in the hospital! We hope you and your residents tune in. Please reference the

'Google Drive Instructions' to find the Channel 988 schedule on the google drive.

WE WANT TO HEAR FROM YOU

If you have any feedback do not hesitate to let us know. Please share feedback by emailing esocialrec@baycrest.org. If you also require technical assistance please contact helpdesk@baycrest.org



MONDAY

MADE IN FRANCE



Have you ever wondered what happened to your lost socks? Made in France will reveal it to you. Click here to watch.

NEW VIDEOS FOR THE WEEK OF JULY 13TH TO JULY 17TH, 2020 TUESDAY **PANPALS CANADA** DAY CONCERT



Pan(demic) Pals Connecting students and seniors to combat social isolation during COVID-19 one smile at a time. This week bring you a concert, click here to watch.

WEDNESDAY THE STORYTELLING **CLUB WITH**

DAN **YASHINSKY**

Click here to tune in.

COUNT BASIE



American jazz pianist, organist, bandleader, and composer. Hum and dance along, click here.

THURSDAY

MUSCIAL MEMORIES

Join the Alzheimer Society of Toronto on Thursday July 16th at 2 pm for a sing-along session.

Zoom Link: Click here.

ALAN COHEN PRESENTS: ONEG SHABBAT

FRIDAY



For the evening of July 17th, Click here to watch.