

VIRTUAL SOCIAL RECREATION GUIDE

This bi-weekly guide will let you know about the digital offerings available for you to use.

SARAH'S STUDIO



Spend some time with Sarah in her studio. Click here join and watch episode one.

BAYCREST TV - CHANNEL 988

Therapeutic Recreationists in the hospital, we have some exciting news, Channel 988 is now available in the hospital! We hope you

and your residents tune in. Please reference the 'Google Drive Instructions' to find the Channel 988 schedule on the google drive.

AUDIO BOOKS UNLEASHED

Check out this YouTube channel. Audiobooks Unleashed, home to 100s of audiobooks from different genres. Click here to go to their page.



GUIDED IMAGERY WITH SHAWN FREMETH



Join Shawn Fremeth, a Baycrest Social Worker, as he leads a Guided Imagery Session. Click <u>here</u> to travel with Shawn on a Hot Air Balloon Adventure

WE WANT TO HEAR FROM YOU

If you have any feedback do not hesitate to let us know. Please share feedback by emailing esocialrec@baycrest.org. If you also require technical assistance please contact helpdesk@baycrest.org



MONDAY WIRE CUTTER



Enjoy this awardwinning CGI animated short film about a chance encounter that proves fateful for 2 robots mining on a desolate planet. Click here.

GEORGE GERSHWIN



George Gershwin was a composer and pianist. Click here to listen and enjoy.

TUESDAY **CHARLIE PARKER**



Charlie Parker was a jazz saxophonist and composer. Click here to hum and dance along.



PIP

A heartwarming tale for underdogs everywhere, Pip is the story of a small dog with a big dream to become a Southeastern Guide Dog. Click here.

WEDNESDAY **60'S JAZZ SAMBA MIX**

NEW VIDEOS FOR JULY 20TH - JULY 31ST, 2020



Click here to enjoy Jazz-Samba and Bossa Nova tunes from Brazilian artists.



NORTH YORK ORCHESTRA



Click here to watch the NYCO 'From Bedford Trio to You.'

THURSDAY



Join the Alzheimer Society of Toronto on Thursday's at 2 pm for a sing-along session.

MUSICAL MEMORIES

July 23rd Zoom Link: Click here.

July 30th Zoom Link: Click here.

ANTIGUA



Travel from the comfort of your seat. Click here.

FRIDAY RUSSIAN CLASSICAL



Click here and enjoy music composed by Tchaikovsky, Prokofiev, Rachmaninoff, and Rimsky-Korsakov.

ARMCHAIR TRAVELOGUE



Join the Alzheimer Society of Sarnia on July 31st from 11am-12pm.

July 31st

Zoom Link: Click here.