

October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sukkot 9:15am Orthodox Service (WS) 9:15am Conservative Service (WH) 1:30pm Games Hour (RR) 2:00pm Music with Rachel (Rotating)	2 10:30am Gentle Fitness (RR) 11:00am Sukkot Social (SG Sukkah) 1:30pm Buddy's Glee Club (A3RR) 1:30pm TR Visits (on units) 3:00pm Arm Chair Travel (RR) 4:00pm Torah Study (A2 RR) 5:45pm Scrabble (RR) 6:00pm Movie Musical (A7 RR)	3 9:00am TR Visits (on units) 9:30am Outing - 3Rec 10:30am CA Biography (A3RR) 11:00am CA - Music Therapy (A3GS) *referral only 1:30pm Concert (WG) 3:30pm Games Hour (RR)	4 10:30am Aromatherapy (Rotating) 10:30am Gentle Fitness (RR) 1:30pm Documentary (RR) 3:00pm Canada's National Ballet - Dance Class (The Nosh) 3:45pm Drum Circle (RR)	5 10:00am Gentle Fitness (RR) 10:30 Concert (WG) 1:30pm Bingo (RR) 1:30pm Russian Group (LH) TBD 3:00pm CA-Famous Painters (A3RR) 6:00pm Poetry Group (WA) 6:15pm Rummy Q (RR)	6 10:00am Let's Reminisce (Rotating) 10:45am Community Shabbat (WG) 1:30pm Sukkah Visit (Sukkah) 2:30pm Shabbat Blessings (on units) 3:00pm Let's Give Thanks(giving)! (LH)	7 Shemini Atzeret 9:15am Orthodox Service (WS) 9:15am Conservative Service (WS) 2:00pm Reform Service (WG)
8 Simchat Torah 9:15am Orthodox Service (WS) 9:15am Conservative Service (WH)	9 Thanksgiving Statutory Holiday	10 9:00am TR Visits (on units) 10:30am CA-Biography (A3RR) 11:00am Friendship Club (A4 RR) 1:30pm Brain Games (RR) 1:30pm Birthday Concert (RR)	11 9:30am Breakfast Club (A2 RR) 10:30am Gentle Fitness (RR) 11:00am TR Visits (on units) 1:30pm Documentary (RR) 3:00pm Canada's National Ballet - Dance Class (The Nosh) 3:30pm TR Visits (on units) 6:00pm Poetry Group (WA)	12 10:00am Creative Arts (CAS) 10:00am Gentle Fitness (RR) 10:00am Sensory Cart (Rotating) 10:30 Concert (WG) 1:30pm Bingo (RR) 2:30pm Active Games (WG) 3:00pm Bible Study (A4 RR) 6:15pm Rummy Q (RR)	13 10:30am Gentle Fitness (RR) 1:30pm Welcoming Shabbat (RR) 2:30pm Shabbat Blessings (on units) 3:00pm Jewish Sing Along (WG)	14 10:30am Ladies Spa (RR) 1:30pm Games Hour (RR)
15	16 10:30am Gentle Fitness (RR) 11:00am TR Visits (on units) 1:30pm Buddy's Glee Club (A3RR) 1:30pm Movie Matinee (JT) 2:30pm Active Games (WG) 3:00pm Storytelling (A6 RR) 4:00pm Torah Study (A2 RR) 4:30 Mincha (A2 RR) 5:45pm Scrabble (RR) 6:00pm Movie Musical (A7RR)	17 9:00am TR Visits (on units) 10:30am CA Biography (A3RR) 11:00am Friendship Club (LH) 1:30pm Brain Games (RR) 1:30pm Residents' Council (A2 RR) 3:30pm Bingo A2/A3 (LH) 3:30pm Games Hour (RR) 6:00pm Student Concert (WG)	18 10:30am Gentle Fitness (RR) 10:30am Montessori Cart (Rotating) 1:30pm Documentary (RR) 3:00pm Canada's National Ballet - Dance Class (The Nosh) 4:00pm Israel Defense Forces Concert (WG)	19 10:00am Creative Arts (CAS) 10:00am Gentle Fitness (RR) 10:30 Concert (WG) 1:30pm Bingo (RR) 2:00pm Hands on Exotics (WG) 4:30 Mincha (A2 RR) 6:00pm Poetry Group (WA) 6:15pm Rummy Q (RR)	20 10:45am Community Shabbat (WG) 1:30pm Gentle Fitness (RR) 2:00pm Baking Club (A2 RR) TBD 2:30pm Shabbat Blessings (on units) 3:00pm CA-Making History (A3RR)	21 1:00pm Holy Blossom Games (A2RR)
22	23 10:30am Gentle Fitness (RR) 11:00am TR Visits (on units) 1:30pm Buddy's Glee Club (A3RR) 1:30pm TR Visits (on units) 2:30pm Active Games (WG) 3:00pm Storytelling (A6 RR) 3:00pm Arm Chair Travel (RR) 4:00pm Torah Study (A2 RR) 4:30 Mincha (A2 RR) 5:45pm Scrabble (RR) 6:00pm Happy Hour Club (WA)	24 9:00am TR Visits (on units) 10:30am CA Biography (A3RR) 11:00am Community Drum Circle (WG) 1:30pm LGBT+ History Month Education (A2RR) 1:30pm Brain Games (RR) 3:30pm Games Hour (RR)	25 10:30am Aromatherapy (Rotating) 10:30am Gentle Fitness (RR) 11:00am TR Visits (on units) 1:30pm Music Appreciation (RR) 3:00pm Canada's National Ballet - Dance Class (The Nosh) 3:45pm Drum Circle (RR) 6:00pm Poetry Group (WA)	26 10:00am Creative Arts (CAS) 10:00am Gentle Fitness (RR) 10:00am Sensory Cart (Rotating) 10:30 Concert (WG) 1:30pm Bingo (RR) 3:00pm Welcome Tea (LH) 3:00pm CA-Famous Painters (A3RR) 3:00pm Bible Study (A4 RR) 4:30 Mincha (A2 RR) 6:30pm Pub Nite (RR)	27 10:00am Let's Reminisce (Rotating) 10:30am Gentle Fitness (RR) 1:30pm Welcoming Shabbat (RR) 2:30pm Shabbat Blessings (on units) 3:00pm Jewish Sing Along (WG)	28
29 10:30am Fall Decorating (LH) 1:30pm Sunday Concert (WG)	30 10:30am Gentle Fitness (RR) 11:00am TR Visits (on units) 11:00am Music with Rachel (LH) 1:30pm Buddy's Glee Club (A3RR) 1:30pm TR Visits (on units) 3:00pm Storytelling (A6 RR) 3:00pm Arm Chair Travel (RR) 4:00pm Torah Study (A2 RR) 4:30 Mincha (A2 RR) 5:45pm Scrabble (RR) 6:00pm Movie Musical (A7RR)	31 9:00am TR Visits (on units) 10:30am CA Biography (A3RR) 11:00am Friendship Club (LH) 1:30pm Brain Games (RR) 3:30pm Games Hour (RR) 6:00pm Happy Hour (WAG)				