

February 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For any questions, please contact Jenypher Ashby (ext. 5490) or Hiro Nakjima (ext. 3584).	Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio	Program Location Legend WS = Wolinsky Synagogue WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium CH = Culture Hub				1 9:30 Orthodox Shabbat Service (WS) 10:30 Ladies Spa (on units) 10:30 Morning Mingle: Social Hour (CH) 1:30 Games Hour (RR) 1:30 Games with Holy Blossom (SA)
2	3	4	5	6	7	8
	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Buddy's Glee Club (A3RR) 1:30 Studio 180's "Finding Your Voice" Workshop! (LH) 2:45 Sharing Dance Class (LH) 3:00 Jewish Storytelling (A6 RR) 4:00 Torah Study / Mincha Services (A2 RR)	9:00 TR Visits (on units) 10:15 Grandpals Program with Leo Baeck (CAS & LH) 10:30 Spiritual Bliss (A2 RR) 11:00 Music Therapy (A3EI) *referral only 1:30 Brain Games (RR) 1:30 Doors Open Art Making (CAS) 3:00 Bingo (LH) 6:00 Game Night Delight (LH)	10:00 Doors Open Art Making (CAS) 10:00 Montessori Fun Cart (Rotating) 10:30 Gentle Fitness (RR) 1:30 Concert (A3RR) 1:30 Intergenerational Drumming Circle (SA) 1:30 Jewish Storytelling (A5 RR) 6:00 Poetry Group (WA)	10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Tuck Shop (A2RR Hallway) 10:30 Black History Month Concert: Historical Profiles in Love, Courage and Resilience (SA) 1:30 Bingo (RR) 1:30 Russian Group (LH) 1:30 Shared Wisdom with Chaplain Raquel (A7 RR) 2:30 Doors Open Art Making (CAS) 3:00 Conversations with Rev. K (A3 RR) 6:00 Dance to Music (LH) 6:15 Rummy Q (RR)	10:00 Shabbat Visit with Temple Sinai (SA) 10:30 Gentle Fitness (RR) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 3:00 Shabbat Blessings (on units) 3:30 Moments in Time (GS)	9:30 Orthodox Shabbat Service (WS)
9	10	11	12	13	14	15
10:30 Arts with Leo Baeck Kids (SA) 1:30 Sunday Concert (SA) 2:30 Roots of Connection: Honoring Nature and Community(SA)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 10:30 Spiritual Connections with Rev K (A4 RR) 10:45 Intergenerational program with Robbins Hebrew Academy (A5RR) 11:00 TR Visits (on units) 1:30 Buddy's Glee Club (A3RR) 1:30 Movie Matinee (JT) 2:45 Sharing Dance Class (LH) 3:00 Jewish Storytelling (A6 RR) 4:00 Torah Study / Mincha Services (A2 RR) 5:45 Scrabble (RR)	9:00 TR Visits (on units) 10:30 Spiritual Bliss (A2 RR) 11:00 Music Therapy (A3EI) *referral only 11:00 Morning Kick Off Exercise (SA) 1:30 Black History Month in Canada (LH) 1:30 Doors Open Art Making (CAS) 1:30 Game Alliance (A3RR) 3:00 Bingo (LH) 6:00 Evening Active Games (SA)	9:15 Breakfast Club (A2RR) 10:00 Doors Open Art Making (CAS) 11:00 TR Visits (on units) 11:00 Montessori Fun Cart (Rotating) 1:30 Studio 180's "Finding Your Voice" Workshop! (A3RR) 1:30 Jewish Storytelling (A5 RR) 2:00 Grandpals Program with Leo Baeck (SA) 4:00 TR Visits (on units) 6:00 Poetry Group - Celebrating Black History Month (WA)	Tu Bishvat 10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Bingo (RR) 1:30 Shared Wisdom with Chaplain Raquel (A7 RR) 2:15pm: Planting for Tu Bishvat (SA) 2:30 Doors Open Art Making (CAS) 3:00 Conversations with Rev. K (A3 RR) 6:00 Musical Evening (LH) 6:15 Rummy Q (RR)	10:30 Gentle Fitness (RR) 11:00 Sweethearts Craft (SA) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 3:00 Shabbat Blessings (on units) 3:30 Moments in Time (EI)	9:30 Orthodox Shabbat Service (WS)

February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	17	18	19	20	21	22
2:00 Celebration Concert (SA)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 1:30 Paint Your Heritage (SA) 2:45 Sharing Dance Class (LH) 5:45 Scrabble (RR)	9:00 TR Visits (on units) 10:30 From The Vaults: Tropical Bliss (LH) 10:30 Spiritual Bliss *Exploring Heritage* (A2 RR) 11:00 Music Therapy (A3EI) *referral only 1:00 Digital Gallery for Black History Month (SA) 1:30 Doors Open Art Making (CAS) 1:30 Game Alliance (A3RR) 6:00 Bingo (LH)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 1:15 Intergenerational program - Board Games with Ecole Bannockburn (A4RR) 1:30 Birthday Concert (A3RR) 1:30 Studio 180's "Finding Your Voice" Workshop! (LH) 1:30 Jewish Storytelling (A5 RR) 3:00 Jewish Heritage Showcase (SA) 4:00 TR Visits (on units) 6:00 Poetry Group - Celebrating our Heritage (WA)	10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Cooking to Celebrate our Heritage (A6RR) 1:30 Bingo (RR) 1:30 Shared Wisdom with Chaplain Raquel (A7 RR) 2:30 Doors Open Art Making (CAS) 3:00 Conversations with Rev. K *Celebrating our Heritage* (A3 RR) 6:00 Asia Unfolded: A Journey Through Diversity(LH) 6:15 Rummy Q (RR)	10:30 Gentle Fitness (RR) 11:00 Motion to Music (SA) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 3:00 Shabbat Blessings (on units) 3:30 Moments in Time (GS)	9:30 Orthodox Shabbat Service (WS)
23	24	25	26	27	28	
10:00 Ladies Spa (RR) 10:30 Let's Schmooze Social Hour - All are Welcome! (CH) 2:00 Karaoke (SA) 3:00 Games Hour Drop In (RR)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 10:30 Spiritual Connections with Rev K (A4 RR) 1:30 Buddy's Glee Club (A3RR) 2:45 Sharing Dance Class (LH) 3:00 Jewish Storytelling (A6 RR) 4:00 Torah Study / Mincha Services (A2 RR) 5:45 Scrabble (RR)	9:00 TR Visits (on units) 10:30 Spiritual Bliss (A2 RR) 11:00 Music Therapy (A3EI) *referral only 11:00 Morning Kick-Off Exercise (SA) 1:30 Doors Open Art Making (CAS) 1:30 Residents' Council (A2RR) 1:45 TR Visits (on units) 3:00 Bingo (LH)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:15 Intergenerational program - Art With Ecole Bannockburn (A4RR) 1:30 Visiting Artist Workshop - Silk Screen Printing(CAS) 1:30 Studio 180's "Finding Your Voice" Workshop! (LH) 1:30 Jewish Storytelling (A5 RR) 1:30 Virtual Reality/VR (RR) 4:00 TR Visits (on units) 6:00 Relaxation Spa and Activities with Students from CHAT (SA)	10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Tuck Shop (A2RR Hallway) 10:30 Concert (SA) 1:30 Bingo (RR) 1:30 Shared Wisdom with Chaplain Raquel (A7 RR) 2:30 Doors Open Art Making (CAS) 3:00 Conversations with Rev. K (A3 RR) 6:00 Evening Spa (LH) 6:15 Rummy Q (RR)	10:00 Aromatherapy (on units) 10:30 Gentle Fitness (RR) 11:00 Music with Rachel (LH) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat & Festive Kiddush (SA) 3:00 Shabbat Blessings (on units) 3:30 Games Hour Drop In (RR)	