Apotex 4

January 2025



Programs are subject to change. Please refer to white board for daily changes. If you have any questions please speak to your on floor Recreationist- Susan Edmunds ext. 3240 or Shawna Hughes ext. 2104

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio CH= Culture Hub			Raquel (A7 RR) 2:00pm Workshop Club (LH) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (On units) 3:00pm Conversations with Rev. K (A3 RR)	10:30am Arm Chair Travel : Ice hotels 11:00am Shabbat Memories & Craft Club (SA) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)	9:30am Orthodox Shabbat Service (WS) 10:30am Exercise (RR) 10:30am Morning Mingle: Social Hour (CH) 1:30pm Board Games (SA) 1:30pm Ladies Spa (RR)
-			-	6:00pm Spa Social (SA)	10	44
5	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Spiritual Connections with Rev K (A4 RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:45pm Sharing Dance Class (SA) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 6:00pm 1:1 TR Visits (On Units)	9:15am 1:1 TR Visit s(On units) 10:30am Spiritual Bliss (A2 RR) 11:15am Morning Kick-Off Exercise (SA) 1:30pm Doors Open Art Making (CAS) 1:30pm Creative movement circuit (RR) 3:00pm Bingo (LH) 6:00pm Game night delight! (LH)	6:00pm Poetry Group (WA)	Raquel (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 3:00pm Conversations with Rev. K (A3 RR)	10:00am Sensory Cart: Winter coziness (RR) 11:00am Music with Rachel (SA) 1:15pm Friendly visits (On units) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:00pm Word game: Scategories (RR)	9:30am Orthodox Shabbat Service (WS)
12	13	1,	1 15	6:00pm Travelogue (LH)	47	18
3:00pm Sunday Social Meetup (CH)	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:45am Intergenerational program with Robins Hebrew Academy (A6RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:45pm Sharing Dance Class (SA) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 6:00pm 1:1 TR Visits (On Units)	9:15am 1:1 TR Visits (On units) 10:30am Drum Circle with Rhythmic by Nature (SA) 10:30am Spiritual Bliss (A2 RR) 1:30pm Aromatherapy (On units) 1:30pm Doors Open Art Making (CAS) 1:30pm Creative Storytelling Club (RR) 3:00pm Bingo (SA)	1:30pm Drama with Smile Theatre (LH)	10:00am Sensory Cart (Rotating) 10:30 Tuck Shop (A2 RR Hallway) 10:30am Concert (SA) 1:30pm Exercise (RR) 1:30pm Shared Wisdom with Chaplain Raquel (A7 RR) 3:00 Apotex Farewell Ceremony (SA) 3:00pm Aromatherapy (On units) 6:00pm Reminiscence with Music (LH)	10:00am Shabbat Visit with Temple Sinai Preschool (SA) 10:30am Documentary: Lord howe island pacific eden (RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat & Festive Kiddush (SA) 3:00pm 1:1 TR Visits: Walks (Rotating)	9:30am Orthodox Shabbat Service (WS) 10:30am Art: Abstract: snow flake (RR) 3:30pm Exercise (RR)
19	20	2	· /	23		25
1:30pm Concert with Racheli Speigel (SA)	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Spiritual Connections with Rev K (A4 RR) 10:45am Intergenerational program with Robins Hebrew Academy (A6RR) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) 2:00pm Kindness Kit Initiative (WH) 2:45pm Sharing Dance Class (SA) 3:00pm Jewish Storytelling (A6 RR) 4:00pm Torah Study / Mincha Services (A2 RR) 6:00pm 1:1 TR Visits (On Units)		3:00pm Drama Club (SA) 6:00pm Poetry Group (WA)	2:00pm Sports Lovers Unite! Hockey Edition (LH) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (On units)) 3:00pm Conversations with Rev. K (A3 RR) 6:00pm Bingo (LH)	10:30am Reminiscing: Winter 11:00am Jewish Singalong with Hugh & Ruth (SA) 1:15pm Friendly visits (on units) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:00pm Sensory Cart (On units)	9:30am Orthodox Shabbat Service (WS)
10:30am Let's Schmooze Social Hour (CH)	International Holocaust Remembrance Day	7 28 9:15am 1:1 TR Visits (On units)	10:00am Doors Open Art Making (CAS)	30 10:00am Sensory Cart (Rotating)	31 10:30am Hands on Exotics: Furry Friends	
2:00pm Karaoke (SA)	10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Rotating) 10:30am Spiritual Connections with Rev K (A4 RR) 10:45am Intergenerational program with Robins Hebrew Academy (A6RR) 1:30pm Bingo (RR) 1:30pm For A Better Future - International Holocaust Education Day (WH) 4:00pm Torah Study / Mincha Services (A2 RR) 6:00pm 1:1 TR Visits (On Units)	10:30am Spiritual Bliss (A2 RR) 11:00am Montessori Madness (SA) 1:30pm Drum Circle(RR) 1:45pm Grandpals Program with Leo Baeck (CAS & LH) 6:00pm Balloon Tennis (EI) 6:00pm Bingo (LH)	10:00am Montessori Fun Cart (Rotating) 10:30am Baking (RR) 1:30pm 1:1 TR Visits (on units) 1:30pm Music Therapy (A4EI) *referral only 1:30pm CA-Creative Arts (A4RR) 1:30pm Jewish Storytelling (A5 RR) 6:00pm Poetry Group (WA)	10:30 Tuck Shop (A2 RR Hallway) 10:30am Concert (SA) 1:30pm Exercise (RR) 1:30pm Shared Wisdom with Chaplain	Edition! (LH) 1:15pm Friendly visits (On units) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA) 3:00pm Ladies Spa (RR)	