

January 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>For any questions, please contact Jenypher Ashby (ext. 5490), Hiro Nakjima (ext. 3584) or Gurnoor Pannu (ext. 2051).</p>	<p>Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio</p>	<p>Program Location Legend WS = Wolinsky Synagogue WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium CH = Culture Hub</p>	<p>1 New Years Day STAT - no on floor programs 10:30 Chaya Mushka School Visiting for Chanukah (SA) 4:00 Chanukah Candle Lighting (SA)</p>	<p>2 10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Tuck Shop (A2 RR Hallway) 10:30 Concert (SA) 1:30 Bingo (RR) 1:30 Shared Wisdom with Chaplain Raquel (A7 RR) 2:00 Workshop Club (LH) 2:30 Doors Open Art Making (CAS) 3:00 Conversations with Rev. K (A3 RR) 6:00 Spa Social (SA)</p>	<p>3 10:30 Gentle Fitness (RR) 11:00 Shabbat Memories & Craft Club (SA) 11:15 1:1 Aromatherapy (on units) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 3:15 Shabbat Blessings (on units)</p>	<p>4 9:30 Orthodox Shabbat Service (WS) 10:30 TR Visits (on units) 10:30 Morning Mingle: Social Hour (CH) 1:30 Games Hour (RR) 1:30 Board Games (SA)</p>
5	6	7	8	9	10	11
	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 10:30 Spiritual Connections with Rev K (A4 RR) 11:00 TR Visits (on units) 1:30 Buddy's Glee Club (A3RR) 2:45 Sharing Dance Class (SA) 3:00 Jewish Storytelling (A6 RR) 4:00 Torah Study / Mincha Services (A2 RR) 5:45 Scrabble (RR)	9:00 TR Visits (on units) 10:30 Spiritual Bliss (A2 RR) 10:45 Music Therapy (A3EI) *referral only 11:15 Morning Kick-Off Exercise (SA) 1:30 Doors Open Art Making (CAS) 1:30 Game Alliance (A3RR) 3:00 Bingo (LH) 6:00 Game night delight! (LH)	9:15 Breakfast Club (A2RR) 10:00 Doors Open Art Making (CAS) 1:30 Concert (A3RR) 1:30 Jewish Storytelling (A5 RR) 3:00 Drama Club (SA) 6:00 Poetry Group (WA)	10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Tuck Shop (A2 RR Hallway) 10:30 Concert (SA) 1:30 Bingo (RR) 1:30 Russian Group (LH) 1:30 Shared Wisdom with Chaplain Raquel (A7 RR) 2:30 Doors Open Art Making (CAS) 3:00 Conversations with Rev. K (A3 RR) 6:00 Travelogue (LH) 6:15 Rummy Q (RR)	10:30 Gentle Fitness (RR) 11:00 Music with Rachel (SA) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 2:30 Shabbat Blessings (on units) 3:30 Moments in Time (GS)	9:30 Orthodox Shabbat Service (WS)
12	13	14	15	16	17	18
3:00 Sunday Social Meetup (CH)	10:00 Doors Open Art Making (CAS) 10:45 Intergenerational program with Robins Hebrew Academy (A5RR) 11:15 Gentle Fitness (RR) 1:30 Buddy's Glee Club (A3RR) 1:30 Movie Matinee (JT) 2:45 Sharing Dance Class (SA) 3:00 Jewish Storytelling (A6 RR) 4:00 Torah Study / Mincha Services (A2 RR) 5:45 Scrabble (RR)	9:00 TR Visits (on units) 10:30 Drum Circle with Rhythmic by Nature (SA) 10:30 Spiritual Bliss (A2 RR) 10:45 Music Therapy (A3EI) *referral only 1:30 Doors Open Art Making (CAS) 1:30 Game Alliance (RR) 3:00 Bingo (SA) 6:00 Evening Active Games (SA)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 11:00 TR Visits (on units) 1:30 Drama with Smile Theatre (LH) 1:30 Jewish Storytelling (A5 RR) 1:30 Virtual Reality/VR (RR) 3:30 TR Visits (on units) 3:30 Poetry with Havergal College (LH) 6:00 Music with Students from CHAT (SA)	10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Tuck Shop (A2 RR Hallway) 10:30 Concert (SA) 1:30 Bingo (RR) 1:30 Shared Wisdom with Chaplain Raquel (A7 RR) 3:00 Apotex Farewell Ceremony (SA) 6:00 Reminiscence with Music (LH) 6:15 Rummy Q (RR)	10:00 Shabbat Visit with Temple Sinai Preschool (SA) 10:30 Gentle Fitness (RR) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat & Festive Kiddush (SA) 2:30 Shabbat Blessings (on units) 3:00 Games Hour Drop In (RR) 3:30 Moments in Time (EI)	9:30 Orthodox Shabbat Service (WS)
19	20	21	22	23	24	25
	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 10:30 Spiritual Connections with Rev K (A4 RR) 10:45 Intergenerational program with Robins Hebrew Academy (A5RR) 11:00 TR Visits (on units) 1:30 Buddy's Glee Club (A3RR) 2:45 Sharing Dance Class (SA) 3:00 Jewish Storytelling (A6 RR) 3:00 Making History (A3RR) 4:00 Torah Study / Mincha Services (A2 RR) 5:45	9:00 TR Visits (on units) 10:30 Spiritual Bliss (A2 RR) 10:45 Music Therapy (A3EI) *referral only 11:15 Morning Kick-Off Exercise (SA) 1:30 Residents' Council (A2 RR) 1:45 Grandpals Program with Leo Baeck (CAS & LH) 1:45 TR Visits (on units) 6:00 Evening Art (LH)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 1:30 Birthday Concert (A3RR) 1:30 Concert (A3RR) 1:30 Jewish Storytelling (A5 RR) 3:00 Drama Club (SA) 3:30 TR Visits (on units) 6:00 Poetry Group (WA)	10:00 CA-Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Tuck Shop (A2 RR Hallway) 10:30 Concert (SA) 1:30 Bingo (RR) 1:30 Shared Wisdom with Chaplain Raquel (A7 RR) 2:00 Sports Lovers Unite! Hockey Edition (LH) 2:30 Doors Open Art Making (CAS) 3:00 Conversations with Rev. K (A3 RR) 6:00 Bingo (LH) 6:15 Rummy Q (RR)	10:30 Gentle Fitness (RR) 11:00 Jewish Singalong with Hugh & Ruth (SA) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 2:30 Shabbat Blessings (on units) 3:30 Moments in Time (GS)	9:30 Orthodox Shabbat Service (WS)

Scrabble (RR)

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10:00 Ladies Spa (RR)
10:30 Let's Schmooze Social Hour (CH)
1:30 Gentle Fitness (RR)
2:00 Karaoke (SA)
2:30 Games Hour Drop In (RR)

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International Holocaust Remembrance Day
10:00 Doors Open Art Making (CAS)
10:30 Spiritual Connections with Rev K (A4 RR)
10:45 Intergenerational program with Robins Hebrew Academy (A5RR)
11:15 Gentle Fitness (RR)
1:30 For A Better Future - International Holocaust Education Day (WH)
4:00 Torah Study / Mincha Services (A2 RR)
5:45 Scrabble (RR)

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9:00 TR Visits (on units)
10:30 Spiritual Bliss (A2 RR)
10:45 Music Therapy (A3EI) *referral only
11:00 Montessori Madness (SA)
1:30 CA-From The Vaults (A3 RR)
1:45 Grandpals Program with Leo Baeck (CAS & LH)
6:00 Bingo (LH)

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10:00 Doors Open Art Making (CAS)
10:30 Gentle Fitness (RR)
11:00 TR Visits (on units)
1:30 Drum Circle with Terri (RR)
1:30 Jewish Storytelling (A5 RR)
3:30 TR Visits (on units)
6:00 Poetry Group (WA)

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10:00 CA-Creative Arts (CAS)
10:00 Gentle Fitness (RR)
10:30 Tuck Shop (A2 RR Hallway)
10:30 Concert (SA)
1:30 Bingo (RR)
1:30 Shared Wisdom with Chaplain Raquel (A7 RR)
2:30 Doors Open Art Making (CAS)
3:00 Conversations with Rev. K (A3 RR)
6:00 Motion to Music (LH)
6:15 Rummy Q (RR)

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10:30 Gentle Fitness (RR)
10:30 Hands on Exotics: Furry Friends Edition! (LH)
1:30 Doors Open Art Making (CAS)
2:15 Community Shabbat (SA)
2:30 Shabbat Blessings (on units)
3:00 Games Hour Drop In (RR)
3:30 Moments in Time (EI)