








Programs are subject to change. Please refer to white board for daily changes. If you have any questions please speak to your on floor Recreationists Susan Edmunds ext. 3240 or Theresa Gasmen ext. 2459

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|---|---|
|  | <p>Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood RF = Redbird/Floral Place GS = Goldenlane/Stoneway LH = Loftus Hall CAS = Creative Arts Studio CH=Culture Hub</p> | <p>Program Location Legend WS = Wolinsky Synagogue WH = Wortsman Hall JT = Jacob Theatre WAG = WA Cafe Garden WA = W.A. Cafe SA = Sharp Family Atrium SG= Secure Garden</p> |  | <p>2 Fast of Tammuz 10:30am 1:1 Walks with Resident (Rotating neighborhoods) 1:30pm Observance of the 17th of Tammuz with Rabbi Rena (LH) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 3:00pm Bingo (LH) 6:00pm Spa & Game Social (SA)</p> | <p>3 10:30am Gardening Club (Meet SA) 10:30am Joys of Gratitude (LH) 10:30am On-Floor Shabbat Experience (A4 RR) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)</p> | <p>4 Shabbat Shalom! 9:30am Orthodox Shabbat Service (WS) 10:30am Gentle Fitness (RR) 1:30pm Tabletop Games (RR) 3:30pm 1:1 Walks with Resident</p> |
|  | <p>5 10:00am Doors Open Art Making (CAS) 10:30am Mindful Colouring (RR) 10:30am Yiddish Group (LH) 1:30pm Bingo (RR) 3:00pm Comedy Connections-Drama Workshop(LH) 3:00pm Storytelling for the Soul (A6 RR) 4:00pm Torah Class with Rabbi David (A2 RR) 6:00pm 1:1 Walks with Resident (EI)</p> | <p>6 9:30am 1:1 Garden Visits (RF) 10:30am Mussar with Rabbi Rena (A2RR) 11:00am Morning Kick Off Exercise (LH) 11:00am Pet therapy with Winnie (Rotating Neighbourhoods) 1:30pm Concert with Rita (RR) 1:30pm Doors Open Art Making (CAS) 6:00pm Compassionate Touch 1:1 (rotating units)</p> | <p>7 10:00am Doors Open Art Making (CAS) 10:30am Exercise (RR) 10:30am Heart Behind the Hymns (A7RR) 1:30pm Shared Wisdom (A5 RR) 1:30pm Ice Cream Social (Balcony/RR) 2:00pm Obie Games (RF) 3:00pm Spanish Group (LH) 6:00pm Poetry Appreciation Group (LH)</p> | <p>8 10:30am Concert - Reuven Duo A Cappella(SA) 11:00am Outing- Vaughan Mills Mall 1:30pm Board Games (RR) 1:30pm Shared Wisdom (A7 RR) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 3:00pm Bingo (LH) 6:00pm Melodies & Memories (LH)</p> | <p>9 10:30am 1:1 Balcony Visits (RF) 10:30am Gardening Club (Meet SA) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)</p>  | <p>10 Shabbat Shalom! 9:30am Orthodox Shabbat Service (WS) 10:30am Let's Schmooze Garden Edition - All are Welcome! (SG) 10:30am Lets chat- (RR Balcony) 1:30pm Board games (SA) 1:30pm Ladies Spa (RR)</p> |
| <p>11 10:30am Gentle Fitness (RR) 1:30pm Drawing & Painting (RR) 3:30pm 1:1 Garden Visits</p> | <p>12 10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Floating) 10:30am Montessori Cart (Rotating Units) 11:00am Meditation & Movement (LH) 1:30pm Bingo (RR) 1:30pm Calming Imagery for Peaceful Relaxation (LH) 3:00pm Storytelling for the Soul (A6 RR) 4:00pm Torah Class with Rabbi David (A2 RR) 6:00pm Compassionate Touch (GS)</p> | <p>13 9:30am 1:1 Balcony Visits (GS) 10:30am Mussar with Rabbi Rena (A2RR) 11:00am Pet therapy with Winnie (Rotating Neighbourhoods) 12:00pm BBQ (RF) 1:30pm Doors Open Art Making (CAS) 2:00pm French Club (LH) 2:30pm Word Game (RR) 3:00pm Packing and Sorting Food Donations for Chasdei Kaduri 6:00pm Trivia Night (A4 RR)</p> | <p>14 10:00am Doors Open Art Making (CAS) 10:30am Exercise (RR) 10:30am Heart Behind the Hymns (A7RR) 11:00am New Resident Welcome Visits (Floating) 1:30pm Creative Arts (A4RR) 1:30pm Shared Wisdom (A5 RR) 1:30pm Russian Group (LH) 3:00pm Ice cream social (SG) 6:00pm Poetry Appreciation Group (LH)</p> | <p>15 10:30am Concert - Janie Respitz (SA) 1:30pm Hands On Exotics - Explore Africa (SA) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 6:00pm Spa & Game Social (SA)</p> | <p>16 10:30am Documentary - The Last Repair Shop(RR) 10:30am Gardening Club (Meet SA) 10:30am Joys of Gratitude (LH) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)</p>  | <p>17 Shabbat Shalom! 9:30am Orthodox Shabbat Service (WS)</p> |
| <p>18 10:30am 1:1 Garden Visits 10:30am Relaxation Visits (floating) 1:30pm Sunday Concert - Chai Spirits A Cappella (SA) 3:30pm Compassionate Touch (A4 Units)</p> | <p>19 10:00am Doors Open Art Making (CAS) 10:00am Relaxation Visits (Floating) 1:30pm Bingo (RR) 1:30pm Buddy's Glee Club (A3RR) *referral only 1:30pm Journey of Heroes (LH) 3:00pm Storytelling for the Soul (A6 RR) 4:00pm Torah Class with Rabbi David (A2 RR) 6:00pm Balloon Tennis (RR)</p> | <p>20 9:30am Robotic Pet therapy (EI) 10:30am Mussar with Rabbi Rena (A2RR) 11:00am Pet therapy with Winnie (Rotating Neighbourhoods) 1:30pm Summer Concert with James Regan (RR) 1:30pm Doors Open Art Making (CAS) 1:30pm Residents' Council (A2 RR) 3:00pm Sharing Dance (LH)</p> | <p>21 10:00am Outdoor Plant Pot Mosaics (CAS) 10:30am Exercise (RR) 10:30am Heart Behind the Hymns (A7RR) 11:00am Morning Kick Off Exercise (LH) 1:30 Resident Food Committee meeting(A2RR) 1:30pm Creative Arts (A4RR) 1:30pm Shared Wisdom (A5 RR) 2:00pm Obie Games (EI) 6:00pm Poetry Appreciation Group</p> | <p>22 Tisha B'Av 10:30am Eicha Reading (LH) 2:00pm Tisha B'Av Learning and Service (WS) 2:30pm Doors Open Art Making (CAS) 3:00pm Aromatherapy (on units) 3:00pm Bingo (LH) 6:00pm Piano Concert (SA)</p>  | <p>23 10:30am Gardening Club (Meet SA) 10:30am Joys of Gratitude (LH) 12:00pm BBQ (EI) 1:30pm Doors Open Art Making (CAS) 2:15pm Community Shabbat (SA)</p>  | <p>24 Shabbat Shalom! 9:30am Orthodox Shabbat Service (WS) 10:30am Gentle Fitness (RR) 1:30pm Tabletop Games (RR) 3:30pm 1:1 Garden Visits</p> |

(LH)

26

10:30am Instrumental Music in the Atrium (SA)

27

10:00am Doors Open Art Making (CAS)
10:00am Relaxation Visits (Floating)
10:30am Yiddish Group (LH)
1:30pm Bingo (RR)
1:30pm Buddy's Glee Club (A3RR)
*referral only
2:00pm Movie Matinee - Mamma Mia (LH)
3:00pm Storytelling for the Soul (A6 RR)
4:00pm Torah Class with Rabbi David (A2 RR)
6:00pm 1:1 Garden Visits (RF)
6:30pm Instrumental Music in the Atrium (SA)

28

9:30am 1:1 TR Social Visits (GS)
10:30am Mussar with Rabbi Rena (A2RR)
11:00am Pet therapy with Winnie (Rotating Neighbourhoods)
1:30pm Doors Open Art Making (CAS)
1:30pm Trivia (RR)
2:00pm "Cheers to 100 Years!"



29

10:00am Doors Open Art Making (CAS)
10:30am Exercise (RR)
10:30am Heart Behind the Hymns (A7RR)
11:00am Fun with Drums (SA)
11:00am New Resident Welcome Visits (Floating)
1:30pm Creative Arts (A4RR)
1:30pm Shared Wisdom (A5 RR)
3:00pm Baycrest Learning Academy- Collecting the Dream- Theodor Herzl viewed through artifacts (LH)
6:00pm Poetry Appreciation Group (A3)

30

10:30am Concert - Mark Youhanan (SA)
1:30pm Travelogue - New York (RR)
1:30pm Shared Wisdom (A7 RR)
2:30pm Doors Open Art Making (CAS)
3:00pm Aromatherapy (on units)
3:00pm Bingo (LH)
6:30pm Concert - Davis Steven (SA)

31

10:30am Gardening Club (Meet SA)
10:30am Joys of Gratitude (LH)
10:30am Sing Along (RR)
1:30pm Doors Open Art Making (CAS)
2:15pm Community Shabbat (SA)

