


# July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Please note that all programs are subject to change.</b> For any questions, please contact Jenypher Ashby (ext. 5490) or Hiro Nakajima (ext. 3584).</p>	<p><b>Program Location Legend</b>  <b>RR</b> = Recreation Room  <b>EI</b> = Elmgrove/Ivywood  <b>GS</b> = Goldenlane/Stoneway  <b>LH</b> = Loftus Hall  <b>CAS</b> = Creative Arts Studio</p>	<p><b>Program Location Legend</b>  <b>WS</b> = Wolinsky Synagogue  <b>WH</b> = Wortsman Hall  <b>JT</b> = Jacob Theatre  <b>WA</b> = W.A. Cafe  <b>SG</b> = Secure Garden  <b>SA</b> = Sharp Family Atrium  <b>CH</b> = Culture Hub</p>	<p><b>Happy Canada Day!</b> No Programs today</p> 	<p><b>Fast of Tammuz</b></p> <p>10:00 Creative Arts (CAS)            1:30 Game Alliance (RR)            1:30 Observance of the 17th of Tammuz with Rabbi Rena (LH)            2:30 Doors Open Art Making (CAS)            3:00 Bingo (LH)            5:45 Rummy Q (RR)            6:00 Spa &amp; Game Social (SA)</p>	<p>10:30 Gardening Club (Meet SA)            10:30 Gentle Fitness (RR)            10:30 Joys of Gratitude (LH)            1:30 Doors Open Art Making (CAS)            2:15 Community Shabbat (SA)            3:30 Shabbat Blessings (in neighbourhoods)</p>	<p><b>Shabbat Shalom!</b></p> <p>9:30 Orthodox Shabbat Service (WS)            1:30 Board Games (RR)            3:30 1:1 Aromatherapy (in neighborhoods)</p>
5	6	7	8	9	10	11
	<p>10:00 Doors Open Art Making (CAS)            10:30 Yiddish Group (LH)            11:00 TR Visits (in neighbourhoods)            3:00 Comedy Connections-Drama Workshop(LH)            3:00 Storytelling for the Soul (A6 RR)            4:00 Torah Class with Rabbi David (A2 RR)            5:45 Scrabble (RR)</p>	<p>9:00 TR Visits (in neighbourhoods)            10:00 Creative Arts (CAS)            10:30 Mussar with Rabbi Rena (A2RR)            11:00 Morning Kick Off Exercise (LH)            1:30 Summer Themed Concert (RR)            1:30 Doors Open Art Making (CAS)</p>	<p>10:00 Doors Open Art Making (CAS)            10:30 Gentle Fitness (RR)            10:30 Heart Behind the Hymns (A7RR)            12:00 BBQ (GS)            1:30 Shared Wisdom (A5 RR)            2:15 Ice Cream Cart (in neighbourhoods)            3:00 Spanish Group (LH)            6:00 Poetry Appreciation Group (LH)</p>	<p>10:00 Creative Arts (CAS)            10:00 Gentle Fitness (RR)            10:30 Concert - Reuven Duo A Cappella(SA)            10:30 Tuck Shop (A2 RR)            1:30 Arm Chair Travel (RR)            1:30 Shared Wisdom (A7 RR)            2:30 Doors Open Art Making (CAS)            3:00 Bingo (LH)            6:00 Melodies &amp; Memories (LH)</p>	<p>10:30 Gardening Club (Meet SA)            10:30 Gentle Fitness with Kumi (RR)            1:30 Doors Open Art Making (CAS)            2:15 Community Shabbat (SA)            3:30 Shabbat Blessings (in neighbourhoods)</p>	<p><b>Shabbat Shalom!</b></p> <p>9:30 Orthodox Shabbat Service (WS)            10:30 Garden Visits (main floor)            10:30 Let's Schmooze Garden Edition - All are Welcome! (SG)            1:30 Board games (SA)            1:30 Games Hour (RR)</p>
12	13	14	15	16	17	18
<p>10:45 1:1 Aromatherapy (in neighbourhoods)            1:30 Board Games (RR)</p>	<p>10:00 Doors Open Art Making (CAS)            11:00 TR Visits (in neighbourhoods)            11:00 Meditation &amp; Movement (LH)            1:30 Calming Imagery for Peaceful Relaxation (LH)            1:30 Movie Matinee (JT)            3:00 Storytelling for the Soul (A6 RR)            4:00 Torah Class with Rabbi David (A2 RR)            5:45 Garden Visits - Scrabble if raining</p>	<p>9:00 TR Visits (in neighbourhoods)            10:00 Creative Arts (CAS)            10:30 Mussar with Rabbi Rena (A2RR)            11:00 Music Therapy (A3EI) *referral only            1:30 Bingo (RR)            1:30 Doors Open Art Making (CAS)            2:00 French Club (LH)            3:00 Packing and Sorting Food Donations for Chasdei Kaduri            6:00 Trivia Night (A4 RR)</p>	<p>10:00 Doors Open Art Making (CAS)            10:30 Gentle Fitness (RR)            10:30 Heart Behind the Hymns (A7RR)            11:00 New Resident Welcome Visits (Floating)            1:30 1:1 TR Visits(in neighbourhoods)            1:30 Game Alliance (RR)            1:30 Shared Wisdom (A5 RR)            1:30 Russian Group (LH)            3:00 Ice cream social (SG)            6:00 Poetry Appreciation Group (LH)</p>	<p>10:00 Creative Arts (CAS)            10:00 Gentle Fitness (RR)            10:30 Concert - Janie Respitz (SA)            10:30 Tuck Shop (A2 RR)            1:30 Brain Games (RR)            1:30 Hands On Exotics - Explore Africa (SA)            2:30 Doors Open Art Making (CAS)            5:45 Rummy Q (RR)            6:00 Spa &amp; Game Social (SA)</p>	<p>10:30 Gardening Club (Meet SA)            10:30 Gentle Fitness (RR)            10:30 Joys of Gratitude (LH)            1:30 Doors Open Art Making (CAS)            2:15 Community Shabbat (SA)            3:30 Shabbat Blessings (in neighbourhoods)</p>	<p><b>Shabbat Shalom!</b></p> <p>9:30 Orthodox Shabbat Service (WS)            10:30 Gentle Fitness (RR)</p>

# July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
10:30 Relaxation Visits (floating) 1:30 Sunday Concert - Chai Spirits A Cappella (SA)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 11:00 TR Visits (in neighbourhoods) 1:30 Buddy's Glee Club (A3RR) *referral only 1:30 Journey of Heroes (LH) 3:00 Storytelling for the Soul (A6 RR) 4:00 Torah Class with Rabbi David (A2 RR)	9:00 TR Visits (in neighbourhoods) 10:00 Creative Arts (CAS) 10:30 Mussar with Rabbi Rena (A2RR) 11:00 Music Therapy (A3EI) *referral only 1:30 Doors Open Art Making (CAS) 1:30 Game Alliance (A3RR) 1:30 Residents' Council (A2 RR) 3:00 Sharing Dance (SA)	10:00 Outdoor Plant Pot Mosaics (CAS) 10:30 Gentle Fitness (RR) 10:30 Heart Behind the Hymns (A7RR) 11:00 Morning Kick Off Exercise (LH) 1:30 Resident Food Committee meeting(A2RR) 1:30 Bingo (RR) 1:30 Shared Wisdom (A5 RR) 6:00 Poetry Appreciation Group (LH)	<b>Tisha B'Av</b> 10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Eicha Reading (LH) 1:30 Ice Cream & Plant Care (RR) 2:00 Tisha B'Av Learning and Service (WS) 2:30 Doors Open Art Making (CAS) 3:00 Bingo (LH) 5:45 Rummy Q (RR) 6:00 Piano Concert (SA)	10:30 Gardening Club (Meet SA) 10:30 Gentle Fitness (RR) 10:30 Joys of Gratitude (LH) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 3:30 Shabbat Blessings (in neighbourhoods)	<b>Shabbat Shalom!</b> 9:30 Orthodox Shabbat Service (WS) 10:30 Let's Chat (Balcony) 1:30 Game Alliance (RR) 3:30 1:1 TR Visits (in neighbourhoods)
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
10:30 Instrumental Music in the Atrium (SA)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 10:30 Yiddish Group (LH) 11:00 TR Visits (in neighbourhoods) 12:00 3 EI BBQ (SG) 1:30 Buddy's Glee Club (A3RR) *referral only 2:00 Movie Matinee - Mamma Mia (LH) 3:00 Storytelling for the Soul (A6 RR) 4:00 Torah Class with Rabbi David (A2 RR) 5:45 Garden Visits - Scrabble if raining 6:30 Instrumental Music in the Atrium (SA)	9:00 TR Visits (in neighbourhoods) 10:00 Creative Arts (CAS) 10:30 Mussar with Rabbi Rena (A2RR) 11:00 Music Therapy (A3EI) *referral only 1:30 Birthday Concert (RR) 1:30 Doors Open Art Making (CAS) 3:00 "Cheers to 100 Years!" Celebrating Baycrest's Centenarians (SA)	10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 10:30 Heart Behind the Hymns (A7RR) 11:00 Fun with Drums (SA) 11:00 New Resident Welcome Visits (Floating) 1:30 Bingo (RR) 1:30 Shared Wisdom (A5 RR) 3:00 Baycrest Learning Academy- Collecting the Dream- Theodor Herzl viewed through artifacts (LH) 6:00 Poetry Appreciation Group (A3)	10:00 Creative Arts (CAS) 10:00 Gentle Fitness (RR) 10:30 Concert - Mark Youhanan (SA) 10:30 Tuck Shop (A2 RR) 1:30 Game Alliance (RR) 1:30 Shared Wisdom (A7 RR) 2:30 Doors Open Art Making (CAS) 3:00 Bingo (LH) 5:45 Rummy Q (RR) 6:30 Concert - Davis Steven (SA)	10:30 Gardening Club (Meet SA) 10:30 Gentle Fitness (RR) 10:30 Joys of Gratitude (LH) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA) 3:30 Shabbat Blessings (in neighbourhoods)	

