

August 2026

<u>Daily Broadcast on Channels</u> <u>988, 67,59</u>	<u>RESIDENTS' TOWN HALL</u> <u>MEETING</u>	<u>REFORM SERVICES</u>
<u>Chair Exercise</u> 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.	Thursday, August 13 3:30 p.m. Assembly Room	<u>Reform Service with Rabbi</u> <u>Rena</u> August 22 10:00 a.m.
<u>Chair Tai Chi</u> 2:00 a.m., 10:00 a.m.	<u>BIRTHDAY CONCERT</u>	<u>CRUISIN' THRU THE 50s BBQ</u>
<u>Standing Tai Chi</u> 10:30 a.m., 4:00 p.m., 8:00 p.m.	Thursday, August 20 2:00 p.m. <u>Entertainer:</u> Kathy Thompson Assembly Room	Friday, August 7 11:30 a.m.- 1:00 p.m. Assembly Room
<u>Meditation</u> 9:00 p.m.	<u>SUMMER SOCIALS</u>	<u>DISCUSSION WITH RODNEY</u>
<u>NEW RESIDENT WELCOME</u> <u>GROUP</u>	<u>Grilled Peaches Sundae Ice</u> <u>Cream Social</u> August 17 2:00 p.m. <u>Ice Cream Social</u> August 31 2:00 p.m.	Friday, August 21, 28 2:00 p.m. Assembly Room
Monday, August 24 3:15 p.m. Boardroom	<u>CARRIBEAN THEME DAY</u>	<u>SPECIAL PROGRAMMING</u>
<u>OUTING</u>	Concert with John Pebble Wednesday August 12 2:00 p.m. Assembly Room	<u>Museum on Wheels: Jewish</u> <u>History</u> August 4 3:30 p.m. Assembly Room
<u>Outing: MZTV Museum Of</u> <u>Television</u> August 26 12:45 p.m. – 5:00 p.m. Sign up will begin Wed. Aug 12 at 9 a.m. See details on flyer by recreation board.	<u>HARD OF HEARING CLUB</u>	<u>Presentation: "I am Sick Not</u> <u>Weak. And I can prove it!"</u> <u>with Michael Landsberg</u> August 11 2:00 p.m. Assembly Room
	Monday August 3, 17, 31 3:00 p.m. Fireside Lounge	



Baycrest Terraces

Residence and Community

Where life thrives

Monthly Calendar: August 2026

Contact Information

To Order Boxed Meals

416-785-2500
Ext. **2477**

Concierge Desk

416-785-2500
Ext. **2267**

Health Center

416-785-2500
Ext. **2292**

Social Workers

416-785-2500
Tanya Ext. **2990**
Rebecca Ext. **2667**

Recreation Staff

416-785-2500
Archana Ext. **5879**
Charlotte Ext. **2687**



Programs subject to change.

Please refer to daily program schedule

Monthly Program Schedule: August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Coffee with the Rec Team 9:00 a.m. Lobby	Chair Exercise 10:30-11:00 a.m.	Balance Exercise 10:15- 11:00 a.m.	Sharing Dance Exercise with Sabra 10:30-11:15 a.m.	Balance Exercise 10:15- 11:00 a.m.	Chair Exercise 10:30 -11:00 a.m.	Orthodox Synagogue Services Times noted on recreation board
Sweat and Shine Exercise with Charlotte August 16 10:30 a.m.	Concert with Jean-Claude August 3 2:00 p.m.	Yiddish Group 1:00 p.m.	Concert with Jordan Klapman: Oscar Winning Songs August 5 2:00 p.m.	Concert 2:00 p.m.	Discussion Group: Energize and Socialize with Dinie 11:05 a.m.	Nature Walks with Sam 10:30 a.m.
Sunday Movement with Gurnoor August 9, 30 10:30 a.m.	Presentation: Architecture of Frank Lloyd with Dr. Peter Harris August 10 2:00 p.m.	Bingo 2:00 p.m.	Caribbean Theme Day Concert John Pebble August 12 2:00 p.m.	August 6 – Isaac Muzikansky August 13 – Marcus Schwan August 20 – Birthday Concert with Kathy Thompson August 27 – Mark Youhanan	Fireside Lounge	Meet in Lobby
Grilled Peaches Sundae Ice Cream Social August 2, 23 10:30 a.m.	Lobby Pianist Natalie Jiang August 10 3:30 p.m.	No Bingo on August 11	Bridge with Jonathan August 12 1:30 p.m.	Film Club August 6 7:00 p.m.	Local News Discussion Group August 8, 22 2:00 p.m.	Local News Discussion Group August 8, 22 2:00 p.m.
Yoga Class 2:00 p.m.	Museum on Wheels: Jewish History August 4 3:30 p.m.	Museum on Wheels: Jewish History August 4 3:30 p.m.	Assembly Room	Howard Mednick Presents: Breaking Winds With Mozart August 12 1:30 p.m.	Crusin’ Thru the 50’s BBQ August 7 11:30 a.m.- 1:00 p.m.	Fireside Lounge
Movie Matinee 1:30 p.m.	Presentation: “I am Sick Not Weak. And I can prove it!” with Michael Landsberg August 11 2:00 p.m.	Presentation: “I am Sick Not Weak. And I can prove it!” with Michael Landsberg August 11 2:00 p.m.	11 th Floor Lounge	Residents’ Town Hall Meeting August 13 3:30 p.m.	Howard Mednick Presents: Classical Music By People With Disabilities August 14 2:00 p.m.	Saturday Afternoon Sing Along with Sophie 3:00 p.m.
Fireside Lounge	Sing Along The Posners August 24 2:00 p.m.	Lobby Pianist Ari Posner August 25 3:15 p.m.	Howard Mednick Presents: Breaking Winds With Mozart August 19 2:00 p.m.	Rummy Q August 6 6:30 p.m.	Discussion with Rodney August 21, 28 2:00 p.m.	Lobby
Movie Night Theme: Glamour Girls 7:00 p.m.	Ice Cream Social August 31 2:00 p.m.	Lobby Pianist Ari Posner August 25 3:15 p.m.	Presentation: Plains of Abraham- 15 Minutes that Changed the World with Paul Dias August 26 2:00 p.m.	6th Floor	Reform Service with Rabbi Rena August 22 10:00 a.m.	Reform Service with Rabbi Rena August 22 10:00 a.m.
	New Resident Welcome Group August 24 3:15 p.m.	Rummy Q 6:30 p.m.	Presentation: Plains of Abraham- 15 Minutes that Changed the World with Paul Dias August 26 2:00 p.m.	All Programs take place in Assembly Room unless noted.	Daily Broadcast on Channels 988, 67, 59	Daily Broadcast on Channels 988, 67, 59
	Knitting and Crochet Group August 3, 10, 24 4:00 p.m.	TV Series Little House on the Prairie 7:00 p.m.	Mussar Discussion Group 3:15 p.m.		Games Café & Creative Colouring with Volunteers 1:15 p.m.	Chair Exercise 9:30 a.m., 11:00 a.m., 2:00 p.m., 7:00 p.m., 11:00 p.m.
	Games 7:00 p.m.		Movie Night: Modern Movies 7:00 p.m.		A Few Words of Torah with Ralph 3:15 p.m.	Chair Tai Chi 2:00 a.m.,10:00 a.m.
	Mahjong – Lobby		Outing: MZTV Museum Of Television August 26 12:45 p.m. – 5:00 p.m.		Classroom AB	Standing Tai Chi 10:30 a.m., 4:00 p.m., 8:00 p.m.
			Sign up will begin Wed. Aug 12 at 9 a.m. See details on flyer by recreation board.		Additional program details will be posted on the recreation board	Meditation 9:00 p.m.