

August 2026 - Terraces

MEMORY CARE REPOSITORY OF INDIVIDUALIZED ACTIVITIES

- Horticulture
- Happiness Project
- Audiobooks
- Board Games
- Walks
- Creative Expression
- Mental Aerobics Worksheet
- Reading/Story Telling
- Mindfulness
- Pet Therapy
- Music Therapy
- Technology 1:1 Support

Jewish History Presentation with Museum on Wheels

Tuesday, August 4
2:00 p.m.
Assembly Room

Oscar-Winning Concert With Jordan Klapman

Wednesday, August 5
2:00 p.m.
Assembly Room

Classical Lectures with Howard Mednick

August 19
2:00 p.m.
Assembly Room

Birthday Concert

Thursday, August 20
2:00 p.m.
Entertainer:
Kathy Thompson
Assembly Room

August Lunch BBQ Theme: Cruisin ' through the 50's

Friday, August 7th
Memory Care Dining
Room /Patio
Come Dress for the
Occasion!

Caribbean Them Day

Wednesday, August 12
Photobooth: 11:00 a.m.
Concert:2:00 p.m.
Assembly Room

Thursday Afternoon Concerts

August 6- Isaac M.
August 13 –Marcus S.
August 20 – Kathy T.
August 27 – Mark Y.
2:00 p.m.
Assembly Room

Memory Care Theme Days

Celebrating with Peaches
Sunday, August 16

Music with Ari
August 19th

Summer Birds
Wednesday, August 26

Memory Care Community



Memory Care, Possibilities by Baycrest

“Maximizing our residents’ potential through their cognitive health journey.”

Contact Information

Memory Care Nurses
416-349-1437

Clinical Manager
Elisha Cruz
647-206-1164

Program Lead Curator
Fern Fabrizi
437- 348-3927

Social Workers
416-785-2500
Rebecca Ext. 2667
Tanya Ext. 2990

Recreation Team
Amy Goldberg Trim
Ashley Kubi
Theresa Gesman
Andrea Nwokeli



Possibilities by Baycrest Core Values:
Connections, Autonomy, Purpose, and Choice

Monthly Program Schedule: AUGUST 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven	Creating Connection with Maven
Morning Walks 9:45 -10:30 a.m.	Walks to Greenhouse 9:45 -10:30 a.m.	Morning Walks 9:45- 10:30 a.m.	Walks to Greenhouse 9:45 -10:30 a.m.	Morning Walks 9:45 -10:30 a.m.	Walks Greenhouse 9:45 -10:30 a.m.	Morning Walks 9:45 -10:30 a.m.
Gentle Stretching 10:45 -11:45 a.m.	Seated Yoga 10:45 -11:45 a.m.	Resistance Bands Workout 10:45- 11:45 a.m.	Chair Dance 10:45 -11:45 a.m.	Seated Yoga 10:45 -11:45 a.m.	Resistance Bands Workout 10:45 -11:45 a.m.	Chair Exercise 10:45 -11:45 a.m.
Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.	Individual Activity 12:45 – 1:15 p.m.
Discussion Group 1:30 – 2:30 p.m.	Music Therapy Group 1:15- 2:00 p.m.	Yiddish Group 1:00 p.m. Assembly Room	Community Dog Visit 1:00 p.m.	Concert 2:00 p.m. Assembly Room	Challah Baking 2:00 p.m.	Singalong 2:00 p.m.
Schmooze in the Community 2:00 p.m.	Ice Cream Social 2:15 p.m. August 31st	Baking 1:30 – 3:00 p.m.	Creative Arts 1:30 -2:30 p.m.	Table Top Activity 3:15 – 3:45 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Table Top Activity 2:45 – 3:30 p.m.
Table Top Activity 2:45 – 3:45 p.m.	Green Thumb Gardener 2:15 – 3:00 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Variety Hour 5:45 p.m.	Celebrating Shabbat in the Community 5:30 p.m.	Havdalah Shabbat 5:30 p.m.
Music Appreciation 5:30 p.m.	Table Top Activity 2:45 – 3:45 p.m.	Creative Expression 5:45 p.m.	Outdoor Patio Social 3:30 -4:30 p.m.			
(Programs are subject to change, based on residents needs)	Travelogue 5:45 p.m.		Bingo Night 5:45 p.m.			