



Research publications evaluating the Learning the Ropes for Living with MCI® Program and the Learning the Ropes Foundations Webinar

Fishman, K. N., Pilienci, C., Truong, L., Rowe, G., Climans, R., Rose, I. Y., & Murphy, K. J. (2025).

Cognitive health promotion through a low-intensity high-volume webinar intervention for older adults at risk of future dementia. *Frontiers in Psychology*, 16, 1613890.

Fishman, K. N., Truong, L., Pilienci, C., Yusupov, I., Rowe, G., Climans, R., & Murphy, K. J. (2025, July).

Learning the Ropes Foundations: A pilot evaluation of a webinar for older adults at risk of dementia. *Alzheimer's & Dementia*, 21, e099779.

Murphy, K.J., Leon, S., Farzanfar, D., Rowe, G., & Climans, R. (2019). Addressing and Treating Real-life Memory Problems in Mild Cognitive Impairment. Paper presented at the 47th Annual meeting of the International Neuropsychological Society, New York City, NY, United States.

Wong-Gonzalez, E., Farzanfar, D., Climans, R., Rowe, G., & Murphy, K.J. (2019, March). The benefit of early intervention for family living with a relative experiencing mild cognitive impairment. Paper presented at the 29th Annual Rotman Research Institute Conference: Cognitive Aging: Research & Practice, Toronto, ON, Canada.

Nalder, E., Marziali, E., Dawson, D. R., & Murphy, K. (2018). Delivering cognitive behavioural interventions in an internet-based healthcare delivery environment. *British Journal of Occupational Therapy*, 81(10), 591-600.

Fogarty, J. N., Murphy, K. J., McFarlane, B., Montero-Odasso, M., Wells, J., Troyer, A. K., ... & Hansen, K. T. (2016). Taoist Tai Chi® and memory intervention for individuals with mild cognitive impairment. *Journal of Aging and Physical Activity*, 24(2), 169-180.

Troyer, A. K., Murphy, K. J., Anderson, N. D., Moscovitch, M., & Craik, F. I. (2008). Changing everyday memory behaviour in amnesic mild cognitive impairment: A randomised controlled trial. *Neuropsychological Rehabilitation*, 18(1), 65-88.

Other professional publications showcasing the Learning the Ropes for Living with MCI® Foundations Program

Fishman, K. N., McPhee, M., Ladowski, D., Lin, J., & Murphy, K. J. (2025, July). From clinic to community: Expanding access to psychological care for mild cognitive impairment through an innovative webinar intervention. *Psynopsis*, 47(3). <https://cpa.ca/docs/File/Psynopsis/2025-Vol47-3/index.html#p=1>

Professional awards

The Learning the Ropes for Living with MCI® Foundations Webinar received a "Research Excellence in Dementia Care Award" from the Baycrest Academy for Research and Education in 2026.