

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs are subject to change. Please refer to white board for daily schedule. For any questions, please contact Jessica Rescorl (ext. 3406)	Program Location Legend RR = Recreation Room EI = Elmgrove/Ivywood GS = Goldenlane/Stoneway LH= Loftus Hall CAS = Creative Arts Studio	Program Location Legend WS = Wolinsky Synagouge WH = Wortsman Hall JT = Jacob Theatre WA = W.A. Cafe SA = Sharp Family Atrium CH = Culture Hub		1 <i>National Seniors Day</i> 10:00 Gentle Fitness (RR) 10:30 Concert: Marcus Schwann (SA) 1:30 Art Reflections (A7 RR) 1:30 Tover Table (On Unit) 2:30 Doors Open Art Making (CAS) 3:00 Ice Cream Social - Celebrating Seniors (LH) 6:00 Arts & Games Gathering (SA)	2 10:30 Gentle Fitness (RR) 10:30 Sukkah Program with Paul Penna (Secure Garden Sukkah) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat & Festive Kiddush in the Sukkah (SA)	3 Shemini Atzeret Shabbat Shalom! 9:30 Orthodox Shemini Atzeret Service (WS) 10:30 Garden Visits (1:1 Off Unit) 1:30 Art Group (On Unit) 2:00 Conservative Shemini Atzeret Service (WH) 2:00 Reform Shemini Atzeret Service (SA)
4 Simchat Torah 9:30 Orthodox Simchat Torah Service (WS) 2:00 Conservative Simchat Torah Service (WH) 	5 10:00 Relaxation Visits (Floating) 10:30 National Day of Mourning - Marking 3 Years Ceremony (SA) 1:30 Buddy's Glee Club (A3RR) *sign-up required 1:30 Tover Table (On Unit) 3:00 Yiddish Group (LH) 4:00 Torah Class with Rabbi David (A2 RR) 6:30 Instrumental Music in the Atrium (SA)	6 9:15 Morning Welcome! 11:00 Morning Kick Off Exercise (SA) 1:30 Fall Art Group (On Unit) 1:30 Doors Open Art Making (CAS) 3:00 Leisure Engagement (1:1 On Unit) 3:00 Name That Tune (LH) 6:00 Board Games (LH)	7 10:00 Doors Open Art Making (CAS) 11:00 Meditation & Movement (LH) 1:30 Bingo (RR) 1:30 Joys of Gratitude (A5 RR) 3:00 Baycrest Learning Academy- Journey through Hebrew and Yiddish Theatre in Israel (LH) 6:00 Tover Table (On Unit)	8 10:00 Gentle Fitness (RR) 10:30 Concert: Janie Respitz (SA) 1:30 Garden Visits (1:1 Off Unit) 1:30 Thanksgiving Ecumenical Service (WH) 1:30 Just For Laughs (RR) 2:30 Doors Open Art Making (CAS) 3:00 Sharing Dance (SA) 6:00 Melodies & Memories (LH)	9 10:30 Gentle Fitness (RR) 11:00 Active Games (SA) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA)	10 Shabbat Shalom! 9:30 Orthodox Shabbat Service (WS) 1:30 Montessori Madness (SA)
11 10:30 Instrumental Music in the Atrium (SA) 1:30 Aromatherapy(TBSU) 2:00 Thanksgiving Concert (SA)	12 Thanksgiving Day 6:30 Instrumental Music in the Atrium (SA)	13 1:30 Fall Fun Concert (RR) 1:30 Concert w/ David Gayle (On Unit) 1:30 Doors Open Art Making (CAS) 2:30 Triple C Farm (SG) 3:00 Leisure Engagement (1:1 On Unit) 6:00 Walks (1:1 Off Unit)	14 10:00 Doors Open Art Making (CAS) 1:30pm Resident Food Commitee(RR) 1:30 Bingo (RR) 1:30 Creative Arts (TBSU) 1:30 Joys of Gratitude (A5 RR) 3:00 French Club (LH) 6:00 Evening Art Group (On Unit) 6:00 Poetry Appreciation (LH)	15 10:00 Gentle Fitness (RR) 10:30 Concert: Jeff Ewing (SA) 1:30 Doors Open Art Making (CAS) 1:30 Art Reflections (A7 RR) 1:30 Tover Table (On Unit) 3:00 Apotex Memorial Service: A Loving Farewell (SA)	16 10:00 Garden Visits (1:1 Off Unit) 10:30 Gentle Fitness (RR) 11:00 Fall Colours & Creations, Art Social (SA) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA)	17 Shabbat Shalom! 9:30 Orthodox Shabbat Service (WS) 10:30 Gentle Fitness (RR) 1:30 Word Games (RR)
18 10:30 Balloon Toss(TBSU) 10:30 Instrumental Music in the Atrium (SA) 10:45 Sunday Schmooze with Melissa - All are Welcome! (CH) 2:00 Living Legacy Choir Performance (SA)	19 10:00 Doors Open Art Making (CAS) 10:00 Leisure Engagement (1:1 On Unit) 1:30 Buddy's Glee Club (A3RR) *sign-up required 1:30 Tover Table (On Unit) 3:00 Yiddish Group (A3RR) 6:30 Instrumental Music in the Atrium (SA)	20 9:15 Morning Welcome! 1:30 Doors Open Art Making (CAS) 1:30 Sensory Cart (1:1 on Unit) 3:00 Bingo (LH) 3:00 Leisure Engagement (1:1 On Unit) 6:00 Concert: Alisa Kanda (SA)	21 10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 1:30 Bingo (RR) 1:30 Joys of Gratitude (A5 RR) 3:30 UCC Intergenerational Program (SA) 6:00 Tover Table (On Unit)	22 10:00 Gentle Fitness (RR) 10:30 Concert: Ilana Waldston Trio (SA) 1:30 Balloon Fitness (On Unit) 1:30 Art Reflections (A7 RR) 1:30 Shared Wisdom (A7 RR) 2:30 Doors Open Art Making (CAS) 3:00 Sharing Dance (SA) 6:00 Arts & Games Gathering (SA)	23 10:00 Leisure Engagement (1:1 On Unit) 10:30 Gentle Fitness (RR) 10:30 Shabbat Visit with Temple Sinai Preschool (SA) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA)	24 Shabbat Shalom! 9:30 Orthodox Shabbat Service (WS) 10:45 Let's Schmooze Social Hour - All are Welcome! (CH) 1:30 Board games with Holy Blossom (SA)
25 10:30 Shironto Community Choir Performance (SA) 1:30 1:1 TR Visits(TBSU)	26 10:00 Doors Open Art Making (CAS) 10:00 Leisure Engagement (1:1 On Unit) 10:00 Relaxation Visits (Floating) 10:30 Gentle Fitness (RR) 1:30 Buddy's Glee Club (A3RR) *sign-up required 1:30 Tover Table (On Unit) 3:30 Shmaltz & Pepper Live in Concert! (SA) 6:30 Instrumental Music in the Atrium (SA)	27 9:15 Morning Welcome! 11:00 Morning Kick Off Exercise (SA) 1:30 Birthday Concert (RR) 1:30 Concert w/ Milan Vincec (On Unit) 1:30 Doors Open Art Making (CAS) 3:00 Bingo (LH) 3:00 Leisure Engagement (1:1 On Unit) 6:00 Trivia Night (A4RR)	28 10:00 Doors Open Art Making (CAS) 10:30 Gentle Fitness (RR) 11:00 Active Games (SA) 1:30 Bingo (RR) 1:30 Joys of Gratitude (A5 RR) 6:00 Evening Art Group (On Unit)	29 Maple Downs Outing 10:00 Gentle Fitness (RR) 10:30 Concert: Mark Youhannan (SA) 1:30 Pumpkin Art Group (On Unit) 1:30 Art Reflections (A7 RR) 1:30 Shared Wisdom (A7 RR) 2:30 Doors Open Art Making (CAS) 3:00 Sharing Dance (SA) 6:00 Spa & Game Social (SA)	30 10:00 Leisure Engagement (1:1 On Unit) 10:30 Gentle Fitness (RR) 10:30 Spanish club (LH) 1:30 Doors Open Art Making (CAS) 2:15 Community Shabbat (SA)	31 Shabbat Shalom! 9:30 Orthodox Shabbat Service (WS) 10:30 Gentle Fitness (RR) 1:30 Brain Games (RR)